



# Holy Trinity

GREEK ORTHODOX CHURCH  
WILMINGTON DE



90th Anniversary

**MAY 2024 – ISSUE 5**

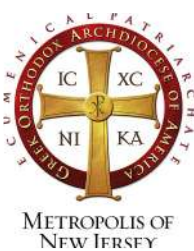
## Great & Holy Pascha

Χριστὸς ἀνέστη  
ἐκ νεκρῶν,  
θανάτῳ θάνατον  
πατήσας,  
καὶ τοῖς ἐν τοῖς  
μνήμασι ζῶν  
χαρισάμενος



Christ is risen  
from the dead,  
by death  
trampling down  
upon death, and  
to those in the  
tombs He has  
granted life

**Christ is Risen ~ Χριστός Ανέστη**



**HOLY TRINITY GREEK ORTHODOX CHURCH**

**808 N BROOM STREET**

**WILMINGTON, DELAWARE 19806**

Phone: 302.654.4446 Fax: 302.654.4204

Email: [office@holytrinitywilmington.org](mailto:office@holytrinitywilmington.org) Website: [holytrinitywilmington.org](http://holytrinitywilmington.org)

## **Holy Trinity Greek Orthodox Church**

**V. Rev. Archimandrite of the Ecumenical Throne**

**Fr. Christoforos Oikonomidis, Proistamenos**

frchristoforosoikon@gmail.com

**For pastoral emergencies only**— dial Fr. Christoforos' cell @ 856-246-2756

Susan Kelleher, Church Secretary (302) 384-7805 (home)

### **2024 PARISH COUNCIL MEMBERS**

Stephanos Karakasidis, President - (302) 383-0476

Stacey Pennia, First Vice President - (302) 530-1669

Alexander Kirifides, Second Vice President - (302) 377-1704

George Rassias, Treasurer - (610) 322-3200

Dena Verikakis, Secretary - (484) 433-3896

|                |                       |                   |                |
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| (610) 358-8830 | Nicholas Demourtzidis | Tom Karas         | (302) 438-7121 |
| (302) 562-3414 | Anna Fournaris        | Alexia Moutsatsos | (302) 654-5611 |
| (302) 475-5035 | Emmanuel Fournaris    | Tom Psaltis       | (302) 981-9352 |
| (302) 633-1112 | Costas Fountzoulas    | George Tsakataras | (302) 521-7300 |
| (302) 379-4335 | Georgia Halakos       | Paraskevi Wolcott | (302) 654-4446 |

### **CHURCH ORGANIZATIONS**

|                           |                            |  |
|---------------------------|----------------------------|--|
| (494) 433-3896            | Philoptochos               | Dena Verikakis, President              |
| (856) 678-4924            | Sunday School              | Maroula Haralambidis, Co-Director      |
| (302) 293-1127            | Sunday School              | Amalea Rassias, Co-Director            |
| (484) 995-4414            | GOYA                       | Eleni Marcantonis, Co-President        |
| (302) 682-1116            | GOYA                       | Christina Pennia, Co-President         |
| (610) 864-4621            | JOY / HOPE                 | Angie Karakasidis                      |
| (302) 562-3414            | YAL                        | Anna Fournaris                         |
| 983-0857/(703) 317-7798   | Family Choir               | Evita Guajardo / Christina Dietrich    |
| (856) 905-0477            | Chanter                    | Grigorios Fotakis (Family Choir also)  |
| (302) 753-3941            | Young @ Heart              | Demetra Pappoulis, President           |
| (302) 764-1849            | Greek School               | Popi Tsaganos                          |
| (302) 475-5035 / 239-4950 | Altar Guild                | Evie Fournaris & Joanne Tarabicos      |
| (302) 633-1112            | Editorial Staff            | Costas Fountzoulas                     |
| (302) 655-2252 / 764-2183 | Emmanuel Dining Room East  | Nikkie Tsakataras & Tina Ganiaris King |
| (302) 585-6818            | Holy Trinity Food Pantry   | Johanna Laskaris                       |
| (302) 239-6140            | Adult Bible Study          | John Lazare                            |
| (856) 514-2227            | IOCC Parish Representative | Peter Kamenakis                        |
| (610) 274-2247            | OCF Mother                 | Leeza Kaliakin                         |

### **AUXILIARY ORGANIZATIONS**

|                |                          |                                |
|----------------|--------------------------|--------------------------------|
| (302) 478-3529 | AHEPA                    | Michael Kirifides, President   |
| (302) 379-2015 | Daughters of Penelope    | Anthoula Anagnostou, President |
| (607) 279-1387 | Hellenic University Club | Georgia Kollias, President     |

**Holy Trinity Website Address:** [www.holytrinitywilmington.org](http://www.holytrinitywilmington.org)

**ALL ARTICLES & ANNOUNCEMENTS MUST BE IN THE OFFICE BY THE 15TH OF EACH MONTH.**  
**THESE ARTICLES & ANNOUNCEMENTS CAN BE DROPPED OFF, EMAILED, FAXED OR U. S. MAIL.**

**FOR ANY CHANGES TO THE CHURCH SERVICES**  
**OR PARISH EVENTS PLEASE CHECK WEEKLY BULLETIN AND PARISH WEBSITE**



# HOLY TRINITY GREEK ORTHODOX CHURCH

## ΑΓΙΑ ΤΡΙΑΣ ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ



Pascha 2024

*"Now everything, heaven and the earth and the nethermost regions, have all been filled with light.  
Let the entire creation, therefore, celebrate the rising of Christ" (3<sup>rd</sup> ode of the Resurrection)*

My beloved parishioners,

By the grace and mercy of God, we have entered this beautiful month of May, and we are celebrating the Glorious Resurrection of Jesus Christ. May has brought us the regeneration and rebirth of nature and Christ's Resurrection is also bringing us hope, joy, and a real purpose in life!



As the above troparion that we sing on Holy Saturday night, proclaims: **"now everything is filled with light"**; this is the light that springs out of the empty tomb of Christ. This is the light that fills our lives and makes us *"children of the Church who are illumined"* (troparion of Pentecost). This is the light that makes us *"walk as children of light"* (Ephesians 5, 7).



As faithful Orthodox Christians we are called to live a bright life; a filled-with-the-light-of-the-Resurrection life. And how can we do that? By becoming strong in the faith and by making our lives Christ-centered! By believing in His Resurrection as a precursor of our own resurrection. By having hope and courage through this life's tribulations and above all by having a sacramental life and partaking of His precious Body and Blood regularly.

As you can see, our Holy Mother Church is giving us the means and supplies to sustain our spiritual health with many opportunities to enhance our Christian life and fill them with Christ's light. Holy Week, with the many Services and the multiple lessons that it gives us, is a great example. We also have the many feasts of Saints that are in the month of May. Saint Irene the Martyr, Saint Ephraim the New-Martyr (May 5), Saint George, the trophy-bearer, (May 6), and Saint Christoforos of Lycia (May 9), declared themselves to be Christians, and due to this confession of their faith they suffered greatly, ultimately sacrificing their lives for Jesus Christ. Saint Thomas the Apostle (May 12) preached the Gospel in Asia, suffered tortures and finally earned a martyr's death.

On Bright Friday (May 10) we celebrate Panagia as "The Life-Giving Spring" (Ζωοδόχος Πηγή, Zoodochos Peye), since she gave birth to Life, who is Christ, and she continuously intercedes for the salvation and the healing of everyone who turns to her. On May 21 we commemorate Saint Constantine the Great and his mother Helen, who are called Equal-to-the Apostles, because of their tremendous contribution to the establishment of the Christian faith to the known world.



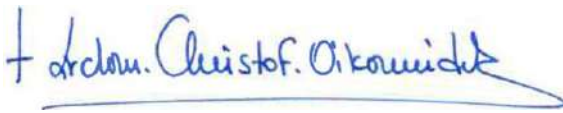
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My beloved, as we are celebrating Easter, we are also celebrating the true life which is Christ, and the unconditional and sacrificial love of Christ for every human being that comes into this world. Let us spread this love everywhere and thus adhere to Christ's words: *"By this everyone will know that you are my disciples, if you love one another"* (John 13:35). Let us fill our lives with the joy of Christ's light and proclaim the great news of Christ's Resurrection by shouting out the victorious Christ is Risen! Truly He is Risen!

With love in the Risen Lord,



Archimandrite of the Ecumenical Throne  
Christoforos Oikonomidis, Presiding Priest



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«Νῦν πάντα πεπλήρωται φωτός, οὐρανός τε καὶ γῆ, καὶ τὰ καταχθόνια· ἑορταζέτω γοῦν πᾶσα κτίσις, τὴν Ἑγερσιν Χριστοῦ, ἐν ᾗ ἐστερέωται» (Γ' Ωδὴ Πάσχα)

Αγαπητοί μου Ενορίτες,

Αυτά τα όμορφα και ιερὰ λόγια της Εκκλησίας μας μεταφέρουν το μήνυμα της Αναστάσεως του Κυρίου μας και την καινούρια πνευματική κατάσταση που ακολουθεί την Ανάσταση: το Φως. Ο ιερός υμνωδός μας διδάσκει ότι τώρα όλα έχουν γεμίσει με το Φως της Αναστάσεως. Όλα έχουν πλημμυρίσει με λάμψη Χριστού. Δεν υπάρχουν πια σκοτάδια. Ο Χριστός εξουδετέρωσε το σκοτάδι με την Ανάστασή Του. Ακόμα και τα καταχθόνια, δηλαδή το βασίλειο του θανάτου, φωτίστηκε από την Έγερση του Χριστού. Γιαυτό ο υμνωδός μας παροτρύνει να εορτάσουμε με χαρά όλοι μας, ολόκληρη η κτίση, αυτή τη νίκη του Χριστού εναντίον του θανάτου και του διαβόλου.

Εφόσον όμως η Ανάσταση του Χριστού είναι «Φως» έτσι και εμείς οφείλουμε να είμαστε φωτεινοί άνθρωποι. Όλοι μας έχουμε τα δικά μας σκοτάδια, που είναι κρυμμένα στην καρδιά και το μυαλό μας και δεν μας αφήνουν να προχωρήσουμε σωστά στην πνευματική ζωή. Σαν σωστοί Χριστιανοί όμως, και καθώς εορτάζουμε συνειδητά την Ανάσταση του Κυρίου μας, πρέπει να ανοίξουμε την καρδιά και το μυαλό μας στην Χάρη του Θεού και να αφήσουμε το Φως της Αναστάσεως να εισέλθει και να γεμίσει την ύπαρξή μας και ολόκληρο τον εαυτό μας. Για να δώσουμε όμως όλο μας το «είναι» στον Χριστό, πρέπει πρώτα να Τον πιστέψουμε βαθιά, με όλη τη δύναμη της ψυχής μας, και να Τον κάνουμε πρότυπο στη ζωή μας. Να πιστέψουμε στην Ανάστασή Του ως προοίμιο και προάγγελο της δικής μας αναστάσεως. Μόνο τότε θα μπορέσουμε να σηκώσουμε το βάρος και τις δυσκολίες αυτής της ζωής και να ελπίζουμε στην Βασιλεία του Θεού.

Το «Φως» του Χριστού για το οποίο μιλήσαμε μέχρι τώρα, που είναι και το Φως της Αναστάσεως, δεν μπορεί να λάμψει στις ζωές μας αν δεν το συνδυάζουμε με δύο άλλες αρετές: την χαρά και την αγάπη. Τα πρώτα λόγια του Χριστού μετά την Ανάσταση ήταν «Χαίρεται!».

Αυτό σημαίνει ότι η ζωή μας πρέπει να είναι γεμάτη με χαρά. Όχι την χαρά όμως όπως την εννοεί ο κόσμος. Αυτή η χαρά είναι προσωρινή και χάνεται με την πρώτη θλίψη που θα την διαδεχθεί. Η ζωή μας πρέπει να είναι γεμάτη με την χαρά του Χριστού, την χαρά της Αναστάσεως, την χαρά εκείνη που κανείς δεν μπορεί να μας αφαιρέσει καθώς είναι η χαρά της Αναστάσεως. Είναι η χαρά εκείνη που πηγάζει από τον Πανάγιο Τάφο του Κυρίου και μας οδηγεί στην ελπίδα. Έτσι, κάθε φορά που λέμε ο ένας στον άλλο «Χαίρεται» εννοούμε ότι πρέπει να έχουμε ελπίδα στην καρδιά μας, ελπίδα για ένα καλύτερο αύριο, ελπίδα για ειρήνη, ελπίδα για τη δική μας σωτηρία. Όπως έλεγε και ο αείμνηστος Καθηγητής π. Γεώργιος Μεταλληνός: «Λέγοντας «Χαίρετε», γνώριζε ότι λέγεις «Χριστός ανέστη» με ένα άλλο τρόπο.»

Η άλλη αρετή που είναι απαραίτητη ώστε να γίνουμε φωτεινοί άνθρωποι είναι η αγάπη. Ο ίδιος ο Κύριος μας περιγράφει το μέγεθος της αγάπης του Θεού για τον άνθρωπο : «οὕτως γὰρ ἠγάπησεν ὁ θεὸς τὸν κόσμον ὥστε τὸν υἱὸν τὸν μονογενῆ ἔδωκεν, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπολήται ἀλλὰ ἔχῃ ζωὴν αἰώνιον» (Ιωάν. 3:16). Ο Θεός δηλαδή αγαπά τόσο πολύ τον βυθισμένο στην αμαρτία κόσμο, ώστε παρέδωσε σε σταυρικό θάνατο τον μονογενή του Υιό· για να μη καταδικασθεί στην αιωνία απώλεια κάθε ένας που θα πιστεύει σε Αυτόν, αλλά να έχει αιώνια ζωή. Αυτό σημαίνει ότι ο Θεός είναι η τέλεια αγάπη και ζητά το ίδιο από εμάς: «ἐντολὴν καινὴν δίδωμι ὑμῖν ἵνα ἀγαπᾶτε ἀλλήλους, καθὼς ἠγάπησα ὑμᾶς ἵνα καὶ ὑμεῖς ἀγαπᾶτε ἀλλήλους» (Ιωάν. 3:13), δηλαδή: σας δίνω μία νέα εντολή· να αγαπάτε με όλη σας τη δύναμη ο ένας τον άλλον· όπως εγώ σας αγαπήσα με πλήρη και τέλεια αγάπη, έτσι και σεις με την ίδια αγάπη πρέπει να συνδέεσθε μεταξύ σας. Και αν κάποιος ρωτά τι πρέπει να κάνει για είναι σωστός Χριστιανός, ο Χριστός πάλι δίνει την απάντηση: «ἐν τούτῳ γνώσονται πάντες ὅτι ἐμοὶ μαθηταί ἐστε, ἐὰν ἀγάπην ἔχητε ἐν ἀλλήλοις» (Ιωάν. 3:35), δηλαδή λέγει ότι Χριστιανοί (μας αποκαλεί μαθητές Του) είναι μόνο εκείνοι που έχουν αγάπη μέσα τους και την δίνουν απλόχερα σε όλο τον κόσμο!

Από τα παραπάνω αγαπητοί μου καταλαβαίνουμε ότι η εορτή της Αναστάσεως είναι πολλά περισσότερα από μια λαμπάδα, λίγη ώρα στην Εκκλησία και πολύ φαγητό... Για να εορτάσουμε σωστά την Ανάσταση του Χριστού, πρέπει πρώτα να την ζήσουμε, να την κάνουμε τρόπο ζωής. Και πως την κάνουμε τρόπο ζωής; Όταν η ζωή μας είναι φωτεινή (αληθινή, χωρίς υποκρισία), χαρούμενη και γεμάτη αγάπη προς όλους ανεξαιρέτως!

Εύχομαι σε όλους το Φως της Αναστάσεως να πλημμυρίσει τις καρδιές και τις ζωές μας και η χαρά του Χριστού να γίνει τρόπος ζωής σε όλους μας!

† Δέσπ. Γεώργιος Οικονομίδης

π. Χριστοφόρος Οικονομίδης  
Αρχιμανδρίτης του Οικουμενικού Θρόνου  
Ιερατικώς Προϊστάμενος







# HOLY TRINITY GREEK ORTHODOX CHURCH

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Email: office@holytrinitywilmington.org Website: holytrinitywilmington.org



90th Anniversary

## 2024 HOLY WEEK SCHEDULE

### SATURDAY OF LAZARUS (April 27<sup>th</sup>)

Orthros.....9:00 AM  
Instructional Divine Liturgy.....10:00 AM  
*Palm Crosses Preparation after services*

### PALM SUNDAY (April 28<sup>th</sup>)

**Morning:** Orthros.....9:00 AM  
Divine Liturgy.....10:00 AM  
**Evening:** Service of the Bridegroom .....7:00 PM

### HOLY MONDAY (April 29<sup>th</sup>)

**Morning:** Presanctified Liturgy.....9:00-10:30 AM  
**Evening:** Service of the Bridegroom.....6:30 PM

### HOLY TUESDAY (April 30<sup>th</sup>)

**Morning:** Presanctified Liturgy.....9:00-10:30 AM  
**Evening:** Service of the Bridegroom.....6:30 PM

### HOLY WEDNESDAY (May 1<sup>st</sup>)

**Afternoon:** Sacrament of Holy Unction .....5:00 PM  
**Evening:** Mystical Supper Orthros (& Holy Unction).7:00 PM

### HOLY THURSDAY (May 2<sup>nd</sup>)

**Morning:** Vespers Divine Liturgy.....9:00-11:00 AM  
**Evening:** The Lord's Passion Service (12 Gospels).6:30 PM

### HOLY FRIDAY (May 3<sup>rd</sup>)

**Morning:** Great and Royal Hours..10:00 AM–12:00 PM  
*Sunday School Retreat*  
**Afternoon:** Apokathelosis Service 2:30 PM  
**Evening:** Service of the Lamentations (Epitaphios)7:00 PM

### HOLY SATURDAY (May 4<sup>th</sup>)

**Morning:** Vespers Divine Liturgy and proti Anastasis..9:30AM  
**Evening:** Preresurrection Service .....11:00 PM  
**RESURRECTION** 12 Midnight followed by the Paschal D. Liturgy

### EASTER SUNDAY (May 5<sup>th</sup>)

Agape Vespers Service.....12:00PM

(The above liturgical schedule times are subject to change)



## ΠΡΟΓΡΑΜΜΑ ΜΕΓΑΛΗΣ ΕΒΔΟΜΑΔΟΣ 2024

### ΣΑΒΒΑΤΟ ΤΟΥ ΛΑΖΑΡΟΥ (27 Απριλίου)

(πρωί) Όρθρος.....9π.μ.  
Υποδειγματική (με επεξήγηση)  
Θεία Λειτουργία.....10π.μ.  
Θα ακολουθήσει πρωινό για τα παιδιά  
και κατασκευή σταυρών από βάϊα

### ΚΥΡΙΑΚΗ ΒΑΪΩΝ (28 Απριλίου)

(πρωί) Όρθρος.....9π.μ.  
Θεία Λειτουργία.....10π.μ.  
(απόγευμα) Ακολουθία Νυμφίου.....7μ.μ.

### ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ (29 Απριλίου)

(πρωί) Θ. Λειτουργία των Προηγιασμένων Δώρων .9-10:30π.μ.  
(απόγευμα) Ακολουθία Νυμφίου...6:30μ.μ.

### ΜΕΓΑΛΗ ΤΡΙΤΗ (30 Απριλίου)

(πρωί) Θ. Λειτουργία των Προηγιασμένων  
Δώρων 9-10:30π.μ.  
(απόγευμα) Ακολουθία Νυμφίου  
(Τροπάριον Κασσιανής).....6:30μ.μ.

### ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ (1 Μαΐου)

(απόγευμα) ΕρόΕυχέλαιο.....5μ.μ.  
(βράδυ) Όρθρος Μ. Πέμπτης, καθώς και Ιερό Ευχέλαιο7μ.μ

### ΜΕΓΑΛΗ ΠΕΜΠΤΗ (2 Μαΐου)

(πρωί) Θ. Λειτουργία .....9-11π.μ.  
(απόγευμα) Ακολουθία των Παθών  
-12 Ευαγγέλια...6:30μ.μ.

### ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ (3 Μαΐου)

(πρωί) Ακολουθία των Μεγάλων Ωρών  
10π.μ. έως 12:00μ.μ. (μεσημέρι)  
Αποκαθήλωσις.....2:30μ.μ.  
(βράδυ) Επιτάφιος Θρήνος.....7μ.μ.

### ΜΕΓΑΛΟ ΣΑΒΒΑΤΟ (4 Μαΐου)

(πρωί) Θεία Λειτουργία και πρώτη Ανάσταση..9:30-11:30π.μ.  
(βράδυ) Μεσονυκτικό Αναστάσεως..11μ.μ.  
Ανάσταση.....12 μεσάνυχτα  
και ακολουθεί η Αναστάσιμη Θ.  
Λειτουργία έως 1.30 π.μ.

### ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ (5 Μαΐου)

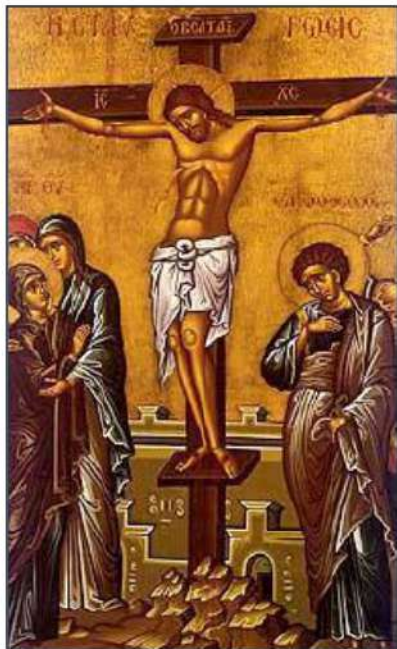
(μεσημέρι) Εσπερινός της Αγάπης...12 μ.μ.



# Holy Trinity Greek Orthodox Church Wilmington, Delaware



90th Anniversary



## **HOLY & GREAT FRIDAY SUNDAY SCHOOL RETREAT**

*May 3, 2024  
11:00am - 2:30pm*

Kindergarten through 12<sup>th</sup> grade

### SCHEDULE

- 11:00a – Welcome / Preparations in Church
- 12:00p – Discussion with Father Christoforos
- 12:30p – Lunch
- 1:00p – Activities, Preparations Continued
- 2:30p – Closing (the Service of the Descent from the Cross  
/Apokathilosis will follow)

RSVP by Wednesday, May 1 via email to [amalea.rassias@gmail.com](mailto:amalea.rassias@gmail.com)

*Permission slips, signed by Fr. Christoforos, for an excused school absence  
will be available that day for any attendee who may need it.*

**We look forward to seeing all children of Holy  
Trinity Family in attendance!**



## A MESSAGE FROM THE PARISH COUNCIL PRESIDENT

May 2024

Dear Holy Trinity Community,

**ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!**

**Christ has risen, Truly he has risen!**

As we enter in the Spring season, it is a great opportunity to enjoy the outside as weather warms, the flowers bloom, and the days get longer. A few items to note as we enter the month:

- On May 12<sup>th</sup>, Happy Mother's Day to all who celebrate
- On May 19<sup>th</sup>, we will have our Sunday School and Greek School Graduation

In addition to these, we are in the final preparations for our annual Greek Festival. The event will be from June 3<sup>rd</sup> through 8<sup>th</sup>. This is great time for the community to get together, showcase our culture, laugh, see old and new friends, and support our Church. For this event to be a success, **WE NEED YOUR HELP**. Let us know when you can volunteer for a few hours by contacting the Church Office, one of the booth heads, (listed in this bulletin) or via the Sign-up Genius (which will be sent via email). There are plenty of areas where we can use your talents!

A big congratulations to our GOYANs who participated in the Sight and Sounds. We had many of our youth who took home 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place awards in both the sights and in the sounds! We all should be proud of them in showcasing their talents. Their hard work paid off!

In case you haven't had a chance, do not forget to submit your Stewardship Pledge cards to the Church Office (or drop them off in the Narthex on Sundays). Your annual pledge supports everything we do and is used on all aspects of our worship, outreach, community life, and ministries. Your pledge will help us meet our yearly goal!

As always, if you have any thoughts and/or ideas for the benefit of the parish community (whether it impacts one person or hundreds), please feel free to reach out to myself, to one of the Parish Council members, Father Christoforos, or one of the organization heads. Their information can be found in the bulletin. We look forward to everyone's ideas and participation.

Sincerely,  
Stephanos Karakasidis





# May 2024

| Sun   | Mon   | Tue   | Wed  | Thu  | Fri  | Sat   |
|---|---|---|--|--|--|---|
| <b>APRIL 28</b><br><b><u>PALM SUNDAY</u></b><br>9:00am Orthros/<br>Divine Liturgy<br>Family Sunday/No<br>Sunday School<br>Philoptochos Palm<br>Sunday Lunch<br>Tray for Epitaphio<br>7pm Nymphios<br>FAST                       | <b>APRIL 29</b><br><b><u>Holy Monday</u></b><br>9am<br>Presanctified<br>Liturgy<br><br>6:30pm<br>Nymphios<br><br>FAST | <b>APRIL 30</b><br><b><u>Holy Tuesday</u></b><br>9am Presanctified<br>Liturgy<br><br>6:30pm<br>Nymphios<br><br>FAST | 1<br><b><u>Holy Wednesday</u></b><br>5pm Sacrament<br>of Holy Unction<br><br>7:00pm Mystical<br>Supper Orthros<br>(& Holy Unction)<br><br>FAST | 2<br><b><u>Holy Thursday</u></b><br>9am Vesperal<br>Divine Liturgy<br><br>6:30pm The Lords<br>Passion (12<br>Gospels)<br><br>FAST  | 3<br><b><u>Holy Friday</u></b><br>10am Great &<br>Royal Hours<br>Sunday School<br>Retreat<br>2:30pm<br>Apokathelosis<br>(unnailing from<br>the Cross)<br>7:00pm Service of<br>Lamentations<br>(Epitaphios)<br>FAST | 4<br><b><u>Holy Saturday</u></b><br>9:30am<br>Vesperal Divine<br>Liturgy and<br>proti Anastasis<br><br>11:00pm Pre-<br>resurrection<br>Service<br>12midnight<br>Paschal Divine<br>Liturgy<br>FAST |
| 5<br><b><u>HOLY</u></b><br><b><u>PASCHA</u></b><br>12pm Agape<br>Vespers<br>GOYA Sponsors Egg<br>Hunt   | 6<br><b><u>St George</u></b><br>9:00am<br>Orthros/<br>Divine Liturgy<br><br>Church Office<br>Closed                   | 7   | 8<br>12pm Bible<br>Study<br><br>5:30pm Greek<br>School<br><br>7:30pm pm<br>GOYA Dance  | 9<br><b><u>St Christopher the</u></b><br><b><u>Martyr of Lycea</u></b><br>9:00am Orthros/<br>Divine Liturgy<br>(Fr. Christoforos'<br>Name Day)<br>12pm Young @<br>Heart Gathering /<br>Elections | 10<br><b><u>Panagia the Life-</u></b><br><b><u>Giving Spring</u></b><br><b><u>Zoodochos Pege</u></b><br>9:00am Orthros/<br>Divine Liturgy  | 11<br>12pm HUC<br>Event @<br>Chadds Ford,<br>PA<br><br>1pm Baptism  |
| 12<br><b><u>Thomas Sunday</u></b><br>Mother's Day<br>9:00am Orthros/<br>Divine Liturgy<br>Sunday School<br><br>12pm Serving at<br>Emmanuel Dining<br>Room   | 13  | 14<br><br>6:30pm Parish<br>Council Meeting<br><br>7pm DVYC<br>Meeting @ Holy<br>Trinity<br>Wilmington, DE           | 15<br>12pm Bible<br>Study<br><br>5:30pm Greek<br>School<br><br>7:30pm pm<br>GOYA Dance<br><br>FAST   | 16   | 17<br><br><br>FAST   | 18<br><br>Pasta Flora<br>Baking   |
| 19<br><b><u>Sunday of the</u></b><br><b><u>Myrrh-Bearing</u></b><br><b><u>Women</u></b><br>9:00am Orthros/<br>Divine Liturgy<br>Sunday School/<br>Greek School<br>Graduate<br>Recognition<br><br>5:30pm HUC<br>Business Meeting | 20  | 21<br><b><u>Sts Constantine &amp;</u></b><br><b><u>Helen</u></b><br>9:00am Orthros/<br>Divine Liturgy               | 22<br>12pm Bible<br>Study<br><br>5:30pm Greek<br>School Graduate<br>Program (LAST<br>DAY)<br>7:30pm pm<br>GOYA Dance<br>FAST                   | 23<br><br>FESTIVAL TENTS<br>GO UP<br><br>6pm YAL<br>Gathering  | 24<br><br>FESTIVAL SET UP<br><br>FAST  | 25<br><br>FESTIVAL SET<br>UP  |
| 26<br><b><u>Sunday of the</u></b><br><b><u>Paralytic</u></b><br>9:00am Orthros/<br>Divine Liturgy   | 27<br><b>Memorial Day</b><br>Church Office<br>Closed  | 28<br>FESTIVAL SET UP<br><br>6:30pm DOP<br>Meeting  | 29<br>FESTIVAL SET UP<br><br>FAST  | 30<br>FESTIVAL SET UP<br><br>12pm<br>Philoptochos<br>Serving at<br>Emmanuel Dining<br>Room   | <b>Dates and<br/>           Times are<br/>           subject to<br/>           change<br/>           Please<br/>           refer to<br/>           your<br/>           weekly<br/>           bulletin</b>          |   |



# Philoptochos Sisterhood of Holy Trinity St. Agape Chapter



Dearest Philoptochos Sisters and Parishioners,

**XRISTOS ANESTII CHRIST HAS RISEN!**

I hope you all had an enjoyable Pascha with your families. A heartfelt thank you to all who assisted with the preparation and serving of the Palm Sunday luncheon. In addition, thanks to all who helped with the tsoureki sales, to all who donated for the Epitaphio flowers, and to all the ladies who adorned the Epitaphio so beautifully.

Summer will be here before we know it, but we remind you that we need all your help for the festival. We'll be sending sign up sheets and asking you to commit some of your time, every day, if possible, to assist in the sales at our booth.

We are tentatively holding our end of year luncheon on June 20. A confirmation email will be sent including a confirmation of the date, time, and venue. We hope to see you all there.

Our Bid N Buy will be held on October 4 and we're also hoping to schedule a trip to St. George in Taylor and then a visit to the Holy Protection Monastery sometime in the fall.

Congratulations to our youth for their success at the Sights and Sounds event that was held at St. Demetrios in Upper Darby. They brought back many trophy's and first and second metals as well. Bravo!

Wishing our Father Christoforos a  
Happy Name Day!

Happy Mother's Day to all our ladies!

In Christ's Service,  
Dena Verikakis



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## Kollyva for Memorials

The Philoptochos Society will prepare the tray of Kollyva for any family of our community. The cost of \$125 includes the Prosforon, oil and wine. Please allow at least a week and call the church office 654-4446 and Susie will contact the Philoptochos. Your donation of \$125 (less cost), will help Philoptochos Charities.



# On Sunday April 7 we celebrated the Feast of the Veneration of the Holy Cross





# HOPE & JOY *May* Newsletter

WE HAD SUCH A GOOD TIME AT THE GREEK PARADE ON OUR FLOAT ON APRIL 7TH!! WHAT A BEAUTIFUL DAY! DON'T MISS THIS EVENT NEXT YEAR!

MAY IS THE MONTH OF HOLY PASCHA! CHRISTOS ANESTI!

MAY IS ALSO THE TIME FOR OUR PREPARATIONS FOR THE GREEK FESTIVAL IN JUNE. SEE THE ATTACHED FLYER IN THIS BULLETIN FOR MORE INFORMATION ABOUT DANCE PRACTICES.

AS ALWAYS, FOR MORE INFORMATION, PLEASE REACH OUT TO ANGIE AT [AKARAKASIDIS@YAHOO.COM](mailto:AKARAKASIDIS@YAHOO.COM).

## GREEK INDEPENDENCE DAY PARADE, 2024



**Christ  
is Risen!  
Truly He is  
Risen!**

## UPCOMING EVENTS:

- |                             |                     |
|-----------------------------|---------------------|
| MAY 3:                      | HOLY FRIDAY RETREAT |
| MAY 5:                      | PASCHA              |
| MAY 10, 17, 22, 24, 29, 31: | DANCE PRACTICE      |
| JUNE 2                      | DANCE PRACTICE      |
| JUNE 3 – 8                  | GREEK FESTIVAL      |
| JUNE 9:                     | FIELD TRIP          |



# HOPE & JOY GREEK DANCE PRACTICE



Wilmington  
Greek Festival  
2023

As we prepare for our Festival in June, we will offer dance practice at least once a week. All children are welcome, regardless of previous experience.

**ATTENDANCE:** Please note that only those who attend the majority of the practices will perform at the Festival.

**NOTE:** The Greek Festival is Monday, June 3rd - Saturday, June 8th. We will be performing at 6:30 - 7:00pm, daily. Please look for an email containing a google document to sign up for the days that you will be dancing. Return this email as soon as you can so that we know who to expect.

Thank you!  
Mrs. Spiridoula and Mrs. Angie

Please email Angie Karakasidis  
([akarakasidis@yahoo.com](mailto:akarakasidis@yahoo.com)) with any  
questions about practices,  
performances and/or costumes.

## **HOPE & JOY K - 6th Grade Dance Practice**

Fridays from 6 - 7:00 pm  
May 10, 17, 24 and 31.

**\*\*Note the TIME CHANGE\*\***

**\*\*All Dancers will Practice at the  
same time\*\***

Wednesdays from 6 - 7:00 pm  
May 22 and 29.

Sunday, June 2 after Liturgy.

# ALTAR GUILD

Kali Anastasi to everyone and it has been a wonderful experience decorating the Icons from Clean Monday through the Resurrection of our Lord. We thank everyone for all the donations and our list of donors will be published in the June bulletin. It certainly was a challenge getting some flowers since our Easter was so late. We will soon be celebrating the Resurrection of Our Lord, a glorious time for all.

We need to clarify one thing, the Altar Guild is not responsible for the decorating of the Kouvouklion, this project is the responsibility of Philoptochos, and they accept donations for this as well as taking a collection every year on Palm Sunday. Anyone can come and decorate, and we encourage everyone to do so. Since many of our members are also members of Philoptochos they are very involved in preparing the flowers and decorating the Kouvouklion.

We especially thank Steve Nicholas for his knowledge and guidance, he is the catalyst in all that we do.

We are here to serve our parishioners and you can use the form below for special requests.

Joanne Tarabicos and Evie Fournaris

If you have a special request for a wreath or bouquets, please use the form below. The cost is \$50.00 for two small arrangements and \$100.00 for two large arrangements.

**Please feel free to contact Joanne Tarabicos at 302-239-4950 or Evie Fournaris at 302-475-5035 or use the form below.**

-----  
Name\_\_\_\_\_

Dedication\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

RESERVED DATE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

MAY WE PRINT IT IN THE BULLETIN: YES\_\_\_\_\_ NO\_\_\_\_\_

Enclosed \$\_\_\_\_\_

Make checks payable to "Holy Trinity Altar Guild".

Mail to: Stacy Koninis, 2602 Brightwell Drive, Wilmington, DE. 19810  
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*Penns Woods Winery*

# *Picnic at the Winery*

Saturday, May 11, Noon 'til Five

124 Beaver Valley Road, Chadds Ford, Pennsylvania



It's a joint members only outdoor event! Rain Date is June 1,  
Bring picnic foods to share, outdoor chairs or a blanket.

Wine Tasting Per Person: \$15

Questions? [simone.miliareis@gmail.com](mailto:simone.miliareis@gmail.com) or  
[kvrontis@gmail.com](mailto:kvrontis@gmail.com) or [hucwilm@gmail.com](mailto:hucwilm@gmail.com)



# BUSINESS

**THE NAKED  
OLIVE**

759 W CYPRESS ST.  
KENNETT SQUARE, PA



REGISTER HERE, FOR MENU  
& PAYMENT \$65/P.P.



# MEETING

SUNDAY 5 | 10 | 24 5:30 PM

SCHOLARSHIP AWARDS AND ELECTIONS OCCUR AT THIS ANNUAL EVENT FOR MEMBERS.



# 2024 St. John Chrysostom Oratorical Festival

## Congratulations to Phoebe Gray

who moved forward to represent our Holy Trinity Parish in the District Level Festival on April 6<sup>th</sup>.  
We are so proud and honored to hear you speak about the Orthodox faith and teachings.

**Thank you for sharing your faith!**

***“The number of natural disasters worldwide continues to increase, resulting in more communities destroyed and more lives lost. How would you respond to someone who questions why God allows natural disasters to happen when we know God can intervene at any moment? If God is all-knowing, all-powerful, and all-loving, how can He allow evil things to happen?”***

*Phoebe Gray, Senior Division*



The common theme on the news, on social media, or at dinner-time conversations recently has seemed to focus a lot on negativity and often follows an “all is lost” type of precedent. It’s all too easy and all too common to get swept away in the kinds of thoughts that flow with this kind of news. Kinds of thoughts that tell you that people are horrible, and that the world is falling apart. With natural disasters on the rise and hate around every corner as the world continues to recover from COVID and reels with changing weather, it’s only natural to feel lost. Looking for direction, one might start to wonder why all these bad things happen. And if they are truly looking in the right place for that direction, they might wonder why does *God* allow these bad things to happen. But do we even have the answer to that?

The answer to that question probably falls somewhere in the cosmos right next to the meaning of life, in that many spend their whole lives trying to figure it out. Is suffering really just a punishment for sin? Good Christian people follow God, yet still face tragedy. It feels impossible that the hundreds of lives lost in tsunamis and earthquakes and global pandemics are really just punishment. But many saints have put the idea out there that maybe we aren’t supposed to know. What gives us the right to wonder why God does what He does? Yes, He is all-knowing, but that doesn’t mean that we should be, too. It means that we should trust Him. To ask why he allows suffering is to acknowledge that he is allowing it. It is recognizing that He is indeed all powerful and that He always has a plan, and that should be enough. The rest is in God’s control, and that quiets the voice in your head saying there is no reason for this pain. We can only speculate what that reason is. Maybe it is some kind of punishment, but we are not the ones who can judge, so what is our role to speculate? Maybe it is a test to His followers, in which case we, of course, should remain steadfast in our faith. Continue to pray; continue to trust. St Mark the Ascetic wrote that “without affliction virtue has not been tested. Accept present afflictions for the sake of future blessings ...Do not think that every affliction is a consequence of sin. For there are some who did God’s will, and yet are tested.” Those future blessings mean that our human sadness and pain pales in comparison to God’s love and to the opportunities of salvation when we accept Jesus. Test after test may be placed upon us, but shouldn’t that encourage us further? Peter 4:12 tells us to “rejoice to the extent that you partake of Christ’s sufferings, that when his glory is revealed, you may also be glad with exceeding joy.” And Corinthians 4:18 tells us “For the things which are seen are temporary, but these things which are not seen are eternal.” The things that people suffer here on earth is horrible. It is valid sadness and frustration, but it is only a moment next to the eternity that God offers us. Focus, instead, on the joy in our future with him, and at the same time, even recognize the joy that is currently around us.

It’s difficult to turn away from bad things or to block out the negativity. It can become all-encompassing and dreadful, but when you are at rock bottom, it should cause you to look up at God. If he is behind tragedy, then he is, of course, behind all of the beauty and goodness in the world. Remember what all there is to be grateful for. Of course, it may seem counterintuitive to tell a struggling person to “look at the silver lining” but when you find the good, it is just as hard to look away from. Remember that God created all of that, too. It is equally woven into God’s plan. This mindset has helped many people who have gone through tragedies to find God. Maybe that is the purpose of the suffering or maybe it is just a side effect, but we should take that message, just like the others, and run with it. Allow it to build on your faith and help others in a similar way. Now, when somebody asks you why bad things happen, you cannot say that they do not happen. There, of course, continues to be the news at six o’clock talking about politics and bad weather and sickness and sadness. It continues to be there, but do not try to give an explanation for those events. It is not our place, and we cannot say. What we can do is shift our attention to good and do good and remember what there is to be grateful for. Recognize that all of that goodness is God, too, so we must continue to trust in Him fully.



# 2024 St. John Chrysostom Oratorical Festival



## Congratulations to Ludovic Wiechecki

who moved forward to represent our Holy Trinity Parish in the District Level Festival on April 6<sup>th</sup>.

We are so proud and honored to hear you speak about the Orthodox faith and teachings.

**Thank you for sharing your faith!**



***“Slandered without cause, convicted without a trial, exiled unjustly — this was the life endured by one of the greatest saints of our times — Saint Nektarios of Aegina. Forgiving others who hurt us that deeply and unjustly seems almost impossible. What can we learn from Saint Nektarios, whose life was about forgiving what some might call the impossible?”***

Ludovic “Nektarios” Wiechecki, Senior Division

Reverend Father(s), honorable judges, fellow speakers, families and friends,  
Good morning.

“Let us make man in Our image, after Our likeness” (Gen 1:26). Saint Nektarios of Aegina, the acclaimed “saint of our century” describes by example how we can once again reflect the image of God. Saint Nektarios was born in Thrace in 1846. He became a student and employee in Constantinople, a monk on Chios, and eventually a disciple of Patriarch Sophronius. The patriarch educated Nektarios, ordained him a bishop, and established him as Metropolitan of Pentapolis in Libya. Later, however, suffering slander from his brethren and betrayal from his spiritual father, he found himself without a Metropolis. Henceforth, the Metropolitan uprooted and moved to Athens seeking a position as a simple preacher. Eventually, Nektarios took the position of Dean at an ecclesiastical school near the city, later establishing a convent on Aegina. After moving to Aegina, offering spiritual direction to multitudes, and writing several spiritual works, Nektarios reposed in an Athenian hospital in 1920. Throughout his trials, he always bowed his head to the will of God. Saint Nektarios exemplified man’s calling to fulfill his role as a creature in the image and likeness of God.

In chapter 53 of his prophecy, Saint Isaiah describes the role of the suffering servant. This role, as taught by the Church, describes the incarnate Christ. Humanity as a whole, however, is called to emulate our God; therefore, this chapter likewise applies to life in Christ. Isaiah concludes that the Christ is “a man of sorrows” and he is “despised and rejected of men” (Is. 53:3). This verse similarly applies to Saint Nektarios who found himself constantly in a state of repentance. He questioned why he found himself the subject of his own spiritual father’s scorn. Similar to the accusers of the suffering servant, Saint Nektarios’s accusers, ignoring his godly inner life, likewise viewed him as “afflicted,” immoral, retrogressive, even deluded (Is. 53:4). Like the Lord, Nektarios, as “a lamb before the shearer is dumb,” humbly accepted his trials (Is. 53:7). Having initially defended himself from slander, Nektarios eventually placed this issue in God’s hands and transitioned to a life of silent submission to God’s will.

Like Saint Nektarios, we are all made in God’s image. His Holy life displays how we can share in Christ’s glory. Saint Athanasius reveals that “God became man so that man might become god,” theosis (54:3). Saint Nektarios’s example displays that, through Christ’s death and resurrection, we can achieve this ultimate goal of reflecting God’s image. Saint Nektarios taught me this exact reality when, by his prayers, the film *Man of God* appeared in theaters. Saint Nektarios’s example of humility, charity, and love indispensably initiated me, a recent inquirer into Holy Orthodoxy, into the spiritual life. Likewise, every single one of us can be transformed as Saint Nektarios was.

Theosis, a single word, concludes the essential theme of the life of Saint Nektarios. We ought to struggle so that the same word concludes ours. Nektarios grew up like any one of us, yet his life reveals how God created man to transfigure him into His likeness, the process of theosis. Whatever measure of grace God has granted us, we face the same struggle against sin to which Nektarios committed his life. What distinguishes us from Saint Nektarios is that he utilized his grace to its fullness. Inspired by his holy example, let us “seek first the kingdom of God and his righteousness,” to reattain the garment God so lovingly crafted for us (Matt. 6:33).

Thank you.





## **CONSTANTINE & HELEN, EQUAL-TO-THE APOSTLES / May 21**

### **Apolytikion in the Plagal of the Fourth Tone**

He beheld the image of Your Cross in the Heavens and, as Paul, he too did not receive the call from men. Your Apostle among Kings placed the care of the Royal City in Your hands. Through the intercessions of the Theotokos, O only Loving Lord, keep it ever in peace.

### **Kontakion in the Third Tone**

Today, Constantine with his mother Helen present the Cross, the most precious wood. It shames unbelievers. It is a weapon of faithful kings against their adversaries. A great sign has come forth for us which is awesome in battle.

### **Reading:**

This great and renowned sovereign of the Christians was the son of Constantius Chlorus (the ruler of the westernmost parts of the Roman empire), and of the blessed Helen. He was born in 272, in (according to some authorities) Naissus of Dardania, a city on the Hellespont. In 306, when his father died, he was proclaimed successor to his throne. In 312, on learning that Maxentius and Maximinus had joined forces against him, he marched into Italy, where, while at the head of his troops, he saw in the sky after midday, beneath the sun, a radiant pillar in the form of a cross with the words: "By this shalt thou conquer." The following night, our Lord Jesus Christ appeared to him in a dream and declared to him the power of the Cross and its significance. When he arose in the morning, he immediately ordered that a labarum be made (which is a banner or standard of victory over the enemy) in the form of a cross, and he inscribed on it the Name of Jesus Christ. On the 28th Of October, he attacked and mightily conquered Maxentius, who drowned in the Tiber River while fleeing. The following day, Constantine entered Rome in triumph and was proclaimed Emperor of the West by the Senate, while Licinius, his brother-in-law, ruled in the East. But out of malice, Licinius later persecuted the Christians. Constantine fought him once and again, and utterly destroyed him in 324, and in this manner he became monarch over the West and the East. Under him and because of him all the persecutions against the Church ceased. Christianity triumphed and idolatry was overthrown. In 325 he gathered the First Ecumenical Council in Nicaea, which he himself personally addressed. In 324, in the ancient city of Byzantium, he laid the foundations of the new capital of his realm, and solemnly inaugurated it on May 11, 330, naming it after himself, Constantinople. Since the throne of the imperial rule was transferred thither from Rome, it was named New Rome, the inhabitants of its domain were called Romans, and it was considered the continuation of the Roman Empire. Falling ill near Nicomedia, he requested to receive divine Baptism, according to Eusebius (The Life of Constantine. Book IV, 61-62), and also according to Socrates and Sozomen; and when he had been deemed worthy of the Holy Mysteries, he reposed in 337, on May 21 or 22, the day of Pentecost, having lived sixty-five years, of which he ruled for thirty-one years. His remains were transferred to Constantinople and were deposited in the Church of the Holy Apostles, which had been built by him (see Homily XXVI on Second Corinthians by Saint John Chrysostom).

As for his holy mother Helen, after her son had made the Faith of Christ triumphant throughout the Roman Empire, she undertook a journey to Jerusalem and found the Holy Cross on which our Lord was crucified (see Sept. 13 and 14). After this, Saint Helen, in her zeal to glorify Christ, erected churches in Jerusalem at the sites of the Crucifixion and Resurrection, in Bethlehem at the cave where our Saviour was born, another on the Mount of Olives whence He ascended into Heaven, and many others throughout the Holy Land, Cyprus, and elsewhere. She was proclaimed Augusta, her image was stamped upon golden coins, and two cities were named Helenopolis after her in Bithynia and in Palestine. Having been thus glorified for her piety, she departed to the Lord being about eighty years of age, according to some in the year 330, according to others, in 336.

**Reading courtesy of Holy Transfiguration Monastery  
Apolytikion courtesy of Narthex Press / Kontakion courtesy of Narthex Press**



**Happy  
Birthday!!!  
Dr. Kirifides  
Hronia Polla!**



## **HOLY TRINITY REGISTRY**

### **Memorials:**

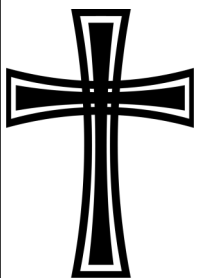
**Anna Giannatos ~ 40 Day ~ April 14**  
**Christodoulos Mantzavinos ~ 4 Years ~ April 14**  
**Theodore Hantzandreou ~ 40 Day ~ April 21**  
**Eugenia Terrs ~ 2 Year ~ April 21**  
**Robert Terrs ~ 17 Years ~ April 21**



## **LOOKING AHEAD...**

Every year Holy Trinity recognizes all of it's GRADUATES. This includes all High School & College Seniors, and Post Graduate Degree Candidates. All Graduates will be honored and presented with a small gift on behalf of the Holy Trinity Community.

**Please submit your graduating students name for recognition, to the Church Office. Please include their name and school they are graduating from along with a short text about future plans, and send it to the church office by **MAY 15**.**



**Please join us on May 19th**  
**Sunday School Awards & Graduation**  
**(in the Church Proper)**  
**Greek School Graduation**  
**(in the Community Center)**



## FINANCIAL STEWARDS OF HOLY TRINITY GREEK ORTHODOX CHURCH 2024

Almasou, Elias & Rasha  
 Anagnostou, Anamaria  
 Anagnostou, Anthoula  
 Andrianopoulos, Faith  
 Angeletakis, Christos & Christina  
 Artemiadis, Panagiotis & Spyridoula  
 Asimos SR, George  
 Asimos, George & Kristie  
 Athanasiadis, Fotios & Asmik  
 Atsidis, Kostas & Eftihia  
 Bacchieri, Stacey  
 Bambacus, Meropi  
 Barrios, Luis & Dimitra  
 Belitsas, Athanasios & Antonia  
 Burpulis, Kecia  
 Calliagas, Nicholas & Katherine  
 Caras, Constantine & Maria  
 Chahalís, Maria  
 Chambers, George & Katherine  
 Charalambides, Dino & Nia  
 Chilimidos, Effie  
 Chilimidos, Jerry & Amy  
 Christoforatos, Demetri & Dimitra  
 Christou, Alecca  
 Christou, Christos & Evie  
 Colborn, Brian & Nicole  
 Coulaloglou, Michelle  
 Courtis, Harry & Sophia  
 Courtney, Daniel & Condylia  
 Coustenis, Katherine  
 Dalianis, John & Vicky  
 Degermentzidis, Elias  
 Demetriou, Anna  
 Diamanty, Thomas & Sue  
 Diamond, Anthony & Lauren  
 Diamond, Thomas  
 Dickey, Irene  
 Doukakís, Helen  
 Drimones, Clara  
 Drimones, Nicholas  
 Faller, James & Catherine  
 Farella, Robert & Leah  
 Ferentinos, Joan  
 Fisfis, Nicholas & Catheryn  
 Fotakis, Greg & Angeliki  
 Fotakos, Leonidas & Sophia  
 Fotakos, Lexi  
 Fountzoulas, Costas & Audrey  
 Fournakis, Susan  
 Fournaris, Anna  
 Fournaris, Emmanuel & Evie  
 Fournaris, George & Soula  
 Galanis, Agnes  
 Galaris, Rick & Diana  
 Gatanis, Theodore  
 Gatos, Paula  
 Geanopoulos, Georgiean  
 George, Mary  
 Gerakios, Nikolettá  
 Gerakios, Sakelaris & Spiridoula  
 Gianelos, James & Stacie  
 Graham, Catherine  
 Gray, David & Eugenia  
 Grigorakakis, Maria  
 Grivas, Christopher & Michelle  
 Haddadin, Malik & Lina  
 Haldas, George & Beth

Haldas, Harry  
 Haldas, Nicholas & Rodie  
 Haldas, Thomas  
 Haldas-Long, Irene  
 Hantzopoulos, Bill & Lisa  
 Haralambidis, Maroula  
 Hatzis, Tom & Bing  
 Heliotis, Alexandra  
 Hionis, Sophia  
 Humphrey, Caroline  
 Iliadis, Antonios  
 Iliadis, Dimitrios & Constantina  
 Issaris, Katherine  
 Joseck, Anastasia  
 Joseck, Xanthý & Fred  
 Kamenakis, Efthimia  
 Kamenakis, Peter & Juli  
 Kanas, Emmanuel & Valerie  
 Karakasidis, Demetri & Eleni  
 Karakasidis, John & Vickie  
 Karakasidis, Stephanos & Evaggelia  
 Karaoglanis, Eleftherios & Niki  
 Karapanagiotis, Athanasios  
 Karvounis, Nikolaos & Amanda  
 Kayiaros, Joanna  
 Kayiaros, Stephen  
 Kirifides, Alexander & Kathy  
 Kirifides, Lazarus M & Helen  
 Kirifides, Michael & Kerry  
 Kirifides, Vasil & Eleftheria  
 Kirtses, Petros & Athý  
 Klezarakis, Michael & Kathy  
 Kollias, Basil & Demi  
 Kollias, Georgia  
 Koninis, John & Anastasia  
 Kontodemos, Klianthis & Anthi  
 Kontomaris, Kostas & Melissa  
 Kostas, John & Gale  
 Kostas, Nicholas & Stephani  
 Kostos, Yianni  
 Kromedas, Constantinos & Vasiliki  
 Kyranakis, John  
 Laletas, Earnest & Barbara Brockett  
 Laskaris, Johanna  
 Lawson, Michael & Victoria  
 Lazare, John & Sandra  
 Lazopoulos, Jr., John & Christina  
 Lempesis, Dimitra  
 Liarakos, George & Ann  
 Logullo, Desponia & Francis  
 Lomis, Toulá  
 Manoloudis, Michael & Kandi  
 Mantzavinos, Marianthi  
 Mantzavinos, Spiros & Megan  
 Maravelias, James & Diane  
 Marini, Irene  
 Marinis, Kalliope  
 Marvel, Jessica  
 Matulas, Anagnostis & Angela  
 Mavridis, Prodromos & Maria  
 McManus, Ryan & Theodora  
 Michell, Constantine & Elaine  
 Michell, Theodore & Catherine  
 Mitoulis, Nikolaos & Stella  
 Nannas, Theodore & Alexandra  
 Nicholas, Steve  
 Novakis, Louis

Ohlemacher, Evangline  
 Pacienza, Stephanie  
 Pandelakis, Denis & Anna  
 Pantelopoulos, Anthony & Daphne  
 Papachrysanthou, Chris & Popi  
 Papanicholas, Maria  
 Papettas, Vasilis & Christina  
 Pappas, Elias  
 Pappas, Elizabeth  
 Phalangas, Charalambos & Mary  
 Piccirilli, Melissa & Joe  
 Pispitsos, Pantelis  
 Pittaoulis, Steve  
 Poulos, Vasilios & Eulampia  
 Psaltis, John  
 Psaltis, Nicholas  
 Psaltis, Thomas & Cynthia  
 Psihalinos, George & Athina  
 Psihalinos, Thomas & Magdalini  
 Raisis, Irene  
 Raisis, Leonidas & Irene  
 Raisis, Pauline  
 Raisis, Spiros  
 Raisis, William & Emily  
 Rapposelli, Hareklia  
 Rassias, Dion & Gina  
 Rassias, George & Amalea  
 Rentoulis, Androniki & Nicholas  
 Riga-Crisp, Jason & Ekaterini  
 Righos, Elaine  
 Roussalis, John & Valerie  
 Saffos, John & Karla  
 Saitis, Mary  
 Souleles, Nicholas & Alexis  
 Staab, Kristina  
 Stavru, Nicholas & Maria  
 Stout, Robert & Voula  
 Tarabicos, Christina  
 Tarabicos, John & Joanne  
 Tarabicos, Sophia  
 Theodorakis, Stamatis & Lisa  
 Tsaganos, Alexandra  
 Tsaganos, Anthony & Joanne  
 Tsaganos, Peggy  
 Tsaganos, Robert & Popi  
 Tsakataras, George  
 Tsakumis, George & Julia  
 Tsakumis, Theodore  
 Tsaldaris, Nicholas & Bonnie  
 Tsigkakos, Dimos & Ioanna  
 Tsionas, Angela  
 Tsionas, Anna  
 Tsionas, Evangelos  
 Tsoukalas, Niki  
 Tsoutsos, Nektarios & Chengmo  
 Turley, Steve & Akiko  
 Vassiliou, Kleoniki  
 Velitskakis, George  
 Velitskakis, Steve & Karen  
 Verikakis, Dena  
 Verikakis, Evangelos & Shannon  
 Vice, Elaine  
 Visvardis, Socrates & Ruth  
 Voultsis, Catherine  
 Voultsis, Evangeline  
 Voultsis, Jordana  
 Wiechecki, Frank & Kelly

Wolcott, Josiah & Paraskevi  
 Xarhoulakos, Peter  
 Zerefos, Demetri & Constantina  
 Zerefos, Markos & Eugenia  
 Zicarelli, Louis & Catherine  
**AS OF April 22, 2024**

### **2 Corinthians 9:6-8**

***Remember this:***

***"Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work."***





# Camp Good Shepherd

Experience the Best  
Week of Your Summer!



## CGS: MARYLAND

June 16-22, 2024

Ages 8-18

Camp Wo-Me-To

1200 Knopp Rd, Jarrettsville, MD 21084

Registration Fee: \$600 (Early Bird Discount until  
May 1, then \$675)



## CGS: NEW JERSEY

June 23-29, 2024

Ages 8-18

Camp Linwood MacDonald

1 Flatbrook Rd, Sandyston, NJ 07826

Registration Fee: \$625



## CGS: VIRGINIA (2 SESSIONS)

Week 1: July 7-13 (Completed 5th Grade - 8th Grade)

Week 2: July 14-20 (Completed 9th Grade - 12th Grade)

Camp Piankatank

1566 Stampers Bay Rd Box 435, Hartfield, VA 23071

Registration Fee: \$500

**REGISTER  
TODAY!**



[HTTP://APP.CAMPDOC.COM/REGISTER/CGSN](http://app.campdoc.com/register/cgsn)

MORE INFORMATION [HTTPS://WWW.NJ.GOARCH.ORG/CAMP-GOOD-SHEPHERD](https://www.nj.goarch.org/camp-good-shepherd)



## Saint Christoforos of Lycia the Great Martyr

The Holy Martyr Christoforos lived during the third century and suffered about the year 250, during the reign of the emperor Decius (249-251). There are various accounts of his life and miracles, and he is widely venerated throughout the world. He was a man of great stature and unusual strength. Before Baptism he was named Reprebus because his disfigured appearance. Even before Baptism, Reprebus confessed his faith in Christ and denounced those who persecuted Christians.

Because of his renowned strength, 200 soldiers were assigned to bring him before the emperor Decius. Reprebus submitted without resistance. Several miracles occurred along the way. The soldiers surrounding him were astonished at these miracles. They came to believe in Christ and they were baptized along with Reprebus by Saint Babylus of Antioch (September 4).

Christoforos once made a vow to serve the greatest king in the world, so he first offered to serve the local king. Saint Babylas of Antioch told him that he could best serve Christ by doing well the task for which he was best suited. Therefore, he became a ferryman, carrying people across a river on his shoulders. One stormy night, he carried a Child Who insisted on being taken across at that very moment. With every step he took, the Child seemed to become heavier. Halfway across the stream, he felt that his strength would give out, and that he and the Child would be drowned in the river. As they reached the other side, the Child told him that he had just carried all the sins of the world on his shoulders. Then He ordered Christoforos to plant his walking stick in the ground. As he did so, the stick grew into a giant tree. Then he recognized Christ, the King Whom he had vowed to serve.

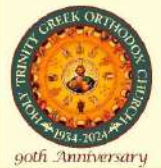
Saint Christoforos was brought before the emperor, who tried to make him renounce Christ, not by force but by cunning. He summoned two profligate women, Callinika and Aquilina, and commanded them to persuade Christoforos to deny Christ, and to offer sacrifice to idols. Instead, the women were converted to Christ by him. When they returned to the emperor, they declared themselves to be Christians. Therefore, they were subjected to fierce beatings, and so they received the crown of martyrdom.

Decius also sentenced to execution the soldiers who had been sent after Saint Christoforos, but who now believed in Christ. The emperor ordered that the martyr be thrown into a red-hot metal box. Saint Christoforos, however, did not experience any suffering and he remained unharmed. After many fierce torments they finally beheaded the martyr with a sword. This occurred in the year 250 in Lycia. By his miracles the holy Martyr Christoforos converted as many as 50,000 pagans to Christ, as Saint Ambrose of Milan testifies.

The name Christoforos means "Christ-bearer." This can refer to the saint carrying the Savior across the river, and it may also refer to Saint Christoforos bearing Christ within himself (Galatians 2:20).

(Source: oca.org)

HOLY TRINITY GREEK ORTHODOX CHURCH  
WILMINGTON, DELAWARE



***DIVINE  
LITURGY  
ON  
THE FEAST DAY  
OF SAINT  
CHRISTOFOROS***

**BRIGHT THURSDAY,  
MAY 9, 2024**

**ORTHROS 9 AM**

**DIVINE LITURGY 10 AM**

**A reception will follow**



# FESTIVAL 2024

Our Festival is right around the corner and, as always, we need your help to pull off this monumental task! Please call your booth chair today and volunteer your time, talent and treasure to your booth and to our parish!

**GREEK FESTIVAL—Monday, June 3 - Saturday, June 8**

**WE NEED YOUR HELP FOR FINAL PREP & SET UP!**

**CALL THE OFFICE FOR TIMES 302.654.4446**

**Please come and HELP!! ~~ NO EXPERIENCE NECESSARY!**

**WE WILL TRAIN YOU!!! ~~ Bring a friend!**

| <u>Work Station or Booth</u>      | <u>Booth Chairs</u>                  | <u>Telephone</u> |
|-----------------------------------|--------------------------------------|------------------|
| Church Tours                      | Fr. Christoforos Oikonomidis         | (302) 654-4446   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Inside Dining Room                | Peter Xarhoulakos                    | (302) 562-5151   |
|                                   | Tom Psaltis                          | (302) 981-9352   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Outdoor Take-out booth            | Demitris, Yanni, & Evangelos Halakos | (302) 379-1833   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Gyro booth                        | George Rassias                       | (610) 322-3200   |
|                                   | Demetri Karakasidis                  | (302) 898-6049   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Souvlaki booth                    | John Kostas                          | (302) 764-7278   |
|                                   | Emanuel Fournaris                    | (302) 475-5035   |
|                                   | George Fournaris                     | (302) 426-9195   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Calamari/FF/<br>Spanakopita booth | Chris Sarmousakis                    | (302) 427-2362   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Loukoumades booth                 | Anamaria & Anthoula Anagnostou       | (302) 998-9284   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Pastries - Hall balcony           | Ladies of Philoptochos               | (302) 654-4446   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Pastries - outdoor booth          | Marika Sarmousakis                   | (302) 656-2206   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Bars                              | Louis Novakis                        | (610) 358-3544   |
|                                   | Mike Kirifides                       | (302) 897-9429   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Money room                        | Steven Karakasidis (PC President)    | (302) 383-0476   |
|                                   | Tom Karas- HTC Assist Treasurer      | (302) 438-7121   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Outdoor Soda booth                | GOYA                                 | (302) 654-4446   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |
| Kitchen                           | Demitris Halakos                     | (302) 379-1833   |
| ~~~~~                             | ~~~~~                                | ~~~~~            |

**PLEASE OFFER YOUR HELP!!**

**WE NEED YOU!!!**

**OR CALL the Office 654~4446**







# GOYA NEWS



## SIGHTS AND SOUNDS

On Saturday April 13th, our GOYA participated in Sights and Sounds at St. Demetrios in Upper Darby. We took part in many group events as well as solos and duets!

Our GOYA did so amazing this year, and we are so excited to see what amazing ideas we come up with for next year!



## GROUP AWARDS

2nd place - Group Song  
3rd place - Greek Dance  
3rd place - Group Dance  
3rd place - Choral Speaking



## UPCOMING...

May 3rd (11-2:30)  
Great Friday Sunday School  
Retreat

May 4th (11:30am)  
GOYAns wrap eggs after  
Vespers Divine Liturgy

May 5th  
Pascha

May 19th  
Sunday School Graduation

(Check Email for Dates)  
Festival Dance Practices

June 2nd (After Liturgy)  
GOYA Elections

June 3rd-8th  
Festival

\*Make sure to sign up for the soda booth!





# GOYA NEWS



## SOLO AWARDS

- 1st place String Intermediate  
- Dionyssios Crisp
- 1st place Woodwind Intermediate  
- Katerina Marcantonis
- 1st place Vocal Solo Jr  
- Katerina Marcantonis
- 1st place Percussion Beginner  
- Eleni Marcantonis
- 1st place Vocal Solo Sr  
- Eleni Marcantonis
- 1st place Oral Interpretation Sr  
- Eleni Marcantonis
- 1st place Vocal Duet  
- Eleni and Katerina Marcantonis
- 2nd place Oral Interpretation Jr  
- Katerina Marcantonis
- 2nd place Monologue Jr  
- Katerina Marcantonis
- 3rd place Piano Intermediate  
- Sia Dargakis
- 3rd place Monologue Sr  
- Eleni Marcantonis

## SIGHTS AWARDS

- 1st place Woodworking Sr  
- Markella Coates
- 1st place Cartoon Jr  
- Katerina Marcantonis
- 1st place Cartoon Sr  
- Dionyssios Crisp
- 1st place Iconography Sr  
- Eleni Marcantonis
- 1st place Metal Sculpture Sr  
- Markella Coates
- 1st place Poster Jr  
- Anna Kayiaros
- 1st place Pencil Jr  
- Katerina Marcantonis
- 1st place Essay Sr  
- Eleni Marcantonis
- 1st place Digitally Enhanced Sr  
Dionyssios Crisp
- 2nd place Poem Jr  
- Anna Psihalinos
- 2nd place Crochet Sr  
- Eleni Marcantonis
- 2nd place Digitally Enhanced Jr  
- Katerina Marcantonis
- 3rd place Acrylic Sr  
- Phoebe Grey
- 3rd place Marker Jr  
- Katerina Marcantonis
- 3rd place Scratch Board Jr  
- Anna Kayiaros
- 3rd place Essay Jr  
- Katerina Marcantonis

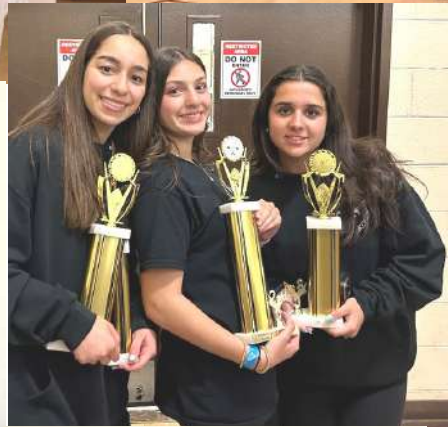


**SEE PICTURES  
NEXT PAGE**













90th Anniversary

## Festival GOYA Greek Dance Practices

*Join our Greek Dance Group in preparing to perform at this year's festival!  
Rehearsals will be on Wednesday evenings, with a few on Fridays as well.*

Wednesday May 8th 7:00 - 8:30

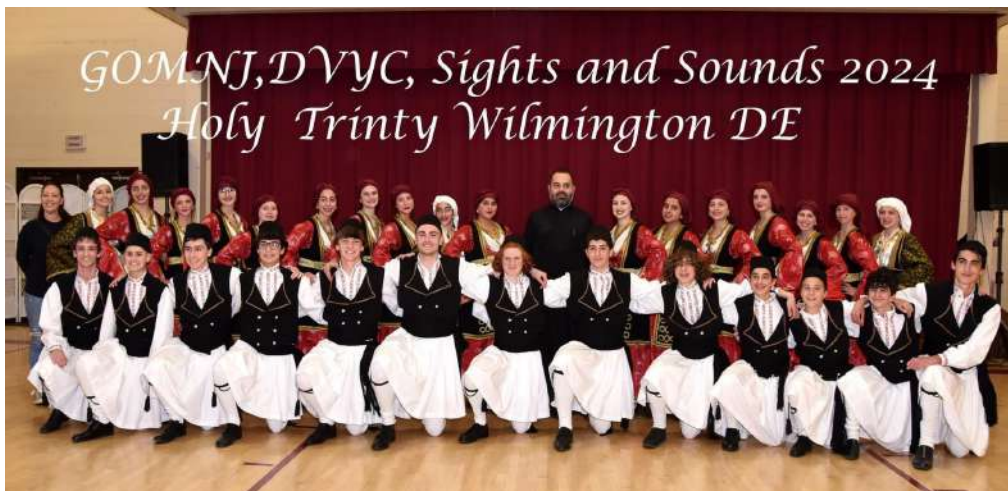
Friday May 10th 7:00 - 8:30

Wednesday May 15th 7:00 - 8:30

Wednesday May 22nd 7:00 - 8:30

Friday May 24th 7:00 - 8:30

Wednesday May 29th 7:00 - 8:30



***\*\* You must attend minimum three rehearsals in order to perform.  
Reach out to Agnoulia with any questions or concerns ahead of time.***

SAVE THE DATE



SAVE THE DATE



# Serving in May

## Coffee Hours:

May 5 ~ **NO COFFEE HOUR** (Pascha)

May 12 ~ **Parish Council** (Mother's Day)

May 19~ **Greek School** (Graduation)

May 26 ~ **NO COFFEE HOUR** (Memorial Day)



**COFFEE HOUR ORGANIZATIONAL ASSIGNMENTS WILL RESUME IN SEPTEMBER**

## Narthex Duty:

May 5 ~ Group 2

May 12 ~ Group 1

May 19 ~ Group 2

May 26 ~ Group 1



## Prosforon Offeror's



We are looking to update our Prosfora Offeror List.

If you would like to become a regular Prosfora Offeror, please contact the church office to be added to our list. You can offer prosfora for any service by bringing it in before the service starts. If you do not bake but would like to donate towards the purchase of prosfora that we presently buy from the Holy Protection Monastery, please send \$8 for each prosfora you would like to donate. (mark the memo on your check accordingly)

## ACOLYTES

### +Tonsured ~ \*Reader



|                       |                         |                       |
|-----------------------|-------------------------|-----------------------|
| Maximos Charalambides | +Ioannis Karakasidis    | +Demetri Thomas       |
| Vasilios Dargakis     | *+Alexandros Lurz       | Savvas Thymakis       |
| Joseph Demourtzidis   | Demetri Moutsatsos      | Alex Tsakumis         |
| Sebastian Dietrich    | Demetri Psaltis         | *+Nicholas Turley     |
| Johnny Dietrich       | Nicholas Psaltis        | +Paraskevas Verikakis |
| +Ioannis Gerakios     | George Psihalinos       | *+NektariosWiechecki  |
| Alexander Hall        | ...Gerasimos Psihalinos | +Fotios Wolcott       |
| +Angelo Hall          | Nicholas Rassias        | +Jack Wolcott         |
| +Demetri Karakasidis  | Stamati Roussos         | +Josiah Wolcott       |

All readers are also tonsured

## ALTAR ASSISTANTS

Alexandros Matthews ~~~ Josiah Wolcott ~~~ Markos Zerefos

## Ομόκεντροι κύκλοι – Η Γλώσσα του Ομήρου και η Σύγχρονη Ελληνική Γλώσσα

Πάντοτε μ' άρεσε να πετάω πέτρες στα ήρεμα νερά μιάς λίμνης και να παρατηρώ τον κυματισμό των νερών στην επιφάνειά της. Στην αρχή υπάρχει μία μικρή αναταραχή στο σημείο προσκρούσεως της πέτρας με το νερό. Αμέσως μετά εμφανίζεται ο πρώτος μικρός κύκλος που μεγαλώνει συνεχώς. Μετά τον πρώτο κύκλο εμφανίζεται ένας δεύτερος μεγαλύτερος κύκλος ένας τρίτος και ούτω καθ' εξής. Παρατηρούμε ομόκεντρους κύκλους να ταξιδεύουν μέχρι που να τελειώσει η ενέργεια της αρχικής προσκρούσεως.

Ο Ελληνικός πολιτισμός, αυτή η υπέροχη σύλληψη και δώρο των Ελλήνων αρχικά στην Δύση και σήμερα σ' όλον τον κόσμο, είναι δόνηση που δημιούργησε την αρχή της εξόδου της ανθρωπότητας από την άγνοια στην γνώση, από τον φόβο στην λογική εξήγηση, από την δεισιδαιμονία στην δημιουργία.

Ο Ελληνικός πολιτισμός και τρόπος σκέψεως εξαπλώθηκε στον κόσμο σε ομόκεντρους κύκλους. Όπως ακριβώς γνωρίζουμε κέντρο των ομοκεντρών κύκλων στην επιφάνεια της λίμνης έτσι γνωρίζουμε το κέντρο του σύγχρονου πολιτισμού. Ευρίσκεται στην Ακρόπολη, στους Δελφούς, στις τοιχογραφίες της Μονής του Όσιου Λουκά, Δελφοί, στον Πλάτωνα, Αριστοτέλη, στους Πατέρες της Εκκλησίας, στην Ελληνική γλώσσα, στα Ελληνικά επτά φωνήεντα. Αυτό το κέντρο είναι γνωστό και θα φωτοβολή μέχρι το τέλος του κόσμου.

Ας δούμε τώρα πόσες λέξεις από τον Όμηρο υπάρχουν στα σημερινά Ελληνικά και στα Αγγλικά στο Αγγλικό κείμενο από την αρχή της Ομήρου Οδύσσειας του δεύτερου λογοτεχνικού έργου της Δύσεως. Σε παρένθεση η Ομηρική λέξη που υπάρχει αυτούσια ή σχεδόν αυτούσια στα σύγχρονα Ελληνικά.

“άνδρα[**ΑΝΔΡΑΣ**] μοι έννεπε[**ΕΠΟΣ**] μούσα [ΜΟΥΣΑ], πολύτροπον[**ΠΟΛΥΤΡΟΠΟΣ**], ος μάλα πολλά[**ΠΟΛΛΑ**] πλάγχθη, επεί Τροίης[**ΤΡΟΙΑ**] ιερόν [ΙΕΡΟ] πτολίεθρον έπερσεν• πολλών[**ΠΟΛΛΩΝ**] δ' ανθρώπων [ΑΝΘΡΩΠΩΝ] ίδεν άστεα[**ΑΣΤΥ-ΑΣΤΥΝΟΜΙΑ**] και νόον [ΝΟΥΣ] έγνω[**ΕΓΝΩΡΙΣΕ**], πολλά[**ΠΟΛΛΑ**] δ'ό γ' εν[**ΕΝ**] πόντω[**ΠΟΝΤΟΣ**] πάθεν[**ΕΠΑΘΕ**] άλγεα[**ΑΛΓΟΣ**] όν κατά θυμόν [ΘΥΜΟΣ], αρνύμενος[**ΑΡΝΟΥΜΕΝΟΣ**] ήν τε ψυχήν [ΨΥΧΗΝ] και νόστον[**ΝΟΣΤΙΜΟΣ**, ΠΑΛΛΙΝΟΣΤΗΣΗ] εταιρων [ΕΤΑΙΡΟΣ]. άλλ' [ΑΛΛΑ] ουδ' [ΟΥΤΕ] ως ετάρους ερρύσατο, ιέμενός περ' αυτών γαρ σφετέρησιν[**ΣΦΕΤΕΡΙΖΩ**] ατασθαλίησιν όλοντο, νήπιοι[**ΝΗΠΙΟΣ**], οι κατά βούς [ΒΟΥΣ, ΒΟΔΙ, ΒΟΥΤΥΡΟ] Υπερίονος Ηελίο [ΗΛΙΟΣ] ήσθιον αυτάρ ο τοίσιν αφείλετο νόστιμον [ΝΟΣΤΙΜΟΣ] ήμαρ.[**ΗΜΕΡΑ**]”

Απ' ότι διαπιστώνουμε ακόμη μιλάμε την ίδια γλώσσα του κέντρου όλων των ομόκεντρων κύκλων!

## Concentric Circles – The Language of Homer and Contemporary Greek Language

I always liked to throw stones on the calm waters of a lake to watch the rippling of the water on its surface. In the beginning, there is a small disturbance at the point of impact of the stone with water. Immediately after, a first small circle appears whose diameter increases continuously. After the first circle, a second larger one appears, and then a third one, that goes on. We observe traveling concentric circles until the energy of the initial impact is exhausted.

The Hellenic civilization and culture, these wonderful conceptions, and gifts of the Greeks initially to the West, and today to the whole world, is the vibration that initiated the exit of mankind from ignorance to knowledge, from fear to rational explanation, from superstition to creation.

Greek culture and way of thinking spread in the world in concentric circles. Just as we know the center of the concentric circles on the surface of the lake, so we know the center of contemporary civilization. That center is located on the Acropolis, Delphi, the frescoes of the monastery of Saint Luke, Delphi, Plato, Aristotle, the Fathers of the Church, the Greek language, and the seven Greek vowels. This center is known and will illuminate the humanity until the end of the world.

Now let us see how many words from Homer exist in English. The Homeric words in contemporary Greek are presented in the Greek text. Below are the first verses of Homer Odyssey text, the second literary work after Homer's Iliad of the West. The word introduced in modern English language from Homeric Greek is in parenthesis.

“Andra[**ANDROGYNY**] me ennepe [**EPIC**], mousa [MUSE, MUSEUM], polytropon [**POLYTROPIC**], os mala polla[**POLY**] plagthe [**PLASTIC, PLANKTON**], epe Troias[**TROY**] ieron[**HIERONYMOUS**] ptolethron epersen; Pollon[**POLLOI**] d' anthropon iden astea kai noon egno[**AGNOSTIC**], Polla d' o g' en ponto[**POND**] pathen algae[**ALGAE**] on kata thymon[**THYMIC, THYMUS**], Arnymenos, en te psychin[**PSYCHE**] ke noston[**NOSTALGIC**] etaeron; All' oyd' os etaroys errysanto, iemens per; Auton [AUTOMATION] gar sfeterisin atasthaliesin olonto, Nepioi, oe kata bous[**BUTTER = Cheese of the cow**] Yperionos Elios [HELIOS] esthion; autar o toisin afeleto nostimon[**NOSTALGIC**] emar [EPHEMERAL].”

From what we see, even today, we speak the same language of the center of all concentric circles!



**Sunday, April 14, 2024**  
**Fr. Christoforos holds Instructional Divine Liturgy**  
**on the Solea and explained every part of the service**







90th Anniversary

AHEPA #95 and  
DAUGHTERS of PENELOPE #149  
DINNER DANCE

Saturday, June 22, 2024

\$90.00 | Cash Bar

6 pm | Cocktails • 7 pm | Dinner • 9 pm Dance

*Purchase Dance Only Tickets \$40.00*

Live Music by Neo Kyma

Contact Anamaria For  
Reservations:

[AnamariaAnagnostou@gmail.com](mailto:AnamariaAnagnostou@gmail.com)

302.379.2016



Pay By Check:

Ahepa 95

c/o Chris Adamopoulos

209 Fulling Drive  
Chadds Ford, PA 19317

OR

Paypal: [ahewawilm@gmail.com](mailto:ahewawilm@gmail.com)

Doubletree by Hilton  
4727 Concord Pike, Wilmington, DE 19803  
302-478-6000 | [www.hilton.com](http://www.hilton.com)



The Daughters of Penelope Xanthus #149 and AHEPA #95 will be hosting the District Convention in Wilmington, Delaware beginning Friday, June 21 to Sunday, June 23, 2024.

We have planned a fun weekend for our friends and family beginning with Friday night, featuring Basile Live! and a Dinner-Dance Saturday night featuring the Greek band, Neo Kyma. All events will be conveniently held at the DOUBLETREE by Hilton. The weekend will be completed with church services at Holy Trinity on Sunday.

We hope you will consider sharing the weekend to laugh, dance and pray with us.

Anthoula P Anagnostou  
President, Xanthus #149  
Wilmington, Delaware



**AHEPA #95  
DAUGHTERS of PENELOPE #149  
PRESENT**



**FRIDAY, JUNE 21, 2024**

doors open 7:30p.m.

**\$60.00 | CASH BAR | LIGHT SNACKS**

**DOUBLETREE BY HILTON  
4727 CONCORD PIKE, WILMINGTON, DE 19803  
302-478-6000 [www.hilton.com](http://www.hilton.com)**

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[AnamariaAnagnostou@gmail.com](mailto:AnamariaAnagnostou@gmail.com) or 302.379.2016





Holy Trinity  
GREEK ORTHODOX CHURCH  
WILMINGTON DE



90th Anniversary

# Young Adult League

THURSDAY MAY 23, 2024

@ 6:30 PM

**Good Hope Farm**

117 Good Hope Road,  
Landenburg, PA 19350

**Fun, Food, Fellowship, Fresh air & Music**

Please RSVP to Anna Fournaris  
fournaris10@gmail.com or text 302-562-3414  
by May 16th so we can prepare accordingly!





# Y A L

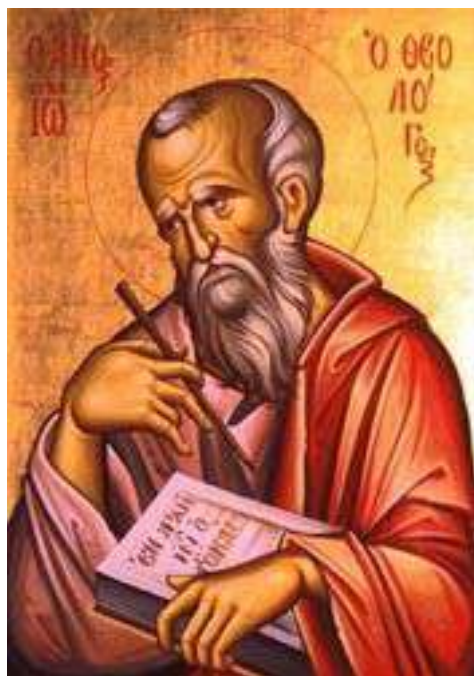
## YAL – Young Adult League

Holy Trinity's Young Adult League met on April 4th for a Lenten gathering. YAL members participated in the Great Compline service with Fr. Christoforos. It was a beautiful service, which led to a spiritual discussion about the importance of participating in church services and our faith during the Lenten season. We then gathered in the church hall for a delicious meal and more conversation! Our next event is on

**May 23rd at 6:30!**



## JOHN THE APOSTLE, EVANGELIST, & THEOLOGIAN



### Apolytikion in the Second Tone

Beloved Apostle of Christ our God, hasten to deliver a people without defense. He who permitted you to recline upon His bosom, accepts you on bended knee before Him. Beseech Him, O Theologian, to dispel the persistent cloud of nations, asking for us peace and great mercy.

### Kontakion in the Second Tone

Who can recount your greatness, O virgin, for miracles flow and healing springs forth from you. You intercede for our souls, as the Theologian and friend of Christ.

### Reading:

The feast today in honour of the holy Apostle John commemorates the miracle taking place each year in Ephesus, in which a certain dust or powder, called manna, suddenly poured forth from his tomb and was used by the faithful for deliverance from maladies of both soul and body.

## April 12th at the Emmanuel Dining Room East

The **Ganiaris family** hosted and sponsored the meal on April 12th, given in loving memory of **Fr. Stamos and Presvytera Joan Ganiaris**. 145 women, men and children enjoyed a nice warm meal. **Soula Christopher** and **Tina Ganiaris** helped out in the kitchen that day. **Evie** and **Emmanuel Fournaris** will sponsor the meal in May, as they have for many years now!

*All are welcome to help serve on the 12th of every month or at any time!*

*We sincerely thank all the individuals, families and organizations who generously support this dining room. Thank you for your help serving the needy!*

Various groups and individuals from our church donate the food to sponsor the luncheon meal at the 3rd and Walnut St location on the 12th of every month. Any Sunday meal that falls on the 12th will now be served at the 5th and Jackson Street dining room.

*If you, your family or organization would like to provide a meal, contact **Nikkie Tsakataras** at 302-655-2252 or **Tina Ganiaris** at 302-367-6758 for more information. Thank you!*

Wishing everyone a joyous Easter!  
And a Happy Mothers Day!

## Holy Trinity Food Pantry

***Over 2,300 people visited the food pantry at Saint Stephen's Lutheran Church in the month of March.***



As of August 2023, the Food Bank's Healthy Pantry Centers in Newark and Milford recorded a 76% increase from 28,583 household visits to 50,309 visits from the fiscal year 2022 to 2023. As inflation soared last fall, their on site numbers went from 600 to 800 people served each week to over 1000.

**Every little bit helps and we thank you for all your generous donations each week.**

With summer vacations coming the pantry will be looking for volunteers to fill in. And if your high school children are looking for community hours this would be a great opportunity for them. Applications are available in Food Pantry mailbox or you can email Johanna Laskaris at [jlas40752@gmail.com](mailto:jlas40752@gmail.com) for more information.



***We sincerely thank you for your ongoing support!***

Evie Fournaris, Tina Ganiaris, Johanna Laskaris, John Lazare,  
Sandy Nannas, Steve Nicholas, and Nikki Tsakataras





## Great and Holy Pascha

### Reading:

Mary Magdalene, and the other women who were present at the burial of our Saviour on Friday evening, returned from Golgotha to the city and prepared fragrant spices and myrrh, so that they might anoint the body of Jesus. On the morrow, because of the law which forbids work on the day of the Sabbath, they rested for the whole day. But at early dawn on the Sunday that followed, almost thirty-six hours since the death of the Life-giving Redeemer, they came to the sepulchre with the spices to anoint His body. While they were considering the difficulty of rolling away the stone from the door of the sepulchre, there was a fearful earthquake; and an Angel, whose countenance shone like lightning and whose garment was white as snow, rolled away the stone and sat upon it. The guards that were there became as dead from fear and took to flight. The women, however, went into the sepulchre, but did not find the Lord's body. Instead, they saw two other Angels in the form of youths clothed in white, who told them that the Saviour was risen, and they sent forth the women, who ran to proclaim to the disciples these gladsome tidings. Then Peter and John arrived, having learned from Mary Magdalene what had come to pass, and

when they entered the tomb, they found only the winding sheets. Therefore, they returned again to the city with joy, as heralds now of the supernatural Resurrection of Christ, Who in truth was seen alive by the disciples on this day on five occasions.

Our Lord, then, was crucified, died, and was buried on Friday, before the setting of the sun, which was the first of His "three days" in the grave; observing the mystical Sabbath, that "seventh day" in which it is said that the Lord "rested from all His works" (Gen. 2:2-3), He passed all of Saturday in the grave; and He arose "while it was yet dark, very early in the morning" on Sunday, the third day, which, according to the Hebrew reckoning, began after sunset on Saturday.

As we celebrate today this joyous Resurrection, we greet and embrace one another in Christ, thereby demonstrating our Saviour's victory over death and corruption, and the destruction of our ancient enmity with God, and His reconciliation toward us, and our inheritance of life everlasting. The feast itself is called Pascha, which is derived from the Hebrew word which means "passover"; because Christ, Who suffered and arose, has made us to pass over from the curse of Adam and slavery to the devil and death unto our primal freedom and blessedness. In addition, this day of this particular week, which is the first of all the rest, is dedicated to the honour of the Lord; in honour and remembrance of the Resurrection, the Apostles transferred to this day the rest from labour that was formerly assigned to the Sabbath of the ancient Law.

**All foods allowed during Renewal Week.**

### **Apolytikion in the Plagal of the First Tone**

Christ is risen from the dead, trampling death by death, and bestowing life on those in the graves.

### **Kontakion in the Plagal of the Fourth Tone**

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

## THE YOUNG @ HEART

Invite you to join us at our next  
gathering on

**Thursday, May 9th**

**@ 12pm in the AHEPA Room**

**CHRISTOS ANESTI! ~ ALITHOS ANESTI!**





**Sunday, April 7, 2024**  
our Holy Trinity Family  
celebrated  
**Greek Independence Day**  
at the Parade in Philadelphia!  
It was a beautiful day and  
Holy Trinity was well  
represented!









## CAPITAL CAMPAIGN SUPPORTERS ~ Please Join Us

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 Alexopoulos, John & Eleni+  
 Anastasiades, Litsa  
 Annos, William & Irene+  
 Apostolakis, Nicholas & Irene  
 Arvanitis, Argyrios & Lisa  
 Atsidis, Kostas & Eftihia  
 Bacchieri, Stacey  
 Burpulis, Maria  
 Caras Estate, Christopher+  
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 Chambers, George & Kathy  
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 Diamond, Anthony & Lauren  
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 Halakos, Ioannis, Effie & Family  
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 Haldas, Thomas  
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 Hantzandreu, Theodore+ & Labrini  
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 Haralambidis, Nicholas  
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 Ioannou, John & Dorothy  
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 Joseck, Anastasia  
 Joseck, Frederick & Xanthi  
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 Karakasidis, Demetri

Karakasidis, Demetrios & Eleni  
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NAME: \_\_\_\_\_

Enclosed please find my/our pledge payment for:

\$ \_\_\_\_\_

We wish to pledge \$ \_\_\_\_\_ annually for \_\_\_\_\_ years.

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Pledges to Capital Campaign/Building Fund are separate and distinct from annual Stewardship.

All Gifts are greatly appreciated, and all Donors will be recognized on a permanent display in the new facility.

## Capital Campaign

To contribute, please send your donation to:



**Holy Trinity  
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ATTN: Capital Campaign  
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## **!!! ATTENTION !!!**

**Help is needed to fold palms into Crosses for Palm Sunday on Saturday, April 27<sup>th</sup> after the Divine Liturgy.**

**Please bring your red dyed hard boiled eggs to the Church during Holy Week by Holy Thursday so they may be wrapped in tulle for distribution at the Paschal Liturgy.**

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Greek Orthodox Church  
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