



HOLY TRINITY GREEK ORTHODOX CATHEDRAL



ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

April 2025 – Issue 4

Great & Holy Pascha

"It is the day of the Resurrection. Let us shine brightly for the festival, and also embrace one another. Brethren, let us say even to those who hate us, "Let us forgive everything for the Resurrection." And thus let us cry aloud, "Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life."



"Αναστάσεως ημέρα,
καὶ λαμπρυνθῶμεν τῇ
πανηγύρει, καὶ
ἀλλήλους
περιπτυξώμεθα.
Εἶπωμεν ἀδελφοί, καὶ
τοῖς μισοῦσιν ἡμᾶς
Συγχωρήσωμεν πάντα
τῇ Ἀναστάσει, καὶ
οὕτω βοήσωμεν
Χριστὸς ἀνέστη ἐκ
νεκρῶν, θανάτῳ
θάνατον πατήσας, καὶ
τοῖς ἐν τοῖς μνήμασι,
ζῶν χάρισάμενος"

Καλή Ανάσταση! ~ Happy & Blessed Easter!



Holy Trinity Greek Orthodox Cathedral
808 N Broom Street
Wilmington, Delaware 19806
Phone: 302.654.4446 Fax: 302.654.4204
Email: office@holytrinitywilmington.org Website: holytrinitywilmington.org

Holy Trinity Greek Orthodox Cathedral

V. Rev. Archimandrite of the Ecumenical Throne

Fr. Christoforos Oikonomidis, Proistamenos

frchristoforosoikon@gmail.com

For pastoral emergencies only— dial Fr. Christoforos' cell @ 856-246-2756

Susan Kelleher, Church Secretary (302) 384-7805 (home)

2025 PARISH COUNCIL MEMBERS

Georgia Halakos, President - (302) 379-4335

Peter Xarhoulakos, First Vice President - (302) 562-5151

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George Rassias, Treasurer - (610) 322-3200

Dena Verikakis, Secretary - (484) 433-3896

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Holy Trinity Website Address: www.holytrinitywilmington.org

ALL ARTICLES & ANNOUNCEMENTS MUST BE IN THE OFFICE BY THE 15TH OF EACH MONTH.
THESE ARTICLES & ANNOUNCEMENTS CAN BE DROPPED OFF, EMAILED, FAXED OR U. S. MAIL.

FOR ANY CHANGES TO THE CHURCH SERVICES
OR PARISH EVENTS PLEASE CHECK WEEKLY BULLETIN AND PARISH WEBSITE



HOLY TRINITY GREEK ORTHODOX CATHEDRAL



ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

April 2025

Dear beloved parishioners of Holy Trinity,

April is here! Spring has sprung! After the cold and dormancy of winter, we are already experiencing warmer temperatures, blooming flowers and longer daylight hours. Nature is waking up after winter and the season of new beginnings and renewal has begun! In that sense, the coming of Pascha, Christ's Resurrection, marks the victory and triumph of life over death and sin, which is the quintessence and core of our Orthodox Faith.

In the Nicene Creed, our Symbol of Faith, we proclaim: "And He rose on the third day, according to the Scriptures. ... I look for the resurrection of the dead, and the life of the age to come. Amen." The Christ's Resurrection is the cornerstone of our Faith, as it demonstrates that Christ's sacrifice on the Cross has overcome death and offers eternal life to those who believe in him. It signifies that Christ conquered death through his death and resurrection, offering humanity a path to eternal life. This "eternal life" promised by our Savior, will become a reality when all the dead shall arise and come to meet Jesus, as St. Paul affirms: "For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have fallen asleep" (1 Thessalonians 4:14). Jesus Christ's Resurrection constitutes the first fruits of the resurrection for all humanity. This is exactly what St. Paul means in the aforementioned verse. And this is exactly what we celebrate on Easter: the opening of Paradise closed, as St. John of Damascus writes: "Your death, O Lord, became the agent of immortality; for if you had not been laid in the tomb, Paradise would not have been opened".

I am using all these scriptural and theological references, not to bore you, but to clarify and demonstrate once again the verity and beauty of our Orthodox Faith, which constantly reminds us that we are the Church of the Resurrection! Unfortunately, most of us, being absorbed and disoriented by the matters and trials of this worldly life, often miss the point and essence of our faith. We may come to Church often and "fulfill" our "religious obligations" properly, but we do things in a very mechanical fashion, outwardly, letting the true meanings and messages of our faith pass by and go to waste. The glorious night of the Resurrection, on Holy Saturday night, our Church will boldly remind us that "Christ is Risen" and we will splendidly proclaim that "Truly He is Risen!". Do we truly and indeed believe that? Do we believe that Jesus Christ rose from the dead and so will we? For, if we do believe that, then everything in our lives must be changed. Fear of death must not overcome us, but only fear of missing salvation. If we see things through the light and prism of Christ's Resurrection and our promised future resurrection, then this life will become sweeter and easier; problems, trials, and difficulties will only become the vessel and way to draw us closer to God, where there is no room for despair and loss of faith and hope.

After a long winter and a 40-day Lent, it is time to enjoy Spring and rejoice in Christ's Resurrection. Jesus Christ is our life. He is everything. He must be our priority. He must become the center of our hearts, choices and decisions. And even though this life is full of tribulations and challenges, we must rely on Christ and commend ourselves to Him. He has conquered death and promised us an eternal life with Him! Is there anything better than this? The Orthodox Church is an absolute blessing in our lives. We ought to glorify and thank God every day for giving us such a divine gift. The Church is the hospital for the spiritually sick, the hotel for the spiritually tired and exhausted, and the home for everyone. Christ assured us of this through His glorious Resurrection and His promise of our resurrection and eternal life.



Continued...

Continued...

My beloved,

As your pastor and spiritual father, I humbly ask that we do not miss this year's Easter. I don't mean only physically but also spiritually. Our Parish will be offering us a wealth of spiritual opportunities and Services to enhance our spiritual life and truly, wholly, and meaningfully live all the magnificent divine events that will be unfolded before us on Holy Week. Please make time to come to Church on Holy Week. This is the time we dedicate to our Lord and a small token of our appreciation to Him for being in our lives. Please fast, cleanse your souls through confession, prepare your souls and bodies for His Passion and Resurrection, love, forgive, forget, support, smile, rejoice, spread kindness and compassion to all. And most importantly, the night of the Resurrection, come to Church and stay for the Divine Liturgy, which is the "most beautiful" Liturgy of the year. That Divine Liturgy follows the exclamation of "Χριστός Ανέστη – Christ is Risen" and fulfills the celebration of Easter and our preparation all through Great Lent. Please stay and partake of the Risen Immaculate Body and Blood of Jesus Christ so that we may sing: "Grant o Lord that we may more distinctly partake of You, on that day that has no evening in Your Kingdom" Amen!

Happy, blessed and glorious Easter to all! Kali Anastasi! May the Risen Lord give health and abundant blessings to you and your families!



Archimandrite of the Ecumenical Throne
Christoforos Oikonomidis, Presiding Priest

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Απρίλιος 2025

Αγαπητοί μου Ενορίτες,

Η Χάρη και η μακροθυμία του Θεού μας αξιώνει και πάλι να φθάσουμε στις πανάγιες ημέρες του Πάσχα, να ζήσουμε από κοντά τα Θεία Πάθη και όλα τα γεγονότα της Μεγάλης Εβδομάδας, και να εορτάσουμε πανηγυρικά και χαρούμενα την Ζωηφόρο και Λαμπροφόρο Ανάσταση του Κυρίου μας. Το κλίμα των αγίων ημερών που ζούμε μέσα στην Εκκλησία, μαζί με την άνοιξη που ήρθε δυναμικά μετά από ένα βαρύ χειμώνα, μας βοηθούν να προετοιμαστούμε καλύτερα πνευματικά, ψυχικά και σωματικά ώστε να καταλάβουμε τα σπουδαία νοήματα της Αναστάσεως. Η αναγέννηση της φύσης, το άνθισμα το λουλουδιών και τα αρώματα που η φύση απλόχερα σκορπάζει στον αέρα, μας θυμίζουν το «γλυκύ έαρ» όπως ψάλλουμε στα Εγκώμια, που δεν είναι άλλος από τον Κύριό μας Ιησού Χριστό.

Για εμάς τους Ορθοδόξους Χριστιανούς, το Πάσχα δεν είναι απλά μια «παραδοσιακή τελετή» η οποία περνάει από γενιά σε γενιά. Βέβαια, είναι στο "DNA" μας να αγαπούμε ιδιαίτερα αυτή την εποχή και γιορτή, και μάλιστα να φέρνουμε στο μυαλό μας μνήμες και αναμνήσεις από τα παιδικά μας χρόνια: όταν οι γονείς μας, ο παππούς και η γιαγιά μας πήγαιναν στην Εκκλησία να ακούσουμε τα «12 Ευαγγέλια», να στολίσουμε τον Επιτάφιο και να ξευχτίσουμε, να πάμε στην «Αποκαθήλωση», στα «Εγκώμια», στην «Πρώτη Ανάσταση» όπου θα κάναμε και πολύ «θόρυβο» χτυπώντας τις καρέκλες και άλλα κατσαρολικά, μετά να πάμε σπίτι και να τσιμπήσουμε κρυφά ένα αυγό ή λίγο τσουρέκι, αν και ήταν ακόμα νηστεία, και τέλος να πάμε το βράδυ στην «Ανάσταση», να ακούσουμε το «Χριστός Ανέστη», να φιληθούμε με τους αγαπημένους μας και μετά να πάμε να φάμε τη «μαγειρίτσα» και να γιορτάσουμε με την οικογένεια, ενώ την άλλη μέρα τη «Λαμπρή» να σουβλίσουμε το αρνί και να γλεντήσουμε (εγώ πρόλαβα τις σουβλες που τις γυρίζαμε με το χέρι...).

Όλα τα παραπάνω είναι πολύ ωραία, μας έχουν σημαδέψει και μας ακολουθούν μια ζωή. Όμως το νόημα της Εορτής δεν είναι να φάμε, να πιούμε και να χορέψουμε. Καλά είναι κι αυτά, αλλά έρχονται ως αποτέλεσμα της συνηθειοποίησης του αληθινού μηνύματος του Πάσχα, που δεν είναι άλλο από τη νίκη του Χριστού έναντι του Διαβόλου, και της ζωής έναντι του θανάτου. Ο Απόστολος Παύλος μας υπενθυμίζει ότι: «Νυνὶ δὲ Χριστὸς ἐγήγερται ἐκ νεκρῶν, ἀπαρχὴ τῶν κοιμημένων. ἐπειδὴ γὰρ δι' ἀνθρώπου θάνατος, καὶ δι' ἀνθρώπου ἀνάστασις νεκρῶν· ὡσπερ γὰρ ἐν τῷ Ἀδὰμ πάντες ἀποθνήσκουσιν, οὕτως καὶ ἐν τῷ Χριστῷ πάντες ζωοποιηθήσονται.» (Α' Κορινθ. 15:20-22) δηλαδή: ο Χριστός όντως έχει αναστηθεί εκ των νεκρών. Αναστήθηκε πρώτος από όλους και έγινε η αρχή της αναστάσεως όλων των κοιμημένων. Επειδή ακριβώς δια μέσου ανθρώπου, του Αδάμ, ήλθε ο θάνατος στο γένος των ανθρώπων, έτσι και δια μέσου ενός ανθρώπου, του νέου Αδάμ, του Χριστού, θα έλθει η ανάσταση των νεκρών. Όπως δηλαδή όλοι οι άνθρωποι πεθαίνουν, έτσι και δια μέσου της χάριτος και της ενώσεως με τον Χριστό όλοι θα ζωοποιηθούν. Και αλλού μας λέγει ο ίδιος Απόστολος: «Εἰ γὰρ πιστεύομεν ὅτι Ἰησοῦς ἀπέθανε καὶ ἀνέστη, οὕτω καὶ ὁ Θεὸς τοὺς κοιμηθέντας διὰ τοῦ Ἰησοῦ ἄξει σὺν αὐτῷ.» (Α' Θεσσαλ. 4:14), δηλαδή: εάν πραγματικά και αληθινά πιστεύουμε ότι ο Ιησούς πέθανε και αναστήθηκε, πρέπει να πιστεύουμε ότι ο Θεός θα αναστήσει αυτούς που πέθαναν με πίστη στο Χριστό και θα τους φέρει μαζί Του στην αιώνια ζωή.

Από τα παραπάνω λόγια του Αποστόλου Παύλου, αλλά και από ολόκληρη τη διδασκαλία της Ορθοδόξου Εκκλησίας μας, καταλαβαίνουμε ότι η Ανάσταση του Χριστού έρχεται να κηρύξει και να αναγγείλει τη δική μας ανάσταση. Η Ανάσταση του Χριστού μας υπενθυμίζει ότι ο θάνατος είναι πρόσκαιρος. Όπως θα πούμε το βράδυ της Αναστάσεως στη Θεία Λειτουργία: ο Άδης πικράθηκε γιατί συνειδητοποίησε ότι δεν είχε πλέον δύναμη ώστε να κρατήσει τους νεκρούς φυλακισμένους. Επομένως, ο ανθρώπινος θάνατος από μόνιμη κατάσταση έγινε πρόσκαιρη. Με λαχτάρα και ελπίδα περιμένουμε την Δευτέρα Παρουσία του Κυρίου μας, την ανάσταση του ανθρωπίνου γένους και την αιώνια ζωή κοντά στον Χριστό και τους αγαπημένους μας, όπως ομολογούμε στο Σύμβολο της Πίστεως: «Και πάλιν έρχόμενον μετὰ δόξης κρῖναι ζώντας και νεκρούς, οὗ τῆς βασιλείας οὐκ ἔσται τέλος. ... Προσδοκῶ ἀνάστασιν νεκρῶν. Καὶ ζωὴν τοῦ μέλλοντος αἰῶνος. Ἀμήν.»

Η Ανάσταση του Χριστού έχει και άλλο ένα σπουδαίο νόημα: μας υπενθυμίζει ότι υπάρχει πάντα ελπίδα στη ζωή μας. Κάθε άνθρωπος βασανίζεται και δοκιμάζεται σ' αυτή τη ζωή. Πίκρες, θλίψεις, δοκιμασίες, πόνος, αρρώστιες, αποτυχίες, απελπισία, απογοήτευση... πολλές φορές νιώθουμε να σηκώνουμε τον δικό μας σταυρό και να ανεβαίνουμε τον δικό μας Γολγοθά. Τότε ακριβώς πρέπει να θυμόμαστε ότι και ο Χριστός μας πέρασε τα ίδια, ταπεινώθηκε, υπέφερε, βασανίστηκε, σταυρώθηκε και πέθανε. Αλλά δεν τελείωσε εκεί η ιστορία. Την τρίτη ημέρα Αναστήθηκε από τους νεκρούς. Γι' αυτό αδελφοί μου, να μην λυγίζουμε, να μην το βάζουμε κάτω. Με παράδειγμα τον Χριστό μας, με μετάνοια, προσευχή και συμμετοχή στα Μυστήρια της Εκκλησίας μας, να στεκόμαστε στα πόδια μας και να έχουμε ελπίδα και πίστη ότι μετά τον Σταυρό έρχεται η Ανάσταση!

Αγαπητοί μου,

Η πίστη μας είναι βιωματική. Πίστη σημαίνει εμπειρία. Μόνο μέσα στην Εκκλησία γευόμαστε και βιώνουμε πραγματικά όλα τα νοήματα της πίστης μας. «Γεύσασθε καὶ ἴδετε ὅτι χρηστός ὁ Κύριος» ψάλλουμε πριν κοινωνήσουμε στην Θεία Λειτουργία των Προηγιασμένων Δώρων. Ελάτε λοιπόν να γευτείτε και να δείτε με τα μάτια σας την γλύκα και την ομορφιά που μας μεταδίδει ο Χριστός μέσα στην Εκκλησία. Έρχεται η Μεγάλη Εβδομάδα. Τι θα κάνουμε; Πως θα την περάσουμε; Θα την ζήσουμε; Και που και πως θα την ζήσουμε; Όλα αυτά τα ερωτήματα έχουν μία απάντηση: μόνο μέσα στην Εκκλησία! Είμαστε τόσο ευλογημένοι από τον Θεό που έχουμε τη δυνατότητα να πάμε στην Εκκλησία και να γίνουμε αυτόπτες μάρτυρες του μεγαλείου της αγάπης του Θεού. Αυτό είναι η Μεγάλη Εβδομάδα, το μεγαλείο της αγάπης του Θεού στον άνθρωπο.

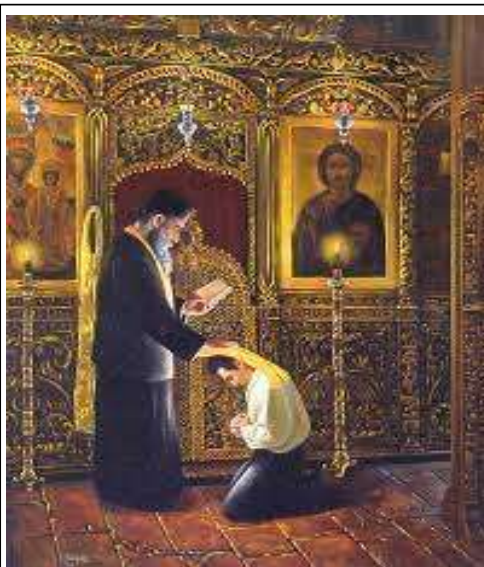
Σας παρακαλώ, κάντε λίγο χώρο στην πολυάσχολη ζωή σας για τον Χριστό. Βρείτε λίγο χρόνο να τον αφιερώσετε σε Εκείνον. Ελάτε στις Ακολουθίες και Λειτουργίες της Μεγάλης Εβδομάδας, και μαζί με την καθαριότητα του σπιτιού μας, ας καθαρίσουμε και τις ψυχές μας. Και το βράδυ του Μεγάλου Σαββάτου, μετά το «Χριστός Ανέστη» που θα ψάλλουμε τα μεσάνυχτα, ας παραμείνουμε στην Εκκλησία, να ακούσουμε την Θεία Λειτουργία της Αναστάσεως και να κοινωνήσουμε το Αναστημένο Σώμα και Αίμα του Κυρίου μας Ιησού Χριστού. Υπάρχει τίποτα καλύτερο απ' αυτό;

Καλή Ανάσταση! Εύχομαι σε σας και τις οικογένειές σας υγεία, ψυχική και σωματική, και την αληθινή χαρά της Αναστάσεως!

† Δέσπ. Γεωργ. Οικουμεν. Οικονομίδης

π. Χριστοφόρος Οικονομίδης

Αρχιμανδρίτης του Οικουμενικού Θρόνου, Ιερατικώς Προϊστάμενος



## Holy Confession

### Ιερά Εξομολόγηση

❖ Thursday, April 3rd: 4pm – 5.30pm

**Πέμπτη 3 Απριλίου από 4 έως 5.30 το απόγευμα**

❖ Tuesday, April 8<sup>th</sup>: 1pm – 3pm

**Τρίτη 8 Απριλίου από 1 έως 3 το μεσημέρι**

❖ Wednesday, April 9<sup>th</sup>: 5pm – 6pm

**Τετάρτη 9 Απριλίου από 5 έως 6 το απόγευμα**

Please call the Church office at (302) 654-4446 to make an appointment or email Susie at [greekorth@holytrinitywilmington.org](mailto:greekorth@holytrinitywilmington.org)

**Καλέστε στο γραφείο της Εκκλησίας στο (302) 654-4446 ή στείλτε email στο [greekorth@holytrinitywilmington.org](mailto:greekorth@holytrinitywilmington.org)**



## ΚΑΘΕΔΡΙΚΟΣ ΙΕΡΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

808 N. Broom Street, Wilmington, Delaware 19806

Phone: 302.654.4446 Fax: 302.654.4204

Email: office@holytrinitywilmington.org Website: holytrinitywilmington.org



# ΠΡΟΓΡΑΜΜΑ ΜΕΓΑΛΗΣ ΕΒΔΟΜΑΔΟΣ 2025



### ΣΑΒΒΑΤΟ ΤΟΥ ΛΑΖΑΡΟΥ (12 Απριλίου)

(πρωί) Όρθρος.....9 π.μ.  
Υποδειγματική (με επεξήγηση)  
Θεία Λειτουργία.....10 π.μ.  
*Θα ακολουθήσει πρωινό για τα παιδιά  
και κατασκευή σταυρών από βιάια*

### ΚΥΡΙΑΚΗ ΒΑΪΩΝ (13 Απριλίου)

(πρωί) Όρθρος.....9 π.μ.  
Θεία Λειτουργία.....10 π.μ.  
(απόγευμα) Ακολουθία Νυμφίου.....7 μ.μ.

### ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ (14 Απριλίου)

(πρωί) Θ. Λειτουργία των Προηγιασμένων  
Δώρων .....9 -10:30 π.μ.  
(απόγευμα) Ακολουθία Νυμφίου...6:30 μ.μ.

### ΜΕΓΑΛΗ ΤΡΙΤΗ (15 Απριλίου)

(απόγευμα) Ακολουθία Νυμφίου  
(Τροπάριον Κασσιανής).....6:30 μ.μ.

### ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ (16 Απριλίου)

(απόγευμα) Ιερό Ευχέλαιο.....5 μ.μ.  
(βράδυ) Όρθρος Μ. Πέμπτης, καθώς  
και Ιερό Ευχέλαιο.....7 μ.μ.

### ΜΕΓΑΛΗ ΠΕΜΠΤΗ (17 Απριλίου)

(πρωί) Θ. Λειτουργία .....9-11 π.μ.  
(απόγευμα) Ακολουθία των Παθών -  
12 Ευαγγέλια.....6:30 μ.μ.



### ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ (18 Απριλίου)

(πρωί) Ακολουθία των Μεγάλων Ωρών.....  
.....10 π.μ. έως 12:00 μ.μ.  
(μεσημέρι) Εσπερινός της Αποκαθλώσεως,  
χοροστατούντος του Σεβασμιωτάτου Μητροπο-  
λίτου Νέας Ιερσέης κ. ΑΠΟΣΤΟΛΟΥ.....2:30 μ.μ.  
(βράδυ) Επιτάφιος Θρήνος.....7 μ.μ.

### ΜΕΓΑΛΟ ΣΑΒΒΑΤΟ (19 Απριλίου)

(πρωί) Θεία Λειτουργία και πρώτη  
Ανάσταση.....9:30-11:30 π.μ.  
(βράδυ) Μεσονυκτικό Αναστάσεως..11 μ.μ.  
Ανάσταση.....12 μεσάνυχτα  
και ακολουθεί η Αναστάσιμη Θ.  
Λειτουργία έως 1.30 π.μ.

### ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ (20 Απριλίου)

(μεσημέρι) Εσπερινός της Αγάπης...12 μ.μ.





# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

808 N. BROOM STREET

WILMINGTON, DELAWARE 19806

Phone: 302.654.4446 Fax: 302.654.4204

Email: [office@holytrinitywilmington.org](mailto:office@holytrinitywilmington.org) Website: [holytrinitywilmington.org](http://holytrinitywilmington.org)



## 2025 HOLY WEEK SCHEDULE

### SATURDAY OF LAZARUS (April 12<sup>th</sup>)

Orthros.....9:00 AM

Instructional Divine Liturgy.....10:00 AM

*Breakfast & Palm Crosses Preparation after services*

### PALM SUNDAY (April 13<sup>th</sup>)

**Morning:** Orthros.....9:00 AM

Divine Liturgy.....10:00 AM

**Evening:** Service of the Bridegroom .....7:00 PM

### HOLY MONDAY (April 14<sup>th</sup>)

**Morning:** Presanctified Liturgy.....9:00-10:30 AM

**Evening:** Service of the Bridegroom.....6:30 PM

### HOLY TUESDAY (April 15<sup>th</sup>)

**Evening:** Service of the Bridegroom.....6:30 PM

### HOLY WEDNESDAY (April 16<sup>th</sup>)

**Afternoon:** Sacrament of Holy Unction .....5:00 PM

**Evening:** Mystical Supper Orthros (& Holy Unction).....7:00 PM

### HOLY THURSDAY (April 17<sup>th</sup>)

**Morning:** Vespereal Divine Liturgy.....9:00-11:00 AM

**Evening:** The Lord's Passion Service (12 Gospels).....6:30 PM

### HOLY FRIDAY (April 18<sup>th</sup>)

**Morning:** Great and Royal Hours.....10:00 AM – 12:00 PM

*Sunday School Retreat*

**Afternoon:** Apokathelosis Service (Unnailing from the Cross) presided over by our Chief Shepherd, His Eminence Metropolitan Apostolos of New Jersey.....2:30 PM

**Evening:** Service of the Lamentations (Epitaphios).....7:00 PM

### HOLY SATURDAY (April 19<sup>th</sup>)

**Morning:** Vespereal Divine Liturgy and proti Anastasis .....9:30-11:30 AM

**Evening:** Preresurrection Service .....11:00 PM

**RESURRECTION @ 12 Midnight**, followed by the Paschal D. Liturgy (until 1:30 AM)

### EASTER SUNDAY (April 20<sup>th</sup>)

Agape Vespers Service.....12:00PM

(The above liturgical schedule times are subject to change)

Holy Trinity Greek Orthodox Cathedral  
Wilmington, Delaware



# HOLY FRIDAY SUNDAY SCHOOL RETREAT

***LED BY HIS EMINENCE METROPOLITAN  
APOSTOLOS OF NEW JERSEY***

***April 18, 2025***

***11:00am - 2:30pm***

Kindergarten through 12<sup>th</sup> grade

## SCHEDULE

11:00a – Welcome / Preparations in Church

12:00p – Discussion with His Eminence

12:30p – Lunch

1:00p – Activities, Preparations Continued

2:30p – Closing



The Service of the Descent from the Cross/Apokathilosis will follow presided over by His Eminence Metropolitan Apostolos of New Jersey

RSVP by Holy Wednesday, April 16, via email to [amalea.rassias@gmail.com](mailto:amalea.rassias@gmail.com)

*Permission slips, signed by Fr. Christoforos, for an excused school absence will be available that day for any attendee who may need it.*

***We look forward to seeing all children  
of Holy Trinity Family in attendance!***



## A message from the Parish Council President

Dear Parishioners,

As we progress through Lent, our Parish is fortunate to have various wonderful events leading up to Easter. The youth took part in the Saint John Chrysostom Oratorical festival, where four GOYAns advanced to the Delaware Valley district level. One GOYAn will compete at the Metropolis level on April 26th in Philadelphia. We wish them the best of luck in their efforts.

During this Lenten season, we invite you to consider making a stewardship pledge to support our Cathedral. Contributing during Lent is a meaningful way to express our faith by returning our blessings to God in gratitude. Your commitment has a profound impact on our Parish.

We invite you to celebrate Greek Independence Day with our Parish on Sunday, April 6th, in Philadelphia. We encourage all Parishioners, both young and old, to join us in the march. Please wear blue and white or traditional Greek clothing to show your love and support for our beloved Cathedral.

May you have a blessed and joyful Pascha.

In Christ's Service,  
Georgia Halakos



## **THANKS TO ALL OUR VOLUNTEERS**

**Thank you to our Greek School Parents who prepped on Wednesday Nights  
and to all the parishioners who came during the past week!  
Because of you we have...**



**146 Trays of  
DOLMADES DONE!!!!**





## Philoptochos Sisterhood of Holy Trinity St. Agape Chapter



Dear Father Christoforos, Ladies of Philoptochos and Parishioners:

I pray this bulletin finds you all well. We were happy to once again assist in making the dolmades for our Annual Festival. As is the tradition, the Ladies of Philoptochos passed a tray on the Sunday of Orthodoxy for the Metropolis Social Fund. In addition, we also hosted the first Pre-Sanctified Liturgy meal following services on March 5.

A heartfelt thank you to the Youth Advisors of our Hope/Joy ministry for the koliva workshop which took place on March 7th. As a result of this workshop, we were all able to provide our koliva for the Saturday of Souls service held the next day in memory of our departed loved ones.

Our fasoloda Lenten event was successful as well as delicious. A huge thank you to Eleni Karakasidis and all the ladies who assisted in serving.

On March 29 several of us attended The Light of the Cross luncheon supporting The Hellenic College of Holy Cross Greek Orthodox School of Theology. In addition, several of the ladies attended the Rise Against Hunger Event at St. Luke in Broomall where 15,000 meals were packaged and later that evening we supported the Philoptochos Chapter of St. Demetrios in attending their annual Bid N Buy.

We will be hosting the Palm Sunday luncheon, which will include Bakaliaro with Skordalia along with all the trimmings. If you require a large order, please let us know in advance so that we can ensure a smooth and efficient process.

In this bulletin is the form for ordering the tsourekia and koulourakia for Easter. Please be sure to complete this form as soon as possible and give your orders and check to Eleni Karakasidis. You can also order online: [wilmingtongreekcookies@gmail.com](mailto:wilmingtongreekcookies@gmail.com) or call 302-898-6047.

Our next Philoptochos meeting will be held on April 1 at 6:00pm.

Our baking for the koulourakia and tsourekia for the homebound will be on Tuesday, April 8 beginning at 10:00am.

I wish you all Kali Anastasi.

In Christ's Service,

Dena Verikakis

---

### **Kollyva for Memorials**

**The Philoptochos Society will prepare the tray of Kollyva for any family of our community. The cost of \$125 includes the Prosforon, oil and wine. Please allow at least a week and call the church office 654-4446 and Susie will contact the Philoptochos. Your donation of \$125 (less cost), will help Philoptochos Charities.**



HOLY TRINITY GREEK ORTHODOX CATHEDRAL



ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

# DEADLINE MAY 1st

Dear Holy Trinity family:

We're excited to announce a fantastic holiday excursion open to all our parishioners and their families to see the spectacular show "Noah" at the Sight & Sound Theater at Lancaster, Pennsylvania. Their productions are well-known, and this one is no exception! Tickets are selling fast – as a matter of fact they've already sold out through the summer.

We've secured 100 tickets for the 3:00pm show on December 13, 2025. Given the immense popularity, we need your response by May 1<sup>st</sup> to reserve your spot. To make this trip even more convenient, we're offering bus transportation. You're welcome to join us on the bus or drive yourself. The ticket price is \$42 for children aged 12 and under and \$75 for all others. Bus transportation will add an additional \$25 per person.

This will be a memorable family friendly trip. We look forward to hearing from you by May 1<sup>st</sup> and sharing this wonderful experience.

**We've attached a link for your enjoyment!**

Please contact:

Angie Karakasidis – [akarakasidis@yahoo.com](mailto:akarakasidis@yahoo.com) or 610-864-4621

Or Dena Verikakis – [dverikakis@yahoo.com](mailto:dverikakis@yahoo.com) or 484-433-3896





**Ladies Philoptochos Society  
 Saint Agape Chapter  
 Holy Trinity Greek Orthodox Cathedral  
 Wilmington, Delaware  
 Tsoureki & Koulouraki Sale**



**Orders are due by April 6th, 2024**

**Orders can be picked up in the church hall on Palm Sunday, April 13th during coffee hour**

**Make checks payable to: Philoptochos Society and send to: Eleni Karakasidis  
 270 Avonwood Rd, Kennett Square, PA 19348**

**Contact: [wilmingtongreekcookies@gmail.com](mailto:wilmingtongreekcookies@gmail.com) or 302-898-6047 with any questions**

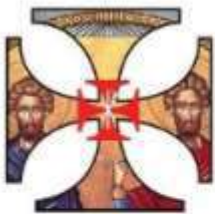
| Name:            |        | Number: |                          |       |
|------------------|--------|---------|--------------------------|-------|
| Item             | Pieces | Price   | Quantity                 | Total |
| Koulourakia      | 12     | \$15    |                          |       |
| Tsoureki (Large) | 1      | \$25    |                          |       |
| Tsoureki (Small) | 1      | \$17    |                          |       |
|                  |        |         | <b>Total Amount Due:</b> |       |



## **!!! ATTENTION !!!**

**Help is needed to fold palms into Crosses for Palm Sunday on Saturday of Lazarus, April 12<sup>th</sup> after the Divine Liturgy.**

**Please bring your red dyed hard boiled eggs to the Church during Holy Week by Holy Thursday so they may be wrapped in tulle for distribution at the Paschal Liturgy.**



### **PALM SUNDAY COMMUNITY LUNCH**

Hosted by Philoptochos  
**SUNDAY APRIL 13TH**



**BAKALIARO WITH SKORDALIA**

**Cod with Garlic Potatoes**



**Cost of Lunch: \$25**

**Proceeds will Benefit Philoptochos Charities**

**For large family reservations please reach out to**

**Dena Verikakis (484) 433-3896**

**We will pack your lunch TO-GO**

# GOYA NEWS

VASIL DARGAKIS: PRESIDENT

APRIL 2025

## PAST EVENTS

Our GOYANs attended St Katherine's Basketball Tournament on Mar 1 and 2

We participated in Sights and Sounds in Egg Harbor, NJ on Mar 22



## UPCOMING EVENTS

4/2 GOYA/JOY HOPE HOSTS PRESANCTIFIED MEAL

4/6 PARADE IN PHILLY AND DANCE PERFORMANCE

4/12 SAT OF LAZARUS  
\*PALM FOLDING

## HOLY WEEK/CHURCH

4/18 Holy Friday Youth Retreat: 11 am

\*Place cups on candles

\*Goyans wrap Easter eggs and

\*Stuff candy in the plastic eggs.

3 pm Apokathelosis w/ His Eminence Apostolos

Holy Friday Night:

Evening Lamentations

Goya liturgical choir

4/20 Easter Sunday

Goya hosts Easter egg hunt following the Agapi Service

4/27 GOYA hosts Coffee hour



# A great big THANK YOU

**FOR YOUR DONATIONS FOR OUR ALTAR BOY ROBES  
Because of you we were able to purchase 30 new sets!!  
(20 Gold & 10 Purple for Holy Week)  
Thank you for your generosity and willingness to give!**

**Fr. Christoforos Oikonomidis  
Altar Guild**

**Rick & Diana Galaris**

**David & Eugenia Gray**

**Victor & Leeza Kaliakin**

**John & Vickie Karakasidis**

**Steve & Angie Karakasidis**

**Michael & Kathy Klezaras**

**Daughters of Penelope,  
*in loving memory of Virginia Karablacas***

**Dimitra Lempesis**

**Jessica Marvel**

**Ted & Sandy Nannas**

**George & Stavroula Pettaris**

**Philoptochos Society**

**Tom & Cindy Psaltis**

**Leo & Irene Rasis**

**George & Amalea Rassias**

**Anna Tsionas**

**Yvonne Vassilatos**

**Dena Verikakis**

**Joe & Para Wolcott**



# KOLLYVA WORKSHOP

Friday, March 7th, prior to the Salutations Service we had a wonderful "Kollyva" workshop and we explained the origins and symbolism of this practice of our Church. Then, together with the children, we made Kollyva for Saturday. Special Thanks to Angie Karakasidis and Tania Tawfik for organizing this workshop.







## LAZARUS SATURDAY

### Apolytikion in the First Tone

O Christ our God, before Your Passion, You raised Lazarus from the dead to confirm the common Resurrection for all. Therefore, we carry the symbols of victory as did the youths, and we cry out to You, the victor over death, "Hosanna in the highest. Blessed is He who comes in the name of the Lord. "

### Kontakion in the Second Tone

Christ, everyone's joy, the truth, the light, life, the resurrection of the world, has by His goodness appeared to those on earth. He is the archetype of the resurrection, granting divine forgiveness to all.

### Reading:

Lazarus and his sisters Martha and Mary, the friends of the Lord Jesus, had given Him hospitality and served Him many times (Luke 10:38-42; John 12:2-3). They were from Bethany, a village of Judea. This village is situated in the eastern parts by the foothills of the Mount of Olives, about two Roman miles from Jerusalem. When Lazarus - whose name is a Hellenized form of "Eleazar," which means "God has helped," became ill some days before the saving Passion, his sisters had this report taken to our Saviour,

Who was then in Galilee. Nonetheless, He tarried yet two more days until Lazarus died; then He said to His disciples, "Let us go into Judea that I might awake My friend who sleepeth." By this, of course, He meant the deep sleep of death. On arriving at Bethany, He consoled the sisters of Lazarus, who was already four days dead. Jesus groaned in spirit and was troubled at the death of His beloved friend. He asked, "Where have ye laid his body?" and He wept over him. When He drew nigh to the tomb, He commanded that they remove the stone, and He lifted up His eyes, and giving thanks to God the Father, He cried out with a loud voice, "Lazarus, come forth." And he that had been dead four days came forth immediately, bound hand and foot with the grave clothes, and Jesus said to those standing there, "Loose him, and let him go." This is the supernatural wonder wrought by the Saviour that we celebrate on this day.

According to an ancient tradition, it is said that Lazarus was thirty years old when the Lord raised him; then he lived another thirty years on Cyprus and there reposed in the Lord. It is furthermore related that after he was raised from the dead, he never laughed till the end of his life, but that once only, when he saw someone stealing a clay vessel, he smiled and said, "Clay stealing clay." His grave is situated in the city of Kition, having the inscription: "Lazarus the four days dead and friend of Christ." In 890 his sacred relics were transferred to Constantinople by Emperor Leo the Wise, at which time undoubtedly the Emperor composed his stichera for Vespers, "Wishing to behold the tomb of Lazarus . . ."

## HOLY TRINITY REGISTRY

### Funerals:

**Sandra Pappas** fell asleep in the Lord on March 12, 2025. Her funeral was held at Holy Trinity on March 27, 2025. She is survived by her loving sister, Catherine (Pappas) Michell, and brother-in-law, Dr. Theodore W. Michell, and her nieces whom she loved with all her heart, Dr. Alexis (Dr. Nicholas) Souleles, Joanna Michell Kayiaros, and Valerie (Dr. John) Roussalis. She also leaves behind her beloved great nieces and nephews, Anna and Katherine Kayiaros, Chrisoula Souleles, and Elias and Theodore Roussalis. May her memory be eternal.

### Memorials:

Theodore Hantzandreou ~ 1 Year ~ March 1

Constantinos Kromedas ~ 40 Day ~ March 2

Agnes Dignam ~ 4 Years ~ March 16

Mihalis Philippou ~ 40 Days ~ March 16

Christodoulos Mantzavinou ~ 5 Years ~ March 30

# April 2025

| Sun                                                                                                                                                                          | Mon                                                                          | Tue                                                                                                                                        | Wed                                                                                                                                                   | Thu                                                                                                           | Fri                                                                                                                                                     | Sat                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                              |                                                                              | 1<br><br>6pm Philoptochos Meeting                                                                                                          | 2<br>12pm Bible Study<br>5:30pm Greek School<br><b>6:30pm Presanctified Liturgy</b><br>8pm Community Meal (GOYA)                                      | 3<br>4-6pm Confessions<br><br>6pm YAL Movie Night <i>Passion of the Christ</i><br><br>7pm GOYA Dance Practice | 4<br>1pm Flag Raising Philadelphia, PA<br><br><b>6:30pm Akathyst to the Theotokos</b>                                                                   | 5<br>5pm Eletheria Banquet @ Sheraton Philadelphia                                                                                                         |
| 6<br><b>St Mary of Egypt</b><br>9:00am Orthros/Divine Liturgy<br>Sunday School<br><br>2pm Greek Independence Day Parade, Philadelphia, PA                                    | 7<br><br>6pm Last Compline with Orthodox Discussion                          | 8<br><br>9am Philoptochos Baking<br><br>1-3pm Confessions                                                                                  | 9<br>12pm Bible Study<br>5:30pm Greek School<br>5-6pm Confessions<br><b>6:30pm Presanctified Liturgy</b><br>8pm Community Meal (Parish Council Hosts) | 10<br>12pm Young @ Heart Gathering<br><br>6:30pm Parish Council Meeting<br><br>7pm GOYA Dance Practice        | 11<br><br>6:50pm HOPE JOY Movie Night (King of Kings)                                                                                                   | 12<br><u>Saturday of Lazarus</u><br><b>9:00am Orthros/Divine Liturgy</b><br>Lenten Break<br>Community Palm folding<br>12pm Serving at Emmanuel Dining Room |
| 13<br><u>PALM SUNDAY</u><br>9:00am Orthros/Divine Liturgy<br>Family Sunday/No Sunday School<br>Philoptochos Palm Sunday Lunch<br>Tray for Epitaphio<br><br>7pm Nymphios      | 14<br><u>Holy Monday</u><br>9am Presanctified Liturgy<br><br>6:30pm Nymphios | 15<br><u>Holy Tuesday</u><br><br>6:30pm Nymphios                                                                                           | 16<br><u>Holy Wednesday</u><br><br>5pm Holy Unction<br><br>7pm Nymphios Service/Holy Unction to be distributed                                        | 17<br><u>Holy Thursday</u><br><u>Last Supper</u><br>9am Vesperal Liturgy<br><br>6:30pm Passion of our Lord    | 18<br><u>Holy Friday</u><br>10:00am Great Hours<br>11am Youth Retreat<br>2:30pm Apokathelosis w/His Eminence Metropolitan Apostolos<br>7pm Lamentations | 19<br><u>Holy Saturday</u><br>9am Liturgy of St. Basil<br><br>GOYA Wrap Eggs<br><br>Resurrection<br>11pm Orthros & Liturgy                                 |
| 20<br><u>HOLY PASCHA</u><br>12pm Agape Vespers<br>GOYA Sponsors Egg Hunt                                                                                                     | 21<br>Church Office Closed                                                   | 22<br><br>6:30pm Vespers @ <u>St George@ Philadelphia or Media, PA</u><br><br>6pm DOP Meeting                                              | 23<br><u>St George</u><br>9:00am Orthros/Divine Liturgy<br>12pm Bible Study<br>5:30pm Greek School                                                    | 24<br><br>7pm GOYA Dance Practice                                                                             | 25<br><br>5:30pm HOPE JOY Dance Practice                                                                                                                | 26<br>Metropolis Oratorical Festival @ St George, Philadelphia<br>11:30am Baptism<br><br>6pm Vespers of St Thomas, Cherry Hill NJ                          |
| 27<br><u>Thomas Sunday</u><br>9:00am Orthros/Divine Liturgy<br>Sunday School<br>Elementary Level St John Chrysostom Oratorical Festival<br><br>1pm HUC Speaker in AHEPA Room | 28                                                                           | 29<br>9am Metropolis Clergy Laity @ The Waterfall, Claymont, DE<br><br>6pm S & S, 7pm DVYC Meeting @ St George Cathedral, Philadelphia, PA | 30<br>12pm Bible Study<br>12pm Philoptochos Serving @ Emmanuel Dining Room<br><br>5:30pm Greek School                                                 |                                                                                                               |                                                                                                                                                         |                                                                                                                                                            |



## HOLY TRINITY YOUNG ADULT LEAGUE

### Upcoming Event!

Movie & Discussion w/ Fr. Christoforos



Thursday April 3rd @ 6pm

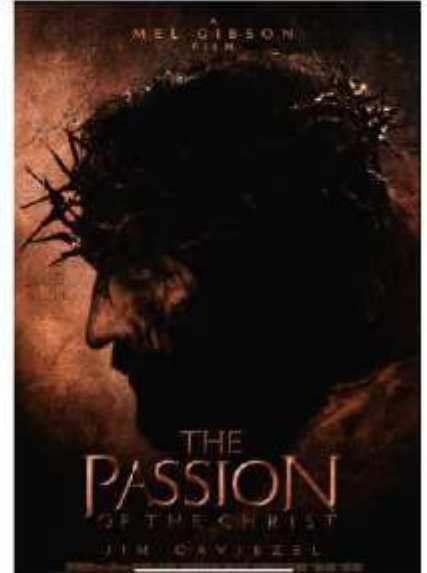
"Passion of Christ" Movie Night & Discussion in Ahepa Room

*Depicts the final twelve hours in the life of Jesus of Nazareth, on the day of his crucifixion in Jerusalem.*

**PLEASE RSVP TO ANNA FOURNARIS**

[fournaris10@gmail.com](mailto:fournaris10@gmail.com)

YAL is a group for all young adults 18 - 35 years old. Married, engaged, single, all are welcome! If you would like to be added to the email list, please email Anna Fournaris



## Holy Trinity's YAL Young Adult League

In March, we gathered for dinner, a movie, and discussion. We watched Man of God, a movie about the trials and tribulations of Saint Nektarios of Aegina, with Father Christoforos. It was a wonderful evening with new and familiar faces!

YAL is a group for all young adults 18 - 35 years old. Married, engaged, single, all are welcome! If you would like to be added to the email list, please email Anna Fournaris [fournaris10@gmail.com](mailto:fournaris10@gmail.com)

Our next meeting is Thursday April 3rd at 6:00 pm. We will be gathering before Holy Week to watch The Passion of Christ with Father Christoforos. Please RSVP to Anna so we can plan food accordingly.



# April

## HOPE & JOY NEWSLETTER

Last month we welcomed the start of Lent by flying our Kites. What a wonderful annual tradition! In addition, we made Kolyva for the third and final Saturday of the Souls. We learned how to prepare them and the symbolism explaining why we prepare them for our loved ones that we have lost. We look forward to celebrating Pascha with our Church Family and look forward to the celebration of the Resurrection of our Lord. Kalo Pascha! Kali Anastasi! Happy Easter!



### Upcoming Events

- Sunday, April 6th  
Greek Parade
- Friday, April 11th  
"King of Kings" Movie Night
- Friday, April 18th  
Good Friday Retreat
- Sunday, April 20th  
Pascha
- Friday, April 25th  
Dance Practice

For more information, please contact  
Angie and Tania at  
[hopejoyhtw@gmail.com](mailto:hopejoyhtw@gmail.com)

HOPE & JOY  
PLEASE JOIN US

# MOVIE NIGHT

"KING OF KINGS"

FRIDAY | APRIL 11TH | 6:50 P.M.

REGAL BRANDYWINE TOWN CENTER

**BOOK YOUR TICKETS AND JOIN US!**

Let us know if you are coming!  
For more information, contact  
Tania and Angie at  
[hopejoyhtw@gmail.com](mailto:hopejoyhtw@gmail.com)





# HOLY TRINITY CATHEDRAL Wilmington, DE **TAVERNA** *Night* SATURDAY, MAY 10TH, 2025



**ALL PROCEEDS  
TO BENEFIT NEW  
HVAC INSTALLATION**

**Great food,  
entertainment,  
dancel  
CASH BAR**

**DOORS OPEN AT 6PM  
PROGRAM STARTS AT 7PM  
\$60 ADULTS  
\$40 KIDS 12 AND UNDER**

**LIVE MUSIC BY:**



**SERGIANI GREEK MUSIC BAND**

**For reservations, contact  
Anna Fournaris at  
fournaris10@gmail.com or the  
church office at 302-654-4446  
greekorth@holytrinitywilmington.org**

On Sunday, March 9, our Holy Trinity Cathedral Community proclaimed the Triumph of Orthodoxy through our Youth!



We also recognized our participants at the Metropolis of New Jersey MDF, who represented our Church so beautifully! We were also blessed to have with us the Rev. Protospresbyter Fr. Emmanuel Pratsinakis, concelebrating Liturgy with Fr. Christoforos.



God  
Bless  
our  
Youth!





## **Lenten Community Meals** **will continue to take place after the Presanctified** **Liturgies each Wednesday Evening @ 6:30pm** **during the Lenten Period.**

We hope you will join us each week as we gather for a Lenten meal as the family of God. The "Main" dish will be provided by the "Hosts". Please bring a friend or family member and your favorite Lenten dish to share.

### **Our Hosts:**

**March 26 ~ Hellenic University Club ~ ~ April 2 ~ GOYA**  
**April 9 ~ Parish Council**



### **Great and Holy Pascha**

#### **Reading:**

Mary Magdalene, and the other women who were present at the burial of our Saviour on Friday evening, returned from Golgotha to the city and prepared fragrant spices and myrrh, so that they might anoint the body of Jesus. On the morrow, because of the law which forbids work on the day of the Sabbath, they rested for the whole day. But at early dawn on the Sunday that followed, almost thirty-six hours since the death of the Life-giving Redeemer, they came to the sepulchre with the spices to anoint His body. While they were considering the difficulty of rolling away the stone from the door of the sepulchre, there was a fearful earthquake; and an Angel, whose countenance shone like lightning and whose garment was white as snow, rolled away the stone and sat upon it. The guards that were there became as dead from fear and took to flight. The women, however, went into the sepulchre, but did not find the Lord's body. Instead, they saw two other Angels in the form of youths clothed in white, who told them that the Saviour was risen, and they sent forth the women, who ran to proclaim to the disciples these gladsome tidings. Then Peter and John arrived, having learned from Mary Magdalene what had come to pass, and

when they entered the tomb, they found only the winding sheets. Therefore, they returned again to the city with joy, as heralds now of the supernatural Resurrection of Christ, Who in truth was seen alive by the disciples on this day on five occasions.

Our Lord, then, was crucified, died, and was buried on Friday, before the setting of the sun, which was the first of His "three days" in the grave; observing the mystical Sabbath, that "seventh day" in which it is said that the Lord "rested from all His works" (Gen. 2:2-3), He passed all of Saturday in the grave; and He arose "while it was yet dark, very early in the morning" on Sunday, the third day, which, according to the Hebrew reckoning, began after sunset on Saturday.

As we celebrate today this joyous Resurrection, we greet and embrace one another in Christ, thereby demonstrating our Saviour's victory over death and corruption, and the destruction of our ancient enmity with God, and His reconciliation toward us, and our inheritance of life everlasting. The feast itself is called Pascha, which is derived from the Hebrew word which means "passover"; because Christ, Who suffered and arose, has made us to pass over from the curse of Adam and slavery to the devil and death unto our primal freedom and blessedness. In addition, this day of this particular week, which is the first of all the rest, is dedicated to the honour of the Lord; in honour and remembrance of the Resurrection, the Apostles transferred to this day the rest from labour that was formerly assigned to the Sabbath of the ancient Law.

**All foods allowed during Renewal Week.**

#### **Apolytikion in the Plagal of the First Tone**

Christ is risen from the dead, trampling death by death, and bestowing life on those in the graves.

#### **Kontakion in the Plagal of the Fourth Tone**

Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.



# 2025 St. John Chrysostom Oratorical Festival

On Friday, March 7, we were blessed to host our Parish Level Oratorical Festival competition.

Congratulations to all 12 of our Holy Trinity Wilmington Parish Level Participants!

We are so proud and honored to hear you speak about the Orthodox faith and teachings.



## Junior Level:

Yianni Karakasidis  
Ellen Kirifides  
Christina Marcantonis  
Katerina Marcantonis  
Frank Wolcott  
Jack Wolcott

## Senior Level:

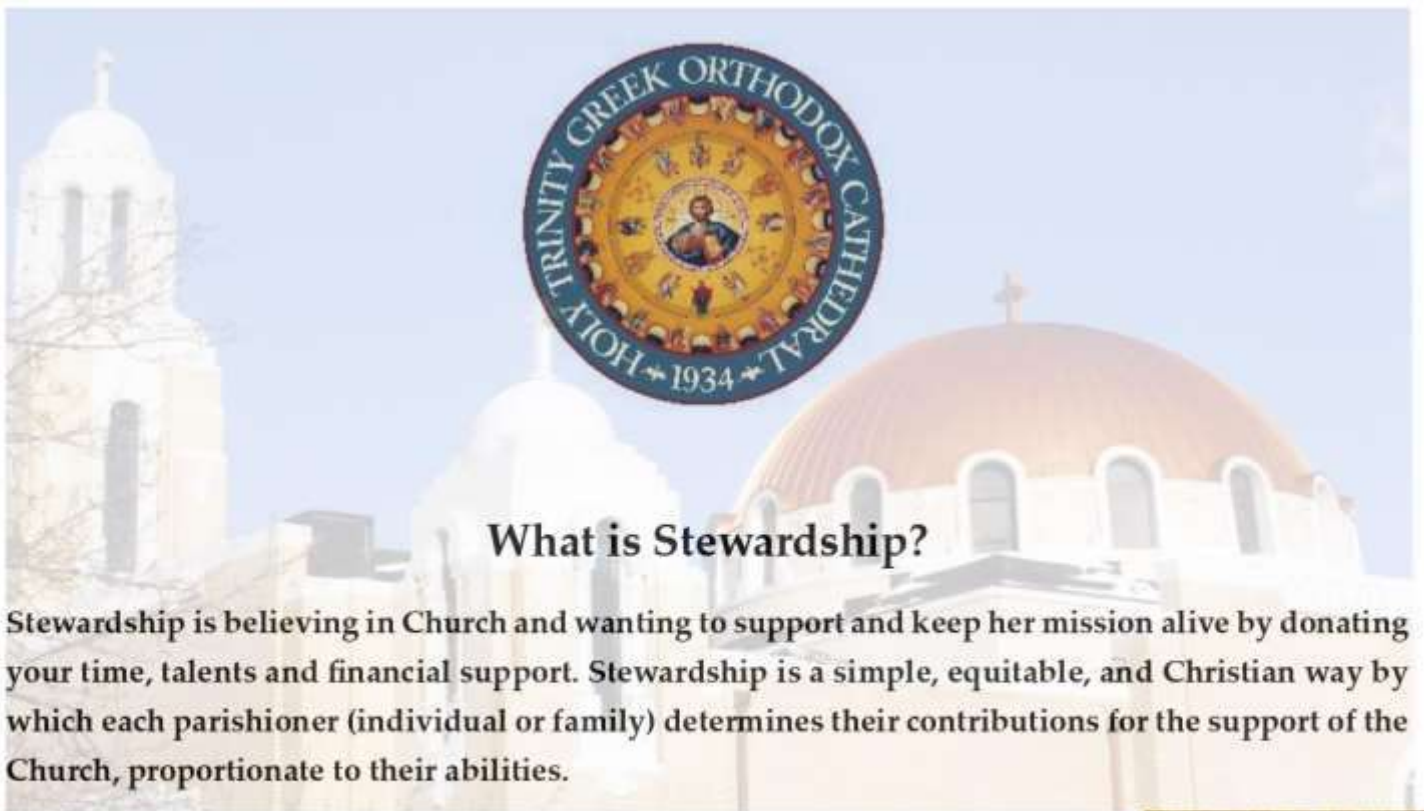
Maria Karakasidis  
Eleni Marcantonis  
Christina Pennia  
Anastasia Thomas  
Nektarios Ludovic Wiechecki  
Josiah Wolcott, Jr.

**Congratulations to  
Ellen, Katerina and Eleni, Nektarios Ludo,**  
who are moved forward to represent our Holy Trinity Parish in  
the District Level Festival on March 15.

Congratulations to Nektarios Ludo who will continue to advance to  
the Metropolis Level Festival Competition on April 26.

**We wish you all God's blessings! Thank you for sharing your faith!**





## What is Stewardship?

Stewardship is believing in Church and wanting to support and keep her mission alive by donating your time, talents and financial support. Stewardship is a simple, equitable, and Christian way by which each parishioner (individual or family) determines their contributions for the support of the Church, proportionate to their abilities.

- A parishioner is an individual 18 years of age or older, or a family
- We currently have 400 families as stewards, but the actual number of families and potential parishioners is much higher
- If all our stewards gave \$40 per week, our operational needs would be met
- We should not financially rely on "rain or shine" Greek Festival
- Based on our 2025 Budget, we need the amount of \$2,000 a day to operate and keep our doors open.



We will give parishioners the opportunity to "Sponsor a Day" @ \$2,000 per day. Anyone who sponsors one or more days will be listed in the bulletin as a Cathedral Day Sponsor. All other stewards will be listed as Cathedral Stewards.

Please commit to helping us continue the mission of our Orthodox Church and Community, as we have been doing for 90 years now!

Your needed stewardship/donation can be made as follows:

- In person: at the parish office
- Mailed to: Holy Trinity Greek Orthodox Church 808 N. Broom St. Wilmington, DE. 19806
- Online: <https://holytrinitywilmington.org>



*For any question or more information please call the church office at: (302) 654-4446  
or email us: [office@holytrinitywilmington.org](mailto:office@holytrinitywilmington.org)*

## 2025 Financial Stewards of Holy Trinity Greek Orthodox Cathedral

|                                   |                                     |                                   |                                   |
|-----------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|
| Al-Annouf, Nabil & Rabia Batah    | Gianelos, James & Stacie            | Lawson, Michael & Victoria        | Theodorakos, Nicholas & Katherine |
| Alexopoulos, Demetri & Lauren     | Giannakakis, Vivian                 | Lazare, John & Sandra             | Tiniakos, Gregory & Elaine        |
| Alexopoulos, John                 | Graham, Catherine                   | Liarakos, George & Ann            | Tsaganos, Nicholas & Joanna       |
| Almasou, Elias & Rasha            | Grigorakakis, Maria                 | Logullo, Desponia & Francis       | Tsaganos, Robert & Popi           |
| Anagnostou, Anamaria              | Guajardo, Evangelina                | Manoloudis, Michael & Kandi       | Tsakataras, George                |
| Anagnostou, Anthoula              | Guardascione, Louis & Shelly        | Mantzavinos, Spiros & Megan       | Tsakumis, George & Julia          |
| Andrianopoulos, Faith             | Halakos, Garifalia                  | Maravelias, James & Diane         | Tsakumis, Theodore                |
| Angeletakis, Christos & Christina | Haldas, George & Beth               | Marcantonis, George & Agnoulia    | Tsigkakos, Dimos & Ioanna         |
| Apeossos, Spyros                  | Haldas, Harry                       | Marvel, Jessica                   | Tsionas, Angela                   |
| Asimos SR, George                 | Haldas, Thomas                      | Michell, Constantine & Elaine     | Tsoukalas, Niki                   |
| Asimos, George & Kristie          | Haldas-Long, Irene                  | Mitoulis, Nikolaos & Stella       | Turley, Steve & Akiko             |
| Athaniadiadis, Fotios & Asmik     | Hall, George & Michelle             | Moriello, Carissa & Nicholas      | Vassiliou, Kleoniki               |
| Atsidis, Kostas & Eftihia         | Heggan, Brandon & Maria             | Nannas, Theodore & Alexandra      | Velitskakis, Steve & Karen        |
| Bacchieri, Stacey                 | Heliotis, Alexandra                 | Nicholas, Steve                   | Verikakis, Dena                   |
| Calliagas, Katherine              | Hionis, Sophia                      | Novakis, Louis                    | Verikakis, Evangelos & Shannon    |
| Calliagas, Markella               | Humphrey, Caroline                  | Ohlemacher, Evangline             | Vice, Elaine                      |
| Chambers, George & Katherine      | Issaris, Katherine                  | Pacienza, Stephanie               | Visvardis, Socrates & Ruth        |
| Charalambides, Dino & Nia         | Joris, Irene                        | Pantelopulos, Anthony & Daphne    | Vlastaridis, Theodoros & Sofia    |
| Chilimidos, Effie                 | Joseck, Anastasia                   | Papanicholas, Maria               | Wiechecki, Frank & Kelly          |
| Chollis, Drew                     | Joseck, John & Taylor               | Papettas, Vasilis & Christina     | Xarhoulakos, Peter                |
| Christoforatos, Demetri & Dimitra | Joseck, Xanthi & Fred               | Pappas, Elizabeth                 | Zaloga, Paul & Joann              |
| Christou, Alecca                  | Kaliakin, Victor & Elizabeth        | Pappoulis, Demetra                | Zerefos, Demetri & Constantina    |
| Christou, Christos & Evie         | Kamenakis, Peter & Juli             | Phalangas, Charalambos & Mary     | Zerefos, John                     |
| Coates, George & Evie             | Kanas, Emmanuel & Valerie           | Piccirilli, Melissa & Joe         | Zerefos, Markos & Eugenia         |
| Coulaloglou, Michelle             | Karahalias, Stratton                | Pierson, Vetta & Charles          | Zicarelli, Louis & Catherine      |
| Courtis, Harry & Sophia           | Karakasidis, Demetri & Eleni        | Pispitsos, Pantelis               |                                   |
| Coustenis, Katherine              | Karakasidis, John & Vickie          | Pittaoulis, Steve                 |                                   |
| Dalianis, John & Vicky            | Karakasidis, Stephanos & Evaggelia  | Poulos, Vasiliios & Eulampia      |                                   |
| Demetriou, Anna                   | Karaoglanis, Eleftherios & Niki     | Psihalinos, Thomas & Magdalini    |                                   |
| Diamanty, Thomas                  | Karas, Theodore & Pamela            | Psaltis, Nikolaos                 |                                   |
| Diamond, Anthony & Lauren         | Karvounis, Nikolaos & Amanda        | Raisis, Irene                     |                                   |
| Diamond, Soula                    | Kayiaros, Joanna                    | Raisis, Pauline                   |                                   |
| Diamond, Thomas                   | Kirifides, Eleni                    | Raisis, William & Emily           |                                   |
| Doukakis, Helen                   | Kirifides, Lazarus V                | Rassias, George & Amalea          |                                   |
| Drimones, Clara                   | Klezaras, Michael & Kathy           | Righos, Elaine                    |                                   |
| Drimones, Nicholas                | Kollias, Georgia                    | Roustopoulos, Alexia              |                                   |
| Ferentinos, Joan                  | Koninis II, John                    | Roustopoulos, Theodoros & Natalie |                                   |
| Fessarar, Costas & Anna           | Koninis, John & Anastasia           | Saitis, Mary                      |                                   |
| Floropoulos, Yiannis              | Kontis, Gus & Cindy                 | Savopoulos, Despina               |                                   |
| Fotakis, Greg & Angeliki          | Kontis, Maria                       | Schillinger, Robert & Karen       |                                   |
| Fotakis, Leonidas & Sophia        | Kostas, John & Gale                 | Shahwan, Sofy                     |                                   |
| Fountzoulas, Costas & Audrey      | Kostas, Lynn                        | Spence, Jason & Sunday            |                                   |
| Fournaris, Constantine & Kristen  | Kostas, Nicholas & Stephani         | Staab, Kristina                   |                                   |
| Fournaris, George & Soula         | Kostos, Yianni                      | Stevens, Richard & Penny          |                                   |
| Galanis, Agnes                    | Kotanidis, Roula                    | Stout, Robert & Voula             |                                   |
| Gatos, Paula                      | Kramedas, Matoula                   | Tarabicos, Christina              |                                   |
| Gerakios, Michael                 | Kyranakis, John                     | Tarabicos, John & Joanne          |                                   |
| Gerakios, Nikoletta               | Laletas, Earnest & Barbara Brockett | Tarabicos, Sophia                 |                                   |
| Gerakios, Sakelaris & Spiridoula  | Laskaris, Johanna                   | Tawfik, Emad & Soultana           |                                   |

**As of 3/24/2025  
(182 families)**

## 2025 Holy Trinity Greek Orthodox Cathedral SPONSORS OF ONE DAY OR MORE

|                                |                               |
|--------------------------------|-------------------------------|
| Colborn, Brian & Nicole        | Kirifides, Michael & Kerry    |
| Constantinou, John & Carol     | Kirifides, Vasil & Eleftheria |
| Faller, James & Catherine      | Matulas, Anagnostis & Angela  |
| Fournaris, Emmanuel & Evanthea | Moutsatsos, George & Alexia   |
| Galaris, Rick & Diana          | Psaltis, Tom & Cindy          |
| Gray, David & Eugenia          | Raisis, Leonidas & Irene      |
| Halakos, Angelos & Donna       | Rassias, Dion & Gina          |
| Halakos, Demetris & Georgia    | Souleles, Nicholas & Alexis   |
| Halakos, Ioannis & Effie       | Wolcott, Josiah & Paraskevi   |
| Kayiaros, Stephen              |                               |
| Kirifides, Alexander & Kathy   |                               |
| Kirifides, Lazarus M & Helen   |                               |

*Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you.”*  
L uke 6:38

**We thank you for your continued support of our parish and its ministries.**

# Greek Independence Day Parade

Sunday, April 6, 2025



There will be a bus from Holy Trinity after Sunday Service traveling directly to the parade route in Philadelphia and returning to Holy Trinity after the parade.

We hope you will join us!

We will have a float again this year and encourage ALL Greek School & Sunday School students and ALL GOYAnS to come and participate in **this year's Parade!** Let's make this a great showing for our community!

Please call the church office  
(302-654-4446)  
on or before April 4th  
to reserve your seat on the bus!



SEE BELOW FOR OTHER EVENTS SCHEDULED FOR THE WEEKEND!

## Come support our Greek Orthodox Family! SCHEDULE OF EVENTS for the Weekend

FRIDAY, April 4, 2025

1:00 pm ~ Greek Flag Raising Ceremony at the North Apron, City Hall

SATURDAY, April 5, 2025:

6:00 pm ~ Federation Parade Dinner at the Sheraton Philadelphia (see flyer for details!)

Purchase a ticket for the Saturday Dinner, which is the only big fundraising event for the Federation in order to cover the Parade costs. ***It's also a way to say thank you to our Grand Marshalls, the Eleftheria Medal Award Recipient, and the other dignitaries and to admire the Evzones.***

For Tickets scan the QR Code on the flyer next page!

SUNDAY, April 6, 2025

2:00 pm ~ Greek Independence Day Parade (Formation 1:00 PM / Start Time: 2:00 PM)

**IMMEDIATELY AFTER THE PARADE...Dance Performances on the Parade Grounds!!**

Hope you  
can join us!





PHILADELPHIA  
**GREEK**  
 INDEPENDENCE  
 CELEBRATIONS  
**2025**

**PARADE**  
**SUNDAY, APRIL 6TH**

**PARADE GRAND MARSHALS**  
**DRAKE & MARIA BEHRAKIS**



**10:00 AM**

**DOXOLOGY**

SAINT GEORGE  
 GREEK ORTHODOX  
 CATHEDRAL

**1:00 PM**

**FORMATION**

22<sup>ND</sup> STREET  
 & BENJAMIN  
 FRANKLIN PARKWAY

**2:00 PM**

**STEP-OFF/PARADE**

MARCHING TOWARDS  
 GRANDSTANDS AT 18<sup>TH</sup>  
 & LOGAN CIRCLE



philygreekparade.com



The Young @ Heart  
wishes everyone  
Kali Anastasi!

Our next gathering is  
Thursday, April 10

We meet in the AHEPA Room at 12noon!

We hope you can join us!

## ALTAR GUILD

As always, the Altar Guild is here to serve our parishioners.

Please use the form below if you have any requests for the coming year.

Cost is \$ 60.00 for an Icon, \$60.00 for two small arrangements and \$125.00 for two Large arrangements.

**Please feel free to contact Joanne Tarabicos at 302-239-4950 or Evie Fournaris at 302-475-5035 or use the form below.**

Name \_\_\_\_\_

Dedication \_\_\_\_\_

RESERVED DATE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

MAY WE PRINT IT IN THE BULLETIN: YES \_\_\_\_\_ NO \_\_\_\_\_

Enclosed \$ \_\_\_\_\_

Make checks payable to "Holy Trinity Altar Guild".

Mail to: Stacy Koninis, 2602 Brightwell Drive, Wilmington, DE. 19810



**What a glorious time celebrating Lent and the Resurrections of our Lord, Jesus Christ on Easter. This is the list of all the wonderful parishioners who donated flowers for the Icons, palms, palm trees and Lilies:**

- March 7: First Salutation to the Theotokos: **Leo & Irene Raisis**, for the continued good health of our Family.
- March 9: Sunday of Orthodoxy: **Anna Demetriou**, for the good health of our family.
- March 14: Second Salutation to the Theotokos: **Elizabeth & Victor Kaliakin**, for the health and Salvation of Elizabeth, Victor, Yianni, Megan, Demetri, Marie, Jan, Xenia and in loving memory of Irene, Victor, Inna and Nikolai.
- March 16: St. Gregory Palamas: **John & Stacy Koninis**, for the health and happiness of our family.
- March 21: Third salutation to the Theotokos, **Xanthi & Fred Josek**, in memory of our parents Eleftherios and Maria Gavrilis and brother Nicolaoas Gavrilis.
- March 23: Veneration of the cross: **Anna Demetriou**, for the good health of our family.
- March 23: Sunday of the Holy Cross: **Kathy and Markella Calliagas**, prayers for the health of our family.
- March 25: Annunciation of the Theotokos: **Anna Demetriou**, for the good health of our family.
- March 28: Fourth Salutation to the Theotokos: **Anna Demetriou**, for the good health of our family.
- March 30: St. John Climacus: **Helen Doukakis**, Celebrating with love and best wishes for Andrea & Niki on March 31.
- April 5: Akathyst Hymn: **Anna Demetriou**, for the health of our family.
- April 6: Sunday of St. Mary of Egypt: **Stamatis Burpulis**, in loving memory of my mother Maria Burpulis.
- April 12: Saturday of Lazarus: **John Lazare**, in memory of my parents Lazarus and Filomen.
- April 13: Palm Sunday Icon: **Angie & Stephen Karakasidis**, in memory of our grandparents.
- April 13: Palms for crosses: **Anonymous**
- April 13: Four large palm plants: **Effie & Dimitrios Kolovos**, in loving memory of Efthimios Tsionas.
- April 13: Nymphios Icon: **Dena Verikakis**, thank you Lord for the heath of the Verikakis and Parras Family.
- April 17: Last Supper Icon: **Madeline & Tom Psihalinos**, in loving memory of George Psihalinos.
- April 18: Crucifixion Icon: **Helen Doukakis**, celebrating the birthday of Greg & Luke with love and best wishes to my great grandson Elliott on his first birthday, April 25.
- April 18: Wreath on Cross: **John & Joanne Tarabicos**, prayers for world peace and all of our relatives that have passed.
- April 18: Wreath at the base of the cross: **Marina, Alexandros, & Andreas Lurz, & Yianni Parios**, in loving memory of our departed ones.
- April 18: Wreath at the base of the cross: **Kathy & Mike Klezaras**, in memory of our loved ones.
- April 18: Wreath at the base of the cross: **Xanthi & Fred Josek**, in memory of our parents Eleftherios & Maria Gavrilis and brother Nicolaoas Gavrilis.
- April 18: Wreath at the base of the cross: **Dena Verikakis**, in loving memory of my parents Vasili & Maria Parras.
- April 18: Wreath at the base of the cross: **Kathy & Markella Calliagas**, in loving memory of Nicholas Calliagas
- April 19: Bay leaves: **Anonymous**.
- April 20: Garland for royal doors: **Anna Tsionas**, in loving memory of my husband Efthimios and our parents.
- April 20: Resurrection Icon: **The Wolcott family**, health and happiness for our family.
- April 20: Myrrh Bearers Icon: **Shelly & Lou Guardascione and family**, in loving memory of Maria Apossos and James Apossos
- April 20: Rose petals: **Spyros Apossos**, in loving memory of my wife Maria and my son James.
- April 20: Rose petals: **Anastasia Bouloukos**, in loving memory of our beloved husband Harry Bouloukos, father and grandfather.
- April 20: Levaro Icon: **Katherine Issaris**, health and happiness for all.
- April 20: Holy Pascha Bouquets: **George & Soula Fournaris**, for God's blessing for my daughter's upcoming wedding.

**Lilly plant Donations:**

- Voula & Bob Stout**, in memory of my parents Constantinos and Georgia Anastasakos
- Irene Marini**, in memory of my parents Gogoula and Diomides Saloustris.
- Despiona & Francis Logullo**, for the health and happiness of family and friends.
- Anna Demetriou**, for health and happiness for everyone.

Once again we thank everyone for their donations,  
**Joanne Tarabicos and Evie Fournaris**



## *Holy Trinity Food Pantry*

***“Whoever is generous to the poor lends to the Lord, and he will repay him for his deed.”***

*Proverbs 19:17*

*Your overwhelming support during this Lenten season has been overwhelming! Into our third week of Lent our parish has donated over 20 bags of groceries!*

*How do we make this a part of our life? Talk at the dinner table with your children about the importance of giving. One can, one box is all you need to remember each week.*

***In the month of February St. Stephen’s Food Pantry served over 2500 people with 782 of them children. Let’s keep the momentum going!***

*God bless you and thank you for your generous support!*

*Evie Fournaris, Tina Ganiaris, Johanna Laskaris, John Lazare, Sandy Nannas, Steve Nicholas and Nikki Tsakataras*



## **March 12th at the Emmanuel Dining Room**

We sincerely thank and welcome our new host, **Libby Hantzandreou**, who sponsored the meal in March, given in loving memory of her husband, **Theodore Hantzandreou**. Through this charity, 125 men, women and children enjoyed a nice warm meal. **The Ganiaris family** will host and sponsor the meal once again in April, given in loving memory of **Fr. Stamatis and Pres. Joan Ganiaris**. All are welcome to help serve the dining room that day or at any time!

*We sincerely thank all the individuals, families and organizations who generously support this dining room!*

**PLEASE NOTE...** The 3rd and Walnut St. dining room is temporarily closed. All meals are now being served at the 2nd and Jackson St. dining room until future notice

Various groups and individuals from our church donate the food to sponsor the luncheon meal at the 3rd and Walnut St location on the 12th of every month.

***If you, your family or organization would like to provide a meal, contact Nikkie Tsakataras at 302-655-2252 or Tina Ganiaris at 302-367-6758 for more information.***

**Wishing everyone a joyous Easter!**



# Serving in April

## Coffee Hours:

April 6 ~ Young @ Heart

April 13 ~ Philoptochos Palm Sunday Luncheon

April 20 ~ **NO COFFEE HOUR (Pascha)**

April 27 ~ GOYA



## Narthex Duty:

April 6 ~ Group 2

April 13 ~ Group 1

April 20 ~ Group 2

April 27 ~ Group 1



## Prosforon Offeror's



We are looking to update our Prosfora Offeror List. If you would like to become a regular Prosfora Offeror, please contact the church office to be added to our list. You can offer prosfora for any service by bringing it in before the service starts. If you do not bake but would like to donate towards the purchase of prosfora that we presently buy from the Holy Protection Monastery, please send \$8 for each prosfora you would like to donate. (mark the memo on your check accordingly)

## ACOLYTES

+Tonsured ~ \*Reader

All readers are also tonsured



|                       |                      |                       |
|-----------------------|----------------------|-----------------------|
| Maximos Charalambides | *+Alexandros Lurz    | Savvas Thymakis       |
| Vasilios Dargakis     | Demetri Moutsatsos   | Alex Tsakumis         |
| Joseph Demourtzidis   | Demetri Psaltis      | *+Nicholas Turley     |
| Sebastian Dietrich    | Nicholas Psaltis     | +Paraskevas Verikakis |
| Johnny Dietrich       | George Psihalinos    | *+NektariosWiechecki  |
| +Ioannis Gerakios     | Gerasimos Psihalinos | +Fotios Wolcott       |
| Alexander Hall        | + Jerry Rassias      | +Jack Wolcott         |
| +Angelo Hall          | Nicholas Rassias     | +Josiah Wolcott       |
| +Demetri Karakasidis  | Stamati Roussos      |                       |
| +Ioannis Karakasidis  | +Demetri Thomas      |                       |

## ALTAR ASSISTANTS

Alexandros Matthews ~~~ Josiah Wolcott ~~~ Markos Zerefos



# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ



+ V. Rev. Archimandrite  
Christoforos Oikonomidis

February 11, 2025

Dear beloved Holy Trinity Cathedral family,

We reach out seeking your support for a major maintenance and repair issue. The air conditioning unit for the Community Center is nearly 50 years old. Thanks to diligent monitoring and maintenance, the unit has far exceeded its expected lifespan, but the time has come to replace the unit. The new unit must be in place by June in time for our Festival.

The Parish Council has approved a plan after exploring many alternatives, engaging numerous contractors, and considering various proposals. The new system(s) will include two units on the roof of the Community Center to provide air conditioning for the Hall, only, and 3 smaller units on the roof above the classrooms to provide air conditioning and heat for the classrooms only. The total cost from the accepted proposal including, among other things, the new units and structural support for the roof will be approximately \$250,000.

We humbly request that each family (365 total pledging units in the Parish) consider donating **at least \$500** towards this project in addition to your annual pledge. We are aware that some cannot afford this amount, and others can afford much more. Therefore, we ask each family to give what they are able, as any amount is welcome and appreciated. We are counting on your generosity and love to assist us in reaching our \$250,000.00 goal.

*The new units have been ordered and are expected to arrive mid-April. Therefore, we kindly ask that you make your loving donation by May 1<sup>st</sup>, 2025.* You may send your donation by mail to: Holy Trinity Greek Orthodox Cathedral, 808 N. Broom Street, Wilmington, DE. 19806 or for an online donation visit our website: [www.holytrinitywilmington.org](http://www.holytrinitywilmington.org). For further information call the Church office at (302) 654-4446.

We sincerely thank you in advance for your love and support, and we pray that the Grace of the Holy Trinity be upon you always!

+ Archim. Christoforos Oikonomidis  
Parish Priest

Georgia Halakos  
Parish Council President

**We would like to thank the following parishioners who  
have donated \$500 or more to defray the cost of the new  
HVAC System  
for the Community Center and Classrooms...**

Adamopoulos, Christos & Nancy  
Altar Guild  
Artemiadis, Panagiotis & Spyridoula  
Arvanitis, Lisa & Argyrios  
Asimos Sr., George  
Asimos, George & Kristi  
Chambers, George & Kathy  
Ciabattoni, Olga  
Constantinou, John & Carol  
Coulaloglou, Michele  
Dandolos, Demetri & Carol  
Demetriou, Anna  
Dini, C & O  
Dougher, John & Christina  
Doukakis, Helen  
Drimones, Nicholas & Clara  
Economou, George & Elena  
Faller, Jim & Katherine  
Fotakis, Greg & Angeliki  
Fournaris, Anna  
Fournaris, Constantine & Kristen  
Fournaris, Manny & Evie  
Galaris, Rick & Diane

George, Mary  
Gianelos, James & Stacey  
Gray, Eugenia & David  
Halakos, Demetris & Georgia  
Halakos, Yianni & Effie  
Halakos, Angelos & Donna  
Hall, George & Michelle  
Iliadis, Dimitri & Tina  
Kaliakin, Victor & Leeza  
Karas, Theodore & Pam  
Kayiaros, Joanna  
Kolovos, Demetri & Effie  
Koninis, John & Anastasia  
Lawson, Michael & Vickie  
Lazare, John & Sandra  
Lomis, Toula  
Marini, Irene  
Marvel, Jessica  
Matulas, Anagnostis & Angela  
Moutsatsos, George & Alexia  
Nannas, Ted & Sandy  
Pennia, John & Stacey  
Psaltis, John

Psaltis, Tom & Cindy  
Raisis, Leo & Irene  
Rassias, Dion & Gina  
Rassias, George & Amalea  
Souleles, Nicholas & Alexis  
Stout, Robert & Voula  
Tarabicos, John & Joanne  
Tawfik, Emad & Soutana  
Tsaganos, Anthony & Joanna  
Tsaganos, Nichloas & Joanne  
Tsaganos, Robert & Popi  
Tsakumis, George & Julie  
Vande Poele, David & Anna  
Visvardis, Socrates & Ruth  
Wolcott, Joe & Para  
Zerefos, Demetri & Tina

**We would like to thank the following parishioners who have made a  
donation to help defray the cost of the new HVAC System...**

Anastasiades, Aglaia  
Issaris, Katherine  
Heliotis, Alexandra  
Joseck, Anastasia  
Schillinger, Robert & Karen  
Tarabicos, Sophia

**Thank you for answering the call!!  
If you have not sent in your donation yet...  
There is still time to donate -  
see the letter on the previous page!**

## Διάφορα ΠΑΣΧΑ ή EASTER

Δρ. Κώστας Γ. Φούντζουλας  
Επαναδημοσίευσις Απρίλιος 2021

Πάσχα και Easter, δύο λέξεις που σημαίνουν το ίδιο πράγμα, την μεγαλύτερη Χριστιανική εορτή, την Ανάσταση του Κυρίου Ημών Ιησού Χριστού. Ας δούμε λοιπόν γιατί στην Ελληνική γλώσσα χρησιμοποιούμε την λέξη Πάσχα, ενώ στα Αγγλικά την λέξη Easter.

Η λέξη Πάσχα προέρχεται από την Αραμαϊκή λέξη pascha, η οποία προέρχεται από την Εβραϊκή λέξη pesakh η οποία σημαίνει πέρασμα, παρέλευση. Η λέξη χρησιμοποιήθηκε από τους Εβραίους σε ανάμνηση της Δεκάτης Πληγής κατά των Αιγυπτίων, όπου σύμφωνα με την βιβλική αφήγηση, ο Άγγελος του Θανάτου προσπερνούσε τις πόρτες των Ιουδαίων της Αιγύπτου που ήταν βαμμένες με αίμα αρνιού (αμνός) και δεν θανάτωνε τα πρωτότοκά τους. Έτσι, οι Έλληνες Χριστιανοί εχρησιμοποίησαν την λέξη Πάσχα για να εκφράσουν το πέρασμα από τον θάνατο στην ζωή (Ανάσταση). Ο Χριστός είναι ο Αμνός του Θεού που μας έσωσε με το αίμα (θυσία) του από την αμαρτία και τον θάνατο.

Η λέξη Easter η οποία χρησιμοποιείται στα Αγγλικά προήλθε από την λέξη Eastre της αρχαίας Αγγλικής πριν από το 899 Μ.Χ. Η λέξη αναφέρεται στην Γερμανική ειδωλολατρική θεά Eastre η οποία εορτάζονταν κατά την Εαρινή Ισημερία, και η οποία αναγνωρίζεται στην αρχαία Γερμανική λέξη oestaruēn -Ostern στα σύγχρονα Γερμανικά. Η λέξη Eastre προέρχεται από την λέξη oeast η οποία ως γνωστόν σημαίνει ανατολή. Αυτό δείχνει ότι αρχικά αυτή η λέξη αναφερόταν σε θεά σχετική με την αυγή. Σχετικές Ινδοευρωπαϊκές παραδόσεις λαμβάνουν χώρα με την Ρωμαϊκή θεά Αβρόρα και την Ελληνική θεά Ομηρική Ηώς ή Έως που σημαίνει αυγή. Κατ' άλλους όμως σχετίζεται με τις εορτές προς τιμή της Βαβυλωνιακής θεάς Ishtar, η Αφροδίτη των Βαβυλωνίων.

Η ημερομηνία εορτασμού του Ορθόδοξου Πάσχα καθορίστηκε στην Σύνοδο της Νικαίας το 325 Μ.Χ. Με απόφαση αυτής της Συνόδου το Πάσχα πρέπει να εορτάζεται την Κυριακή μετά την πρώτη πανσέληνο της εαρινής ισημερίας, αλλά πάντοτε μετά το Εβραϊκό Πάσχα, ούτως ώστε να διατηρείται η ακολουθία των γεγονότων της Σταυρώσεως και Αναστάσεως σύμφωνα με τους ευαγγελιστές. Το Ορθόδοξο Πάσχα εορτάζεται από περισσότερα από 250 εκατομμύρια πιστούς σ' όλο τον κόσμο.

**ΚΑΛΗ ΑΝΑΣΤΑΣΗ ΚΑΙ ΚΑΛΟ ΠΑΣΧΑ!**

## Various PASCHA or EASTER

Dr. Costas G. Fountzoulas  
Republication April 2021

These two words, Pascha and Easter ecclesiastically mean the same thing, the largest Christian celebration, and the Resurrection of our Lord and savior Jesus Christ. Let us see now why in Greek we use the word Pascha, while in English we use the word Easter.

The word Pascha comes from the Aramaic word pascha, which comes from the Hebrew word pesakh, which means passage, skipping, passing over, the well known Passover. This word was used by the Jewish people in commemoration of the night of the Tenth Plague of Pharaoh, when the Angel of Death saw the blood of the passover lamb on the doorposts of the houses of Hebrews of Egypt "skipped over" them and did not kill their firstborn. Therefore, the Christian Hellenes used the word Pascha to express the passing from death the life (Resurrection). Christ is the Lamb of God, who saved us with his sacrifice (blood) from the sin and death.

The modern English term Easter developed from the Old English word Eastre, which itself developed prior to 899. The name refers to the goddess Eastre in Germanic paganism, who was celebrated at the Spring equinox, and has cognates in Old High German oestaruēn, plural, Easter (modern German language Ostern). The Old English term Eastre ultimately derives from oeast - meaning the direction of east. This indicates it originally referred to a goddess associated with dawn. Corresponding Indo-European traditions occur with the Roman goddess Aurora and the Greek goddess (Homeric) Eos. However, other people relate the word Easter with the festivities for the goddess Ishtar, which was the Babylonian Aphrodite.

The date of Orthodox Pascha was determined by the Council of Nicaea in 325 A.D. According to the decision of this Synod, Pascha should be celebrated on the Sunday following the first full moon of the vernal equinox, but always after the Jewish Passover, in order to maintain the sequence of events of the Crucifixion and Resurrection according to the evangelists. The Orthodox Pascha is celebrated by more than 250 million followers around the world.

**HAPPY RESURRECTION  
HAPPY PASCHA & HAPPY EASTER!**

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## 2025 MAGAZINE



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# The Story of Roman Gold & the Sicilian Vespers

A historical presentation by Christos Angeletakis PhD

Sunday April 27 1 p.m.

*"Should I dare to claim that I was God's instrument to bring freedom to the Sicilians,  
then I should only be stating the truth."*

*Emperor Michael III Paleologos*

It all began when the Greeks retook Constantinople in **1261** under Michael VIII Paleologos. The Pope was outraged, and the Latins were furious to get it back. By **1282**, French-born King Charles I of Anjou with the help of the Pope, ruled Southern Italy and was ready to begin the invasion of Constantinople having amassed an army and fleet in Sicily, where he was unpopular due to heavy taxation. The Greek-speaking Romans (Byzantines) of Constantinople, using the proceeds from a mine in Phocaea, north of Smyrna, financed a conspiracy that resulted in the Sicilian Vespers revolt in Palermo. Charles d'Anjou's oppressive occupying force was slaughtered and his fleet of many ships at Messina was burned. Spanish King Peter III of Aragon and his Catalans, also partially funded by the Romans (Byzantines), took over the island instead, on the pretext that his wife Constance was true heir to Sicily, as daughter of its previous ruler Manfred.

**Come relive this medieval conspiracy, the plots, the clandestine source of funds  
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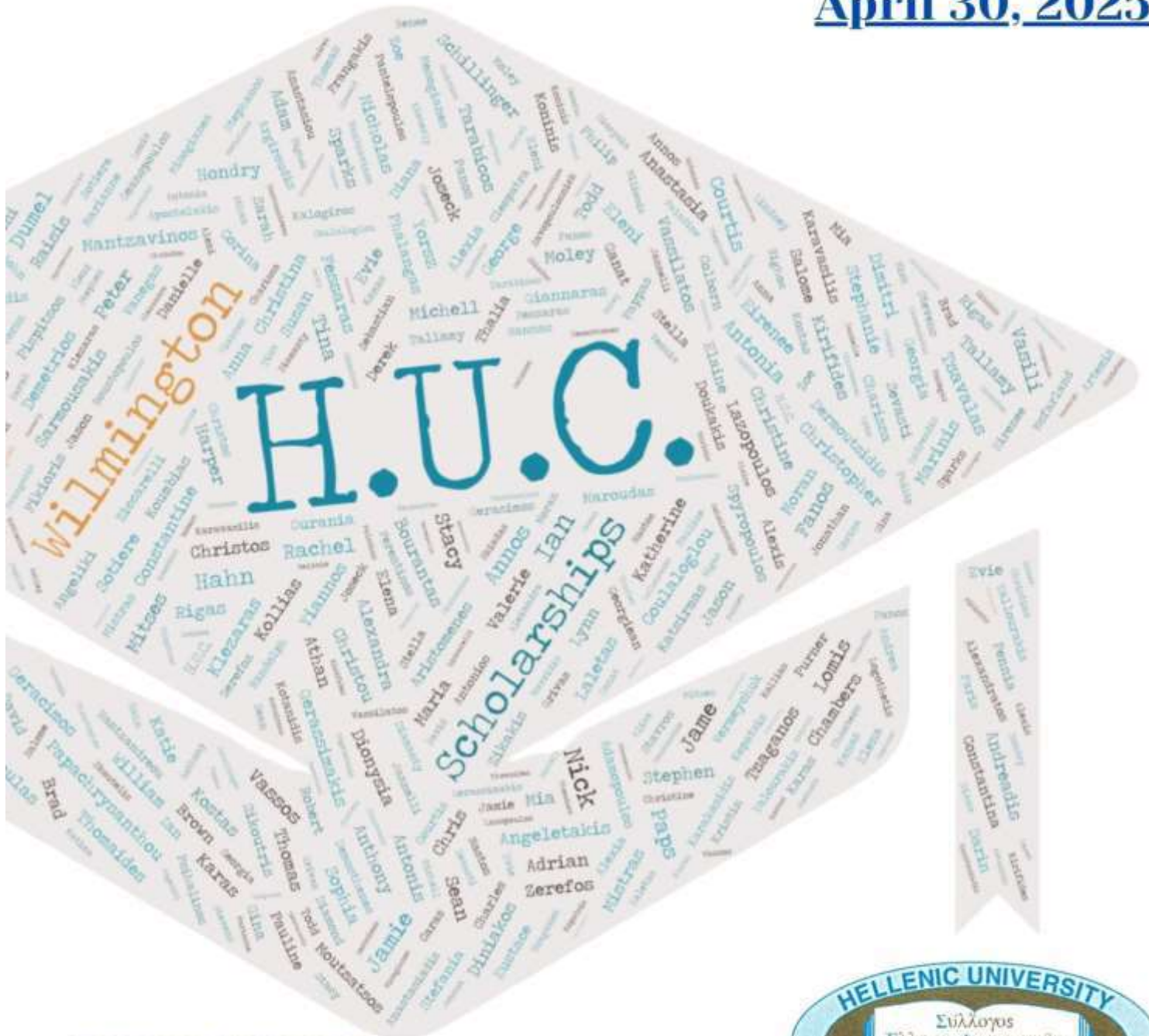


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**60TH  
ANNIVERSARY**

# Holy Trinity Cathedral Maintenance Spring 2025

## Maintenance Schedule Pre/Post Festival

- **Festival infrastructure**
  - Explore additional electric capacity Take-Out Booth
- Annual Sprinkler System Inspection – Scheduled (June 2025)
- Kitchen – grease traps pre/post Festival clean out
- Equipment – No anticipated new equipment purchases 2025
- **Annual August Roof Inspection** – inspect and patch/repairs
- **Carpets** – post-Festival cleaning
- **Community Center Floor** – post-Festival cleaning
- **Walkways/parking lots** – See detail below

## General Maintenance

- February 2025 -- **Walk-In Refrigerator/Walk-In Freezer** – compressors moved outside from the cage inside the northeast stair tower, eliminating interior noise and heat



- February 2025 – **Lightning Protection** installation began on Church building – required for insurance coverage
- Spring 2025 – repair collapsed drain in north parking lot





- February 2025 – **Underground pipe burst/access tunnel collapse** – **Emergency Repair**
- Extensive water leak in Church. Water supply lost to rear north side radiators in church from access tunnel collapse and/or pipe burst. The leak resulted in minimal visible damage but, completely disabled the north side radiators north of the support column and led to a nearly \$1,300 excess water bill. (Similar event occurred a few years ago on south side.)
  - Repairs effectuated by installing above ground, external piping to the two (2) large radiators in front half of church along north wall – remaining north side radiators and narthex radiators are now disabled.
  - After submitting the repair bills and description of emergent issues that led to the inordinate use of water, the water company reimbursed Church.
  - Fortunately, new HVAC unit installed on narthex roof in 2021 provides sufficient heat to compensate for lost radiators at the rear of the church



- Spring 2025 - Stairs to Community Center will be repaired when the weather permits



- March 2025 minor **Electrical Safety Upgrades/Maintenance**
- close off/upgrade to code old outlets inside Church
  - Replace outlets east wall of Community Center

- Install 4-gang outlet in office behind copier (where line goes through wall)
- Installation of light switch below scoreboard in Community Center for on/off
- Installation of LED lighting and automatic on/off hallway with new restrooms that leads to Sunday School classrooms
- Installed new timer for (exterior) Community Center Security Lights
- Install 60 amp 3-phase outlet in kitchen

## Replacement of HVAC Community Center & Classrooms

### Update

- 3 new rooftop units to replace the existing (rooftop) air conditioning units for the classrooms will provide air conditioning and heat to the classrooms
- 2 25-ton units to provide air conditioning and heat to the Community Center that will require some minor reinforcement of the steel girders.
- Demolition of old mechanical room and air handlers in southeast stair tower of Community Center
- Demolition of boiler currently providing heat to the Community and the classrooms and demolition of radiating system (baseboards) in classrooms, balcony bathrooms, and stage.
- Closure of air return in mechanical room SE tower Community Center
- Achieves replacement of nearly 50-year-old air conditioner for Community Center, 20-year-old air conditioners for classrooms, and 25-year-old boiler for Community/classrooms, and separates the mechanical systems between the Community and Classrooms

### Professional consultations HVAC replacement(s):

- Existing Units
  - 60-ton air conditioning *via* split system from 1977. This unit is effectively dead.
  - Boiler 1,632,000 BTU from 1999
  - Three (3) 3-ton rooftops units providing air conditioning only to classrooms subject to repeated repairs.
- Proposal/Bid Process
  - Nine (9) companies were engaged
  - Four (4) contractors came to the site, inspected the equipment but were ultimately unable to provide proposals do the complexities posed by the job
  - Two (2) contractors simply never showed up despite repeated requests
  - Three (3) companies ultimately performed several inspections and evaluations and provided proposals

- Dozens of visits were made to site in total for various inspections/assessments in preparation of bids. Building Committee members were on site and accompanied contractors for these visits.
- Request was made for additional options regarding a smaller single system for the Hall in light of the reduced load over the years along with a replacement of classroom systems to ensure highest efficiency and heating option.
- The proposals were reviewed and discussed in detail by the Building Committee
- Options presented for the Community Center included split systems and package systems with various placement options including current location and/or roof top for replacement of the existing units servicing the Hall including the 60-ton cooling system.
- Additional options were presented for replacing and addressing the shortcomings of the separate rooftop systems servicing the classrooms -- thereby segregating the classroom systems from the Hall systems for efficiency and easier maintenance/monitoring.
- Cost estimates for the replacement of only the Hall system ranged from (\$125,000.00<sup>1</sup>) \$160,000.00--\$275,000.00 and a separate bid for \$47,000 for new comprehensive heat pump systems for classrooms.
- **The Building Committee has recommended, and the Parish Council has approved the following proposal(s) from Beacon Air:**
  - 1) Replacing the existing split system with the Installation of 2 25-ton rooftop package system gas/electric heating and cooling unit (\$154,000) for the Community Center w/economizer and specifically remove/replace the existing Trane 60-ton unit
  - 2) Price includes demolition and removal of existing system
  - 3) Price includes news interior ductwork
  - 4) Capping of duct work and boiler lines at existing air handler
  - 5) Supply and installation of new gas line from meter to new unit
  - 6) Masonry work
  - 7) Lift and crane
  - 8) Control and wiring
  - 9) For classrooms, the installation of (3) Mitsubishi 36MBH Heat Pump Condensers and (3) Mitsubishi 36MBH Air Handlers with Backup Heat (\$47,600.00)
  - 10) Removal of existing classroom systems
  - 11) Crane and trucking
  - 12) Duct work connections

**Including the equipment estimates and other incidental costs (engineering, steel work, roofing), it is estimated that the total cost to the Parish is approximately \$250,000.00.**

---

<sup>1</sup> Note – the \$125,000 bid proposed was not practical as it only entailed the replacement of the large external compressors and contemplated that the mechanicals and air handlers (from 1977) would continue to operate.

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Please note - this is for the PHASE II Addition /ELEVATOR Fund drive only and does not reflect recent giving to the new HVAC system.



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