

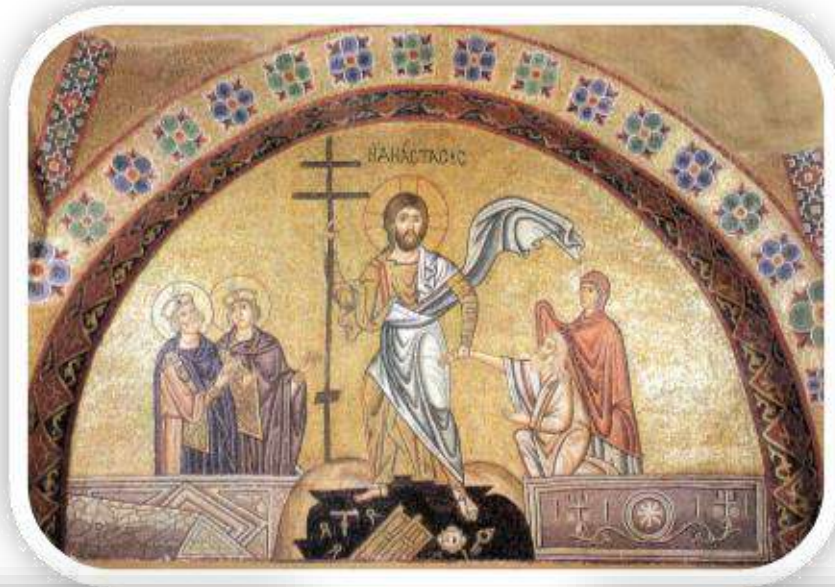


HOLY TRINITY GREEK ORTHODOX CATHEDRAL



ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

MAY 2026 – ISSUE 5



HOLY TRINITY GREEK ORTHODOX CATHEDRAL

808 N BROOM STREET

WILMINGTON, DELAWARE 19806

Phone: 302.654.4446 Fax: 302.654.4204

Email: office@holytrinitywilmington.org Website: holytrinitywilmington.org

Holy Trinity Greek Orthodox Cathedral

V. Rev. Archimandrite of the Ecumenical Throne

Fr. Christoforos Oikonomidis, Proistamenos

frchristoforosoikon@gmail.com

For pastoral emergencies only— dial Fr. Christoforos' cell @ 856-246-2756

Susan Kelleher, Church Secretary (302) 384-7805 (home)

2026 PARISH COUNCIL MEMBERS

Georgia Halakos, President - (302) 379-4335

Dena Verikakis, First Vice President - (484) 433-3896

Tom Psaltis, Second Vice President - (302) 981-9352

James Maravelias, Treasurer - (302) 388-8073

Emad Tawfik, Secretary - (302) 584-2225

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(302) 383-0476	Stephanos Karakasidis	Stacey Pennia	(302) 530-1669
(302) 293-5555	Basil Kollias	Leo Rasis	(302) 984-2546
(302) 377-1704	Alexander Kirifides	Peter Xarhoulakos	(302) 562-5151

CHURCH ORGANIZATIONS

(494) 433-3896	Philoptochos	Dena Verikakis, President
(856) 678-4924	Sunday School	Maroula Haralambidis, Co-Director
(302) 293-1127	Sunday School	Amalea Rassias, Co-Director
(302)-757-1836	GOYA	Anastasia Thomas, President
(215) 906-4886	GOYA Advisor	Agnoula Marcantonis
(610) 864-4621	GOYA Advisor	Angie Karakasidis
(302) 757-6715	GOYA Advisor	Angela Thomas
(856) 803-7857	JOY / HOPE	Tania Tawfik
(302) 475-5035	YAL	Anna Fournaris
(302) 287-3902	Family Choir	Evita Guajardo
(856) 905-0477	Chanter	Grigorios Fotakis (Family Choir also)
(302) 753-3941	Young @ Heart	Demetra Pappoulis, President
(302) 764-1849	Greek School	Popi Tsaganos
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(302) 585-6818	Holy Trinity Food Pantry	Johanna Laskaris
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(302) 518-4361	IOCC Parish Representative	Peter Kamenakis
(610) 274-2247	OCF Mother	Leeza Kaliakin

AUXILIARY ORGANIZATIONS

(302) 478-3529	AHEPA	Michael Kirifides, President
(302) 379-2015	Daughters of Penelope	Anthoula Anagnostou, President
(607) 279-1387	Hellenic University Club	Georgia Kollias, President

Holy Trinity Website Address: www.holytrinitywilmington.org

ALL ARTICLES & ANNOUNCEMENTS MUST BE IN THE OFFICE BY THE 15TH OF EACH MONTH.
THESE ARTICLES & ANNOUNCEMENTS CAN BE DROPPED OFF, EMAILED, FAXED OR U. S. MAIL.

FOR ANY CHANGES TO THE CHURCH SERVICES
OR PARISH EVENTS PLEASE CHECK WEEKLY BULLETIN AND PARISH WEBSITE



HOLY TRINITY GREEK ORTHODOX CATHEDRAL



ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ

May 2026



My dear beloved parishioners and friends of our Holy Trinity Cathedral, With hearts still filled with the radiant and life-giving joy of Pascha, we now find ourselves embraced by the beauty of spring. All around us, creation proclaims a silent yet powerful message. The trees blossom with new life, flowers rise from the earth with color and fragrance, and the air itself seems renewed. Nature awakens, as if emerging from a long and quiet sleep, and everything around us points to a deeper truth. This visible rebirth of creation beautifully mirrors the invisible, spiritual renewal granted to us through the Resurrection of our Lord Jesus Christ.

Just as the earth is restored and brought back to life, so too are our souls renewed, illumined, and strengthened. **The Resurrection is not simply an event that we remember. It is a reality we enter.** It is the victory of life over death, of light over darkness, of hope over despair. And this victory is not distant or abstract. It is offered to each one of us personally, inviting us to participate in the new life that Christ has given to the world.

Here at our Cathedral, we experienced a truly blessed, busy, and joy-filled Holy Week and Pascha. The journey began long before Holy Week, during the sacred period of Great Lent. Through prayer, fasting, repentance, and the many beautiful services of the Church, we were gently guided toward the great and holy days of the Passion and Resurrection of our Lord. The Presanctified Liturgies, the Salutations to the Theotokos, and the quiet and reflective evenings of Compline all prepared our hearts in a meaningful way.

Then came Holy Week, a sacred journey unlike any other. We walked with Christ step by step. We stood in awe during the Bridegroom Services. We listened attentively to the Gospel readings. We entered into the Mystical Supper on Holy Thursday. We stood before the Cross on Holy Friday, contemplating the depth of Christ's love. We followed Him to the tomb, and we waited in silence and expectation for the light of the Resurrection.

The attendance of our parishioners throughout these days was remarkable. Our Cathedral was alive. It was filled with faithful people, prayer, reverence, and a deep sense of unity. It was a true blessing to witness our parish community coming together in Christ, setting aside the distractions of daily life, and focusing on what truly matters.

Our children were present everywhere, and their presence was our greatest present. We saw our young boys serving faithfully in the Holy Altar, learning not only the actions of the services but also the spirit of reverence and dedication. We heard our girls in the choir offering their voices with sincerity and joy, lifting our hearts in prayer. We welcomed many of our children to the Holy Friday retreat, where they experienced the day's meaning in a deeper, more personal way. These moments are precious. They remind us that the life of the Church continues, that our faith is alive, and that it is being passed on to the next generation.

As your spiritual father, what gave me particular joy was the unprecedented attendance at the Divine Liturgy of Pascha, immediately following the midnight service. Throughout Holy Week, I encouraged you to remain and to participate fully in this sacred Liturgy, and it was deeply moving to see so many of you respond. There is no more complete way to celebrate the Resurrection than by entering into the Divine Liturgy and receiving the Body and Blood of the Risen Christ.

It was a beautiful sight to see families staying together, praying together, and approaching Holy Communion together.



These are the moments that define us as a parish family. These are the moments that give true meaning to our celebration. And the joy continued as we gathered in our Community Hall for the Paschal meal, sharing food, laughter, and fellowship. Even our altar boys, after their dedicated service, enjoyed their long-awaited cheeseburgers with great enthusiasm! A small but joyful reminder that the Church embraces every aspect of our life.

Yet beyond the beauty and warmth of these experiences lies the profound and eternal truth of what we celebrate. **The Resurrection of Christ is the very foundation of our faith. It is the center of everything we believe and everything we do.** As Saint Paul teaches us, if Christ is not risen, then our faith is empty (1 Corinthians 15:17). But Christ is risen, and because He is risen, everything has changed.

The joy we experience in the Church is not something that can be fully explained. It is not simply an emotional feeling. It is the deep fulfillment of the human soul, the presence of the Holy Spirit within us. When Philip invited Nathanael to encounter Christ, he did not try to convince him with arguments. He simply said, "Come and see" (John 1:46). This invitation continues to be extended to all of us. **The truth of the Resurrection is something that we experience, something that we live.**

Continued...

This is why the Church calls us back again and again to these holy feasts. We do not celebrate them as distant memories, but as living realities. Pascha is not only about gathering with family or sharing a festive meal. It is about transformation. It is about allowing the light of Christ's Resurrection to enter into our hearts and to change us.

Christ did not come simply to die. He came to rise. He came to conquer death, to destroy its power, and to reopen the gates of Paradise. As we chant during Pascha, Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. Through His Resurrection, the closed gates of Paradise are opened once again, and humanity is invited to return to communion with God. ***His Resurrection gives meaning to everything.*** It reveals that our life does not end in the grave. It shows us that we are created for eternity. Christ becomes the first fruits of those who have fallen asleep, the beginning of a new life for all humanity. ***As He rose, so shall we rise.***

This truth fills us with hope and with anticipation. We look forward to the Second Coming of our Lord, to the resurrection of all, to the reunion with our loved ones, and above all, to the eternal encounter with Christ Himself. When we truly understand this, everything in our lives changes. Our struggles, our pains, and our difficulties are seen in a different light. They are temporary. They do not define us. ***We look at the Cross, and we find strength. We look at the Resurrection, and we are filled with hope.***

In this joyful season, I also have the personal blessing of celebrating the feast of my patron saint, the Great Martyr Saint Christoforos. Saint Christopher was a man who sought to serve the greatest king. In his search, he came to know Christ, and he dedicated his life entirely to Him. He bore Christ not only in his heart but also in his life, and for this reason, he received his name, Christ-bearer. He endured great suffering and ultimately gave his life in martyrdom, remaining faithful until the end. His example reminds us that true strength is found in faith and in complete dedication to Christ. I warmly invite all of you to join us for the Divine Liturgy on Saturday, May 9, so that we may celebrate together and seek his intercessions.



On Sunday, May 10, we commemorate the Samaritan Woman, Saint Photini. Her encounter with Christ at the well is one of the most powerful and deeply personal moments in the entire Gospel narrative. It takes place at Jacob's well, at the sixth hour, under the heat of the day, when she comes alone, perhaps to avoid the eyes and judgment of others. And there, in that ordinary and even lonely moment, she meets Christ. The Lord approaches her not with condemnation, but with divine patience and love. He begins with a simple request, *"Give Me a drink"* (John 4:7), yet through this humble beginning, He opens a dialogue that reaches into the depths of her soul.

Christ speaks to her with truth and love. He reveals her life, not to shame her, but to awaken her. He shows her that He knows her completely, her past, her wounds, her brokenness, and yet He does not reject her. Instead, He offers her something infinitely greater than the water of the well. He speaks of the living water, *"a fountain of water springing up into everlasting life"* (John 4:14). This is the grace of the Holy Spirit, the

divine life that satisfies the deepest thirst of the human heart. In a moment of extraordinary revelation, Christ declares to her plainly, *"I who speak to you am He"* (John 4:26). To this woman, considered an outsider and a sinner, Christ reveals Himself openly as the Messiah.

This encounter transforms her completely. She leaves her water jar behind, a symbolic act showing that her old life has been set aside, and she runs back to her city to proclaim Christ. *"Come, see a Man who told me all things that I ever did"* (John 4:29). She becomes, in that very moment, an apostle to her own people. According to the sacred tradition of our Church, Saint Photini continued her mission with boldness, preaching the Gospel far and wide, even before emperors and rulers. She endured persecution with courage and ultimately received the crown of martyrdom. Her life stands as a powerful testimony that no one is beyond the reach of God's love, and that a true encounter with Christ does not leave us unchanged. It renews us, redirects us, and sends us forth as witnesses of His truth.

We then look forward to the great feast of the Ascension of our Lord on Thursday, May 21. In this feast, Christ completes His earthly mission and ascends into heaven in glory. Forty days after His Resurrection, having appeared to His disciples and confirmed the truth of His victory over death, He leads them to the Mount of Olives. There, as the Gospel tells us, He blesses them and is taken up into heaven before their very eyes (Acts 1:9). Yet this is not a departure filled with absence. It is a moment filled with promise and fulfillment.

Christ does not abandon us. Rather, He elevates us. He ascends in His glorified human body, the same body that was crucified and resurrected, now transfigured and full of divine glory. He carries our human nature into heaven and seats it at the right hand of the Father. This is an extraordinary and awe-inspiring truth. ***Human nature, once fallen through sin, is now restored, honored, and glorified in Christ.*** As the hymn of the feast proclaims, *"You have ascended in glory, O Christ our God, granting joy to Your disciples by the promise of the Holy Spirit."* Through the Ascension, Christ opens the path for us. He shows us our true destiny. Heaven is no longer closed to humanity. The way is open, and we are called to follow. As Saint Paul reminds us, *"God raised us up together, and made us sit together in the heavenly places in Christ Jesus"* (Ephesians 2:6). The Ascension is not simply about Christ's return to the Father. It is about our calling to be united with Him in eternal glory.

As we approach Pentecost, we also observe the Saturday of Souls on May 30. This sacred day is dedicated to prayer for all those who have fallen asleep in the Lord. It is a profound expression of our faith in the Resurrection and our unbreakable bond with those who have departed this life. The Church reminds us that death does not separate us from one another. In Christ, we remain united. On this day, we remember our loved ones with love and reverence. We bring their names before God, calling upon His mercy and compassion. We offer kollyva, the boiled wheat that symbolizes the Resurrection, as Christ Himself said, *"Unless a grain of wheat falls into the ground and dies, it remains alone, but if it dies, it produces much grain"* (John 12:24). This simple offering becomes a powerful proclamation of our hope that those who have fallen asleep will rise again.

I encourage all of you to come, to participate in the service, to bring the names of your departed, both those you knew and those you did not know. In doing so, we fulfill a sacred duty of love. We pray not only for their repose, but also for our own remembrance before God. This is the life of the Church, a life of communion that transcends time and space.

On Sunday, May 31, we celebrate the great feast of Pentecost, the descent of the Holy Spirit upon the Apostles. This is the day when the Church is revealed in its fullness. The disciples, who once were fearful and uncertain, are transformed by the coming of the Holy Spirit. As we read in the Book of Acts, *“there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house”* (Acts 2:2). Tongues of fire rested upon each of them, and they were filled with the Holy Spirit. This moment marks the beginning of the Church’s mission in the world. The Apostles go forth with boldness, preaching Christ to all nations. The Holy Spirit guides them, strengthens them, and gives them the words to speak. This same Holy Spirit continues to dwell in the Church today. It is the Spirit who sanctifies the Holy Mysteries, who illumines our hearts, who grants us wisdom, peace, and strength. ***Pentecost is not only a historical event. It is a present reality. Each time we gather in the Divine Liturgy, each time we pray, each time we open our hearts to God, the Holy Spirit is at work within us.*** He leads us into all truth, as Christ Himself promised (John 16:13). He transforms us, just as He transformed the Apostles.

The following day, Monday, June 1, we celebrate the feast of the Holy Spirit, which is also the feast day of our Cathedral, our “nameday”. This is a day of great importance for all of us. Our spiritual home celebrates on this day, and we are called to gather as one family in prayer and thanksgiving. It is a day to honor the Holy Spirit, the Giver of life, the Comforter, the Spirit of truth who is everywhere present and fills all things. I invite each and every one of you to be present at the Divine Liturgy. Let us come together as a united parish, invoking the grace of the Holy Spirit upon ourselves and upon our families. Let us ask Him to guide us, to strengthen us, to renew us, and to sanctify our lives. It is a great blessing to be present in the Church on this sacred day, offering our prayers and receiving God’s grace.

As we continue forward, we also prepare for our beloved Greek Festival, which will take place from Monday, June 1 through Saturday, June 6. This is a beautiful and long-standing tradition of our parish, one that has been part of our life for many decades. It is a time when we open our doors to the wider community, welcoming friends, neighbors, and visitors to experience the richness of our faith and our heritage. The Festival is more than an event. It is an expression of who we are. It reflects our love for our Church, our dedication to our community, and our desire to share the beauty of our traditions. It is also a time that requires all of us to come together in a spirit of cooperation and joy.

We need volunteers. We need your time, your presence, and your help. Every role, every task, every effort contributes to the success of this great undertaking. When we work together, we strengthen the bonds that unite us. We build something meaningful, something that will continue to bless our parish for years to come. ***I warmly invite you to participate, to offer what you can, and to become an active part of this wonderful effort.*** There is a special joy that comes from working side by side with one another, from offering our time for the sake of the Church, and from seeing the fruits of our labor. This Festival is a living tradition, and it continues because of you. Let us come together once again and make it a beautiful and successful celebration.

My beloved brothers and sisters, I thank you from my heart for your love, your faith, and your dedication. May the Risen Lord bless you and your families abundantly. May He grant you health, peace, and the unending joy of His Resurrection.

Christ is Risen! Truly He is Risen!

With love in the Lord,
Archimandrite of the Ecumenical Throne
Christoforos Oikonomidis, Presiding Priest

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Αγαπητοί μου και ευλογημένοι ενορίτες και φίλοι του Καθεδρικού Ναού της Αγίας Τριάδος,

Χριστός Ανέστη!

Με τις καρδιές μας να παραμένουν ακόμη πλημμυρισμένες από το ανέσπερο φως και τη ζωοποιό χαρά της Αναστάσεως, εισερχόμαστε τώρα σε μια περίοδο ιδιαίτερης ομορφιάς και ανανέωσης. Η άνοιξη απλώνεται γύρω μας ως μια σιωπηλή αλλά δυνατή και εντονη μαρτυρία της ζωής που αναγεννάται. Τα δέντρα ντύνονται με λουλούδια και νέα φύλλα, τα άνθη ξεπροβάλλουν από τη γη με χρώμα και ευωδία, και ο αέρας μοιάζει να φέρνει μια νέα πνοή. Όλη η κτίση φαίνεται να ξυπνά από έναν μακρύ λήθαργο, και αυτή η ορατή αναγέννηση γίνεται για εμάς μια βαθιά υπενθύμιση της αόρατης πνευματικής αναγέννησης που μας χαρίζεται δια της Αναστάσεως του Κυρίου μας Ιησού Χριστού.

Όπως η γη ανανεώνεται και επιστρέφει στη ζωή, έτσι και οι ψυχές μας αλλά και τα σώματά μας καλούνται να ανακαινισθούν, να φωτισθούν και να ενδυναμωθούν. ***Η Ανάσταση δεν είναι απλώς ένα γεγονός που θυμόμαστε από το παρελθόν. Είναι μια ζωντανή πραγματικότητα στην οποία καλούμαστε να εισέλθουμε. Είναι η νίκη της ζωής επί του θανάτου, του φωτός επί του σκότους, της ελπίδας επί της απελπισίας.*** Και αυτή η νίκη δεν είναι μακρινή ούτε αφηρημένη. Προσφέρεται προσωπικά στον καθένα από εμάς, ως πρόσκληση να γευθούμε τη νέα ζωή που ο Χριστός χαρίζει στον κόσμο.

Στον Ιερό μας Καθεδρικό Ναό, αξιωθήκαμε να ζήσουμε μια ιδιαίτερα ευλογημένη και «γεμάτη» Μεγάλη Εβδομάδα. Βέβαια η πορεία αυτή προς το Πάσχα άρχισε πολύ νωρίτερα, με την ιερή περίοδο της Μεγάλης Τεσσαρακοστής. Μέσα από την προσευχή, τη νηστεία, τη μετάνοια και τις κατανυκτικές ακολουθίες της Εκκλησίας μας, οδηγηθήκαμε με τρόπο ήρεμο αλλά ουσιαστικό προς τα Άγια Πάθη και την ένδοξη Ανάσταση του Κυρίου.

Οι Προηγιασμένες Θείες Λειτουργίες, οι Χαιρετισμοί προς την Υπεραγία Θεοτόκο και οι λοιπές κατανυκτικές Ακολουθίες προετοίμασαν τις καρδιές μας γεμίζοντας τες με νόημα. Κατόπιν, εισήλθαμε στη Μεγάλη Εβδομάδα, μια πορεία ιερή και μοναδική. Βαδίσαμε μαζί με τον Χριστό μας βήμα προς βήμα. Σταθήκαμε με κατάνυξη στις Ακολουθίες του Νυμφίου. Ακούσαμε με προσοχή τα Ευαγγελικά αναγνώσματα. Συμμετείχαμε στο Μυστικό Δείπνο. Σταθήκαμε κάτω από τον Σταυρό τη Μεγάλη Παρασκευή, και εύχομαι να συλλογιστήκαμε το μέγεθος της θεϊκής αγάπης. Ακολουθήσαμε τον Κύριο μέχρι τον Τάφο και περιμέναμε με σιωπή και προσδοκία το μήνυμα της Αναστάσεως.

Οφείλω βέβαια να πω ότι η συμμετοχή σας, αγαπητοί μου, ήταν συγκινητική και αξιοθαύμαστη. Ο Ναός μας αυτές τις μέρες έσφυζε από ζωή. Ήταν γεμάτος από πιστούς. Ήταν πραγματικά ευλογία και χαρά να βλέπει κανείς την ενορία μας ενωμένη, να αφήνει κατά μέρος τις καθημερινές μέριμνες και να στρέφει το βλέμμα της προς το ουσιώδες που ήταν το Πάθος και η Ανάσταση του Κυρίου μας. Ιδιαίτερη χαρά μας έδωσε η παρουσία των παιδιών μας, που ήταν παντού. Τα αγόρια μας διακόνησαν στο Ιερό Βήμα με ζήλο και σεβασμό. Τα κορίτσια μας ύψωσαν τις φωνές τους στη χορωδία, προσφέροντας με καθαρότητα και χαρά την προσευχή τους. Πολλά παιδιά συμμετείχαν σε όλες τις Ιερές Ακολουθίες με τις οικογένειές τους. Όλες αυτές οι στιγμές είναι πολύτιμες, διότι μας δείχνουν ότι η ζωή της Εκκλησίας συνεχίζεται και ότι η πίστη μας μεταδίδεται στις επόμενες γενιές.

Ως πνευματικός σας πατέρας, ιδιαίτερη συγκίνηση μου προκάλεσε η πρωτοφανής συμμετοχή σας στη Θεία Λειτουργία της Αναστάσεως, αμέσως μετά την Αναστάσιμη Ακολουθία. Καθ' όλη τη διάρκεια της Μεγάλης Εβδομάδας σας προέτρεπα να παραμείνετε και να συμμετάσχετε πλήρως, και η ανταπόκρισή σας ήταν συγκλονιστική. Δεν υπάρχει καλύτερος τρόπος να εορτάσουμε την Ανάσταση από τη συμμετοχή στη Θεία Λειτουργία και τη μετάληψη του Σώματος και Αίματος του Αναστάντος Χριστού. Ήταν συγκινητικό να βλέπει κανείς οικογένειες να παραμένουν μαζί στη Θεία Λειτουργία και να προσέρχονται μαζί στη Θεία Κοινωνία. Αυτές είναι οι στιγμές που δίνουν αληθινό νόημα στην εορτή. Και η χαρά συνεχίστηκε στην Κοινοτική μας Αίθουσα, όπου μοιραστήκαμε το πασχάλιο φαγητό με αγάπη, καλή διάθεση και πάνω απ' όλα όρεξη!

Πέρα όμως από την ομορφιά αυτών των στιγμών, βρίσκεται η βαθύτερη αλήθεια της πίστεώς μας. Η Ανάσταση του Χριστού αποτελεί το θεμέλιο της Εκκλησίας. Όπως διδάσκει ο Απόστολος Παύλος, εάν ο Χριστός δεν αναστήθηκε, τότε η πίστη μας είναι μάταιη. Όμως ο Χριστός ανέστη, και με την Ανάστασή Του τα πάντα μεταμορφώνονται.

Η χαρά της Εκκλησίας δεν είναι απλώς ένα συναίσθημα. Είναι εμπειρία. Είναι η παρουσία του Αγίου Πνεύματος μέσα μας. Όταν ο Φίλιππος κάλεσε τον Ναθαναήλ, δεν του έδωσε επιχειρήματα. Του είπε απλά: «Ερχου και ίδε». Έλα και δες με τα μάτια σου! Αυτή η πρόσκληση παραμένει ζωντανή και πάντα επίκαιρη. Η Ανάσταση δεν εξηγείται μόνο, αλλά βιώνεται.

Γι' αυτό η Εκκλησία μας καλεί συνεχώς να τιμούμε τις εορτές αυτές, όχι ως αναμνήσεις, αλλά ως ζωντανές πραγματικότητες. Το Πάσχα δεν είναι μόνο ένα οικογενειακό τραπέζι. Είναι μια πρόσκληση σε μεταμόρφωση. Να αφήσουμε το φως της Αναστάσεως να εισέλθει μέσα μας και να μας αλλάξει. Ο Χριστός δεν ήλθε στη γη απλώς να πεθάνει. Ήλθε για να αναστηθεί, να καταργήσει τον θάνατο και να ανοίξει ξανά τον Παράδεισο. Η ζωή μας δεν τελειώνει στον τάφο. Είμαστε πλασμένοι για την αιωνιότητα. Όπως Εκείνος ανέστη, έτσι και εμείς θα αναστηθούμε.



Μέσα σε αυτή τη χαρμόσυνη αναστάσιμη περίοδο, έχω και την προσωπική ευλογία να εορτάζω τον προστάτη μου Άγιο, τον Μεγαλομάρτυρα Χριστοφόρο το Σάββατο 9 Μαΐου. Έναν άνθρωπο που αναζήτησε να υπηρετήσει τον αληθινό Βασιλέα και αφιέρωσε τη ζωή του στον Χριστό, φέροντάς Τον μέσα στην καρδιά και τη ζωή του. Σας προσκαλώ όλους να συνεορτάσουμε στη Θεία Λειτουργία εκείνη την ημέρα.

Την Κυριακή 10 Μαΐου, τιμούμε την Αγία Φωτεινή τη Σαμαρείτιδα. Η συνάντησή της με τον Χριστό στο φρέαρ του Ιακώβ είναι βαθιά συγκλονιστική. Ο Χριστός δεν την απορρίπτει, παρά την αμαρτωλότητά της, αλλά της αποκαλύπτει την αλήθεια για τον Εαυτό Του και της προσφέρει το «ύδωρ το ζων». Εκείνη μεταμορφώνεται, αφήνει τα πάντα και γίνεται Απόστολος, κηρύττοντας τον Χριστό μέχρι μαρτυρίου. Η ζωή της μας θυμίζει ότι κανείς δεν

είναι μακριά από την αγάπη του Θεού.

Ακολουθεί η μεγάλη εορτή της Αναλήψεως την Πέμπτη 21 Μαΐου, όπου ο Χριστός ανυψώνει την ανθρώπινη φύση και την καθίζει εκ δεξιών του Πατρός. Δεν μας εγκαταλείπει, αλλά μας δείχνει τον προορισμό μας, τον αληθινό προορισμό κάθε ανθρώπου, που δεν είναι άλλος από την κοινωνία με τον Θεό. **Η Ανάληψη δεν είναι μια απομάκρυνση του Χριστού από τον κόσμο, αλλά η είσοδος της ανθρώπινης φύσεως μέσα στη δόξα της Βασιλείας Του.** Είναι η πιο δυνατή μαρτυρία ότι ο άνθρωπος πλάστηκε για τα υψηλά, για τα αιώνια, για το φως. Μας καλεί να υψώσουμε και εμείς τον νου και την καρδιά μας, να μην μένουμε προσκολλημένοι μόνο στα γήινα και πρόσκαιρα, αλλά να αναζητούμε «τα άνω», εκεί όπου βρίσκεται ο Χριστός. Μέσα σε έναν κόσμο γεμάτο άγχος, ανασφάλεια και απογοήτευση, η Ανάληψη μάς θυμίζει ότι η ελπίδα μας είναι ζωντανή και ότι η πορεία μας έχει ουράνιο προσανατολισμό.

Προσεγγίζοντας την Πεντηκοστή, τελούμε το Ψυχοσάββατο στις 30 Μαΐου, προσευχόμενοι για τους κεκοιμημένους μας, εκφράζοντας την βαθιά μας πίστη ότι εν Χριστώ παραμένουμε ενωμένοι. **Η Εκκλησία δεν είναι μόνο όσοι βρίσκονται εδώ, αλλά και εκείνοι που έχουν ήδη μεταβεί στην αιωνιότητα.** Όλοι μαζί αποτελούμε το ένα Σώμα του Χριστού. Με τα κόλλυβα, τα μνημόσυνα και τις προσευχές μας, δεν κάνουμε απλώς μια πράξη μνήμης, αλλά μια πράξη αγάπης και ελπίδας. Αναθέτουμε τους αγαπημένους μας στο έλεος του Θεού και ταυτόχρονα ενισχύουμε και τη δική μας πίστη στην Ανάσταση. Είναι μια ιερή στιγμή που μας καλεί να θυμηθούμε ότι η ζωή δεν τελειώνει στον τάφο, αλλά συνεχίζεται στην παρουσία του Θεού, εκεί όπου «οὐκ ἔστι πόνος, οὐ λύπη, οὐ στεναγμός, ἀλλὰ ζωὴ ἀτελεύτητος».

Την Κυριακή της Πεντηκοστής, 31 Μαΐου, εορτάζουμε την κάθοδο του Αγίου Πνεύματος, την ημέρα που η Εκκλησία φανερώνεται στον κόσμο ως ζωντανή πραγματικότητα, ως Σώμα Χριστού. Το Άγιο Πνεύμα είναι εκείνο που ζωοποιεί, φωτίζει και αγιάζει τα πάντα. Είναι εκείνο που μεταμορφώνει τους φοβισμένους μαθητές σε τολμηρούς Αποστόλους, που μετατρέπει την αδυναμία σε δύναμη και τον φόβο σε ομολογία πίστεως. Και σήμερα, το ίδιο Πνεύμα ενεργεί μέσα στην Εκκλησία, μέσα σε καθέναν από εμάς, καλώντας μας σε μια προσωπική Πεντηκοστή, σε μια ζωή ανανεωμένη, γεμάτη πίστη, αγάπη και αλήθεια. Δεν είναι μια εορτή μόνο για να την θυμόμαστε, αλλά μια πραγματικότητα που καλούμαστε να ζούμε καθημερινά.





Και την επόμενη ημέρα, 1<sup>η</sup> Ιουνίου, εορτάζουμε το Άγιο Πνεύμα, που είναι και η ονομαστική εορτή του Καθεδρικού μας Ναού. Είναι μια ιδιαίτερη ευλογία και χαρά για όλους μας, διότι τιμούμε το Τρίτο Πρόσωπο της Αγίας Τριάδος, Εκείνον που συγκροτεί και ενώνει την Εκκλησία. Σας καλώ με πατρική αγάπη να είμαστε όλοι παρόντες, να γεμίσουμε τον Ναό μας, να δείξουμε την ενότητά μας και την αγάπη μας για την Εκκλησία μας. Η παρουσία του καθενός έχει αξία, έχει νόημα, έχει ευλογία.

Παράλληλα, ετοιμαζόμαστε για το αγαπημένο μας Ελληνικό Φεστιβάλ από 1 έως 6 Ιουνίου. Μια όμορφη και ζωντανή παράδοση που ανοίγει τις πόρτες της Κοινότητας μας στην ευρύτερη κοινωνία και γίνεται μια ζωντανή μαρτυρία της πίστης και της ταυτότητάς μας. Το Φεστιβάλ δεν είναι απλώς μια εκδήλωση. Είναι καρπός συνεργασίας, προσφοράς και αγάπης. Είναι η ευκαιρία να εργαστούμε όλοι μαζί, μικροί και μεγάλοι, και να νιώσουμε ότι ανήκουμε σε μια οικογένεια. Είναι η στιγμή που ο καθένας μπορεί να προσφέρει, είτε με τον χρόνο του, είτε με τις ικανότητές του, είτε απλώς με την παρουσία του. Μέσα από αυτό το έργο, δεν προβάλλουμε μόνο την ελληνική μας παράδοση, αλλά κυρίως την φιλοξενία, την ενότητα και το ήθος της Ορθόδοξης πίστης μας...αλλά και το νόστιμο φαγητό μας!!!

Αγαπητοί μου αδελφοί και αδελφές, σας ευχαριστώ από καρδιάς για την αγάπη, την εμπιστοσύνη και την αφοσίωσή σας προς την Εκκλησία μας. Η κοινότητά μας υπάρχει και προχωρά χάρι σε εσάς. Χάρη στην προσευχή σας, στην παρουσία σας, στην στήριξή σας. Σας παρακαλώ να συνεχίσουμε όλοι μαζί, με την ίδια πίστη και την ίδια αγάπη, να οικοδομούμε αυτή την πνευματική οικογένεια, που είναι το σπίτι μας, το καταφύγιό μας, ο τόπος όπου συναντούμε τον Αναστημένο Χριστό.

Εύχομαι ο Αναστάς Κύριος να ευλογεί τη ζωή σας, να χαρίζει υγεία, ειρήνη και δύναμη σε εσάς και στις οικογένειές σας. Να φωτίζει τα βήματά σας, να σας ενισχύει σε κάθε δυσκολία και να γεμίζει τις καρδιές σας με την χαρά της Αναστάσεως, μια χαρά που δεν τελειώνει ποτέ.

Χριστός Ανέστη! Αληθώς Ανέστη!

π. Χριστοφόρος Οικονομίδης

Αρχιμανδρίτης του Οικουμενικού Θρόνου, Ιερατικώς Προϊστάμενος

### *Children of the Resurrection: A Paschal message for our children from Fr. Christoforos*

My dear children, Christ is Risen!

I hope your hearts are still filled with the joy and excitement of Pascha. This is the most beautiful and important feast of our Church. Jesus Christ rose from the dead, and because of this, light has overcome darkness, life has overcome death, and hope has overcome fear. This is not just a story we hear once a year. It is a truth that stays with us every single day.

When you say "Christ is Risen," you are saying something very powerful. You are saying that no matter what happens, no matter what difficulties you face at school, with friends, or at home, Christ is with you and gives you strength. He loves you, He knows you, and He walks with you in everything you do.

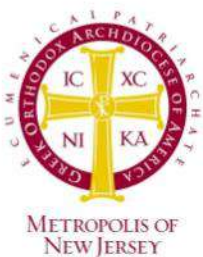
I want you to remember that your Church is your home. This is the place where you are loved, where you are safe, and where you grow closer to God. Every time you come, every time you pray, every time you light a candle, you are building a relationship with Christ that will stay with you for your whole life.

These days, we are also getting ready for our big Greek Festival. I know many of you are excited, and you should be. It is a joyful time for our whole community. You will prepare and showcase traditional Greek dances every day of the festival, and I am so proud of you for keeping our beautiful heritage alive. You will see your families working together, preparing food, welcoming people, and sharing our traditions. I also ask you to help us welcome our guests and show them how loving and hospitable we are as a community. In this way, you are not only participating but also offering something beautiful to others.

I am very proud of all of you. Continue to grow in faith, to be kind, to pray, and to always keep the joy of the Resurrection in your hearts.

Christ is Risen! Indeed He is Risen!





# GREEK ORTHODOX METROPOLIS OF NEW JERSEY

## ΙΕΡΑ ΜΗΤΡΟΠΟΛΙΣ ΝΕΑΣ ΙΕΡΣΕΗΣ

### PASCHAL MESSAGE 2026 OF HIS EMINENCE METROPOLITAN APOSTOLOS OF NEW JERSEY

Beloved Reverend Clergy and faithful children in the Lord,

*“Christ is risen from the dead, trampling down death by death...”*

With ineffable joy and spiritual exultation, we proclaim the great and salvific event of the Resurrection of our Lord Jesus Christ. Today, the Church celebrates the victory of life over death, of light over darkness, of truth over falsehood.

The Risen Lord confirms the words of Holy Scripture: “Where, O death, is your sting? Where, O Hades, is your victory?” (1 Cor. 15:55). And as the holy Apostle Paul declares, “If Christ has not been raised, then our preaching is in vain” (1 Cor. 15:14). The Resurrection is not merely an event of the past, but a living reality that transforms our lives today.

The Ecumenical Patriarch Bartholomew in his Paschal Encyclical emphasizes that the Resurrection of Christ is not merely an historical event, but is also a source of inexhaustible hope for the modern person, who is tested by various crises and uncertainties. The light of the Resurrection dispels the darkness of fear and despair and calls humanity to a renewal of life and relationships.

The Resurrection of Christ calls all of us to renew our faith, to strengthen our hope, and to live in love and forgiveness. In the light of the Resurrection, let us not forget our brethren who are sick, who are sorrowful, who are facing trials and tribulations. The love of the Risen Christ calls us to become bearers of peace, hope, and consolation.

Beloved,

The night has passed, the light has dawned. Life has conquered death. The Resurrection is our sure hope, our joy, and our strength. From my heart, I pray that the unwaning light of the Resurrection may fill your hearts, granting you health, peace, and spiritual growth.

Christ is Risen! Truly He is Risen!

With paternal blessings and love in the Risen Lord,

*Metropolitan Apostolos*

†APOSTOLOS  
Metropolitan of New Jersey



# GREEK ORTHODOX METROPOLIS OF NEW JERSEY

## ΙΕΡΑ ΜΗΤΡΟΠΟΛΙΣ ΝΕΑΣ ΙΕΡΣΕΗΣ

ΠΑΣΧΑΛΙΟ ΜΗΝΥΜΑ 2026

ΤΟΥ ΣΕΒΑΣΜΙΩΤΑΤΟΥ ΜΗΤΡΟΠΟΛΙΤΟΥ ΝΕΑΣ ΙΕΡΣΕΗΣ κ. ΑΠΟΣΤΟΛΟΥ

Άγαπητοί μου Πατέρες και αδελφοί, τέκνα ἐν Κυρίῳ ἀγαπητά,

«Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας...»

Μὲ ἄρρητη χαρὰ καὶ πνευματικὴ ἀγαλλίαση ἀναγγέλλομεν τὸ μέγα καὶ σωτήριον γεγονός τῆς Ἀναστάσεως τοῦ Κυρίου ἡμῶν Ἰησοῦ Χριστοῦ. Ἡ Ἐκκλησία σήμερον πανηγυρίζει τὴν νίκην τῆς ζωῆς ἐπὶ τοῦ θανάτου, τοῦ φωτὸς ἐπὶ τοῦ σκοτίου, τῆς ἀληθείας ἐπὶ τοῦ ψεύδους.

Ὁ Ἀναστάς Κύριος ἐπιβεβαιώνει τὸν λόγον τῆς Ἁγίας Γραφῆς: «Ποῦ σου, θάνατε, τὸ κέντρον; Ποῦ σου, ἄδη, τὸ νίκος;» (Α' Κορ. 15,55). Καὶ ὅπως ὁμολογεῖ ὁ ἅγιος Ἀπόστολος Παῦλος, «εἰ δὲ Χριστὸς οὐκ ἐγήγερται, κενὸν ἄρα τὸ κήρυγμα ἡμῶν» (Α' Κορ. 15,14). Ἡ Ἀνάστασις δὲν εἶναι ἓνα ἀπλὸ γεγονός τοῦ παρελθόντος, ἀλλὰ ἡ ζῶσα πραγματικότητα ποὺ μεταμορφώνει τὴν ζωὴ μας.

Ὁ Οἰκουμενικὸς Πατριάρχης κ.κ.Βαρθολομαῖος στὴν πασχάλιο ἐγκύκλιό του μᾶς ὑπογραμμίζει ὅτι, ἡ Ἀνάστασις τοῦ Χριστοῦ δὲν ἀποτελεῖ μόνον ἱστορικὸ γεγονός, ἀλλὰ εἶναι πηγὴ ἀνεξαντλήτου ἐλπίδος διὰ τὸν σύγχρονον ἄνθρωπον, ὁ ὁποῖος δοκιμάζεται ἀπὸ ποικίλες κρίσεις καὶ ἀβεβαιότητες. Τὸ φῶς τῆς Ἀναστάσεως διαλύει τὸ σκότος τοῦ φόβου καὶ τῆς ἀπελπισίας καὶ καλεῖ τὸν ἄνθρωπον εἰς ἀνακαίνισιν ζωῆς καὶ σχέσεων.

Ἡ Ἀνάστασις τοῦ Χριστοῦ μᾶς καλεῖ ὅλους νὰ ἀνακαινίσουμε τὴν πίστιν μας, νὰ ἐνισχύσουμε τὴν ἐλπίδα μας, νὰ ζήσουμε ἐν ἀγάπῃ καὶ συγχωρήσει. Ἐν τῷ φωτὶ τῆς Ἀναστάσεως, ἃς μὴ λησμονοῦμε τοὺς ἀσθενοῦντας, τοὺς θλιβομένους, τοὺς δοκιμαζομένους ἀδελφούς μας. Ἡ ἀγάπη τοῦ Ἀναστάντος Χριστοῦ μᾶς καλεῖ νὰ γίνουμε φορεῖς εἰρήνης, ἐλπίδος καὶ παρηγορίας.

Άγαπητοί μου,

Ἡ νύχτα παρῆλθεν, τὸ φῶς ἔλαμψεν. Ἡ ζωὴ ἐνίκησε τὸν θάνατον. Ἡ Ἀνάστασις εἶναι ἡ βεβαία ἐλπίδα μας, ἡ χαρὰ μας, ἡ δύναμίς μας. Εὐχομαι ἐκ καρδίας ὅπως τὸ ἀνέσπερον φῶς τῆς Ἀναστάσεως πλημμυρίσει τὰς καρδίας πάντων ὑμῶν, χαρίζοντας υγείαν, εἰρήνην καὶ πνευματικὴν προκοπὴν.

Χριστὸς Ἀνέστη! Ἀληθῶς Ἀνέστη!

Μετὰ πατρικῶν εὐχῶν καὶ ἀγάπης ἐν Κυρίῳ Ἀναστάντι,

† Ο ΝΕΑΣ ΙΕΡΣΕΗΣ ΑΠΟΣΤΟΛΟΣ

## A MESSAGE FROM THE PARISH COUNCIL PRESIDENT

May 2026

Dear Beloved Parishioners,

Christ is Risen!

As we enter the beautiful month of May, we continue to rejoice in the light of the Resurrection.

I would especially like to extend our heartfelt thanks to our cantors, altar servers, clergy, youth, Philoptochos, and Altar Guild for their dedication and hard work in making our Easter celebrations so beautiful and meaningful. Your devotion and service truly brought the joy of the Resurrection to life in our parish.



May is also a time of preparation and growth for our parish. We hope to see you at our Spring General Assembly on Sunday May 4, as your participation and voice are important to our parish. As we look ahead to the coming months, including our Greek Festival from June 1–6, we will need the support and involvement of many hands. Volunteering your time and talents ensures the continued success of our parish ministries and events.

In Christ's Service

Georgia Halakos

Parish Council President

## HOLY TRINITY REGISTRY April 2026

### 40 Day Blessings:

**Demetra Tsegkos**, daughter of Antonios & Maria Tsegkos, received her 40 day Church blessing on April 26.

**Efthimia Tzitzifas**, daughter of Nikko & Fotini Tzitzifas, received her 40 day Church blessing on April 26.

*We congratulate both families and pray the Lord will bless them as they prepare for baptism.*

### Baptisms:

**Ephraim Josiah Ashley** was baptized in our Church on Saturday of Lazarus, April 4, 2026. His sponsor was Joseph Hooper. We congratulate him and his sponsor and welcome Josiah into the Orthodox faith.

### Chrismations:

**Andrew Vogel** was chrismated in our Church on Palm Sunday, April 5, 2026. His sponsor was Maximilian O'Neal. We congratulate him and his sponsor and welcome Andrew into the Orthodox faith.

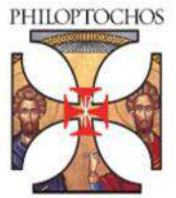
### Funerals:

**George Tsavalas**, fell asleep in the Lord on March 23, 2026. His funeral was held at Holy Trinity on March 31, 2026. He is survived by his wife Yvonne, his children John & Andrea and his grandchildren Kalina & Gaia Giorgia. May his memory be eternal.

**John Koninis, Sr.** fell asleep in the Lord on March 27, 2026. His funeral was held at Holy Trinity on April 2, 2026. He is survived by his wife Anastasia, his son John Koninis II, his granddaughter Alexandra, his sister-in-law Jennie Mallis, and many nieces, nephews, grand-nieces and grand-nephews, and his grand dog Benny. May his memory be eternal.



## Philoptochos Sisterhood of Holy Trinity St. Agape Chapter



Dearest Father Christoforos, Philoptochos Sisters and Parishioners:

**XRISTOS ANESTI! TRULY HE HAS RISEN!**

I hope you all enjoyed Pascha with your friends and families. Thank you to all who assisted with many activities during the month of April.

As is tradition, we assisted with the making of palms on Lazarus Saturday, distributed our Easter Bake Sale items on Palm Sunday in addition to the luncheon following Palm Sunday services.

On May 6 we will be baking the almond cookies and on May 19 and 20<sup>th</sup>, we'll be baking koulourakia for our upcoming festival.

Once again, we will be sending out a Sign Up Genius in support of the Urban Promise School located in Wilmington. The support from our community has been overwhelming and much appreciated by all the students at the school.

Wishing a Happy Mother's Day to all the ladies of our parish, and a Happy Nameday to Father Christoforos.

Congratulations to all our graduates! God bless you all!

Our End of Year dinner will be held on May 12. The information regarding the venue will be sent via email.

In Christ's Service,  
Dena Verikakis

### LOOKING AHEAD...



Every year Holy Trinity recognizes all of its GRADUATES. This includes all High School & College Seniors, and Post Graduate Degree Candidates. All Graduates will be honored and presented with a small gift on behalf of the Holy Trinity Community.

Please submit your graduating students name for recognition, to the Church Office. Please include their name and school they are graduating from along with a short text about future plans, and send it to the church office by **MAY 14**.



Please join us on May 17th  
Sunday School Awards & Graduation  
(in the Church Proper)  
Greek School Graduation  
(in the Community Center)



# YAL

Young Adult League

On Tuesday, March 31st, our Young Adults gathered together in the Church for a beautiful and meaningful evening. Together, we offered the Akathist Hymn to the Theotokos, with the young adults themselves participating in the service and reading the Salutations.



Following the service, we shared dinner and fellowship. Afterward, Fr. Christoforos had the opportunity to walk them through Holy Week, explaining each day and each service, so that they may better understand and more fully participate in the Passion and Resurrection of our Lord. It was a truly blessed evening for everyone who was there.



## Our Amazing Altar Severs

Our Altar Boys served faithfully throughout Holy Week. We thank them for their service to our Holy Trinity Cathedral and to our Lord and Savior Jesus Christ.

May God bless you now and always as you continually seek to serve Him and His Church. .

On Sunday, March 29 our Greek School students proudly presented a beautiful Greek Independence Day program!



On March 24, the City of Wilmington and Mayor Carney graciously hosted the Greek community of Wilmington, organized by Odyssey Charter School and represented by its students, for a beautiful celebration of Greek Independence Day.





**The Baptism of Josiah “Ephraim” Ashley on Lazarus Saturday & the Chrismation of Andrew “Andreas” Vogel on Palm Sunday. We welcome Josiah and Andrew into the Orthodox faith. May our Lord bless you and keep you all the days of your lives.**





## Lazarus Saturday Community Palm Folding!

It was truly beautiful to see everyone gathered together, young and old, united in this cherished tradition of our Church as we prepared for Palm Sunday!



# Palm Sunday

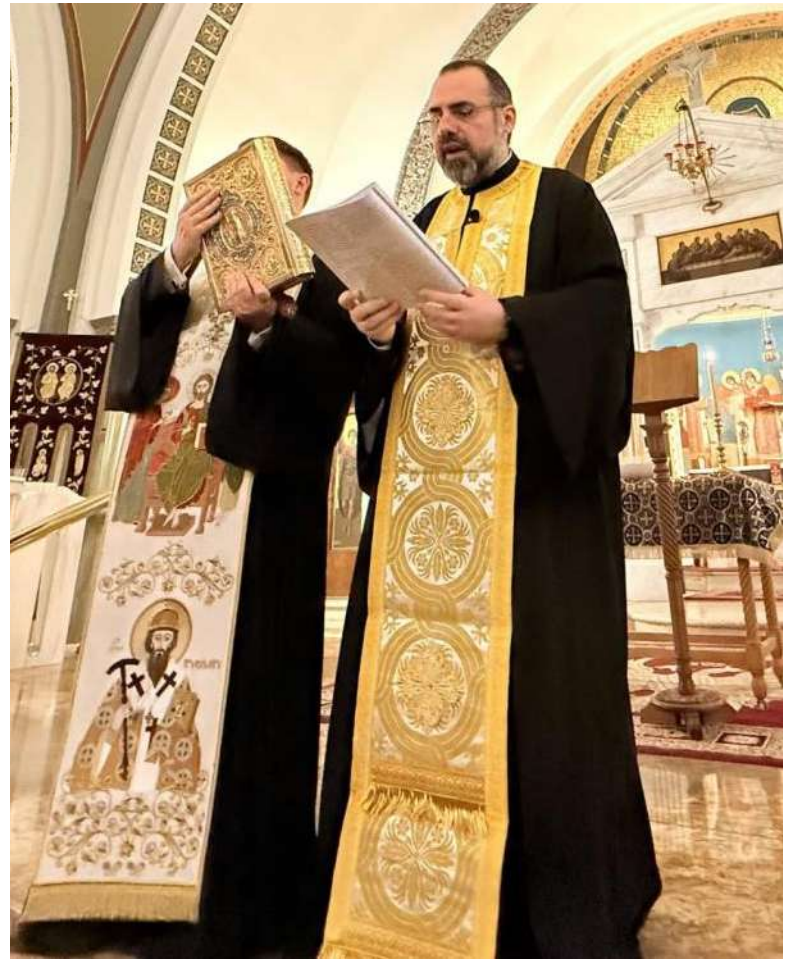
A beautiful and joy-filled Palm Sunday Divine Liturgy at Holy Trinity Cathedral!

It was a blessing to see our children so excited, holding their palms and participating in the life of the Church with such enthusiasm and love. Moments like these remind us that the Church is alive, vibrant, and full of hope.



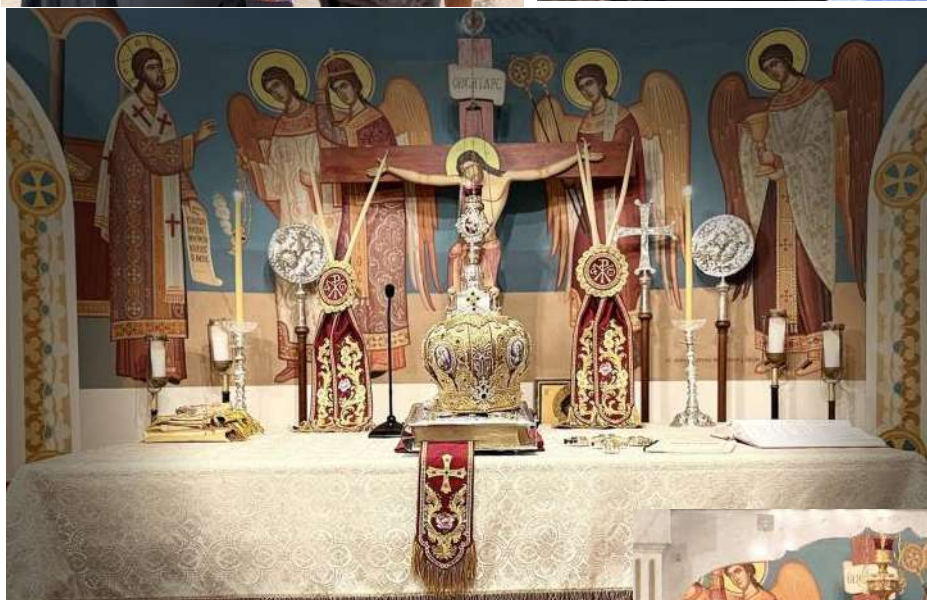


# Holy Wednesday Service of Holy Unction



# Holy Thursday

On Holy Thursday morning we were blessed to have His Eminence Metropolitan Apostolos come and preside over the service. The children cheerfully greeted him and after the service we shared a meal with him, our Archons, and our wonderful Altar servers.



# Holy Thursday Evening

## *The Passion of Christ*



# Holy Friday Retreat

We had a wonderful Holy Friday Retreat. Our youth spent meaningful time with Fr. Christoforos and then we shared a wonderful Lenten Lunch. Our HOPE JOY youth enjoyed doing crafts and our GOYAns wrapped our red eggs and candy for the Egg Hunt on Sunday!



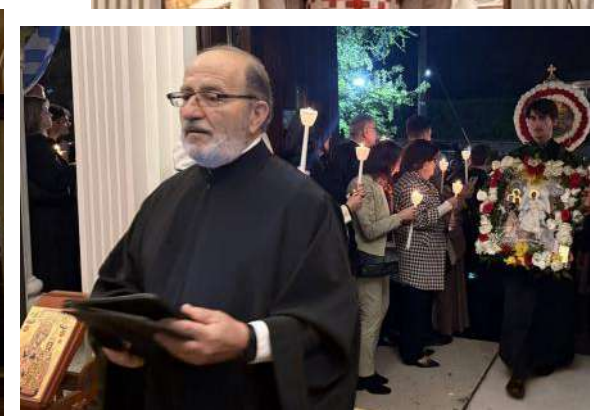
# Holy Friday

## Epitaphio Service at our Cathedral!



# Holy Saturday Christ is Risen! Anastasi at Holy Trinity

Χριστός Ανέστη!



### ***Who took all the photos??!!***

We would like to say THANK YOU to Emad Tawfik for his spectacular photo shoot during Holy Week. He seemed to capture every moment of each service. Sadly we are unable to print all the beautiful shots he took, but they are on our Facebook Page & the web page bulletin, so please visit and enjoy the stunning photos he took!!

I think we found our new photographer!!! George Tsavalas would be proud!! Thanks Emad!



## Saint Christoforos of Lycia the Great Martyr

The Holy Martyr Christoforos lived during the third century and suffered about the year 250, during the reign of the emperor Decius (249-251). There are various accounts of his life and miracles, and he is widely venerated throughout the world. He was a man of great stature and unusual strength. Before Baptism he was named Reprebus because his disfigured appearance. Even before Baptism, Reprebus confessed his faith in Christ and denounced those who persecuted Christians.

Because of his renowned strength, 200 soldiers were assigned to bring him before the emperor Decius. Reprebus submitted without resistance. Several miracles occurred along the way. The soldiers surrounding him were astonished at these miracles. They came to believe in Christ and they were baptized along with Reprebus by Saint Babylus of Antioch (September 4).

Christoforos once made a vow to serve the greatest king in the world, so he first offered to serve the local king. Saint Babylas of Antioch told him that he could best serve Christ by doing well the task for which he was best suited. Therefore, he became a ferryman, carrying people across a river on his shoulders. One stormy night, he carried a Child Who insisted on being taken across at that very moment. With every step he took, the Child seemed to become heavier. Halfway across the stream, he felt that his strength would give out, and that he and the Child would be drowned in the river. As they reached the other side, the Child told him that he had just carried all the sins of the world on his shoulders. Then He ordered Christoforos to plant his walking stick in the ground. As he did so, the stick grew into a giant tree. Then he recognized Christ, the King Whom he had vowed to serve.

Saint Christoforos was brought before the emperor, who tried to make him renounce Christ, not by force but by cunning. He summoned two profligate women, Callinika and Aquilina, and commanded them to persuade Christoforos to deny Christ, and to offer sacrifice to idols. Instead, the women were converted to Christ by him. When they returned to the emperor, they declared themselves to be Christians. Therefore, they were subjected to fierce beatings, and so they received the crown of martyrdom.

Decius also sentenced to execution the soldiers who had been sent after Saint Christoforos, but who now believed in Christ. The emperor ordered that the martyr be thrown into a red-hot metal box. Saint Christoforos, however, did not experience any suffering and he remained unharmed. After many fierce torments they finally beheaded the martyr with a sword. This occurred in the year 250 in Lycia. By his miracles the holy Martyr Christoforos converted as many as 50,000 pagans to Christ, as Saint Ambrose of Milan testifies.

The name Christoforos means "Christ-bearer." This can refer to the saint carrying the Savior across the river, and it may also refer to Saint Christoforos bearing Christ within himself (Galatians 2:20).

*(Source: oca.org)*

Holy Trinity Greek Orthodox Cathedral  
Wilmington, Delaware



DIVINE LITURGY  
ON THE  
FEAST DAY  
OF  
SAINT  
CHRISTOFOROS

SATURDAY, MAY 9, 2026  
ORTHROS 9AM  
DIVINE LITURGY 10AM

A reception will follow

# ALTAR GUILD

I wish to thank all the Altar Guild members who throughout the Lenten season decorated the Icons, garland, palms and the Kouvouklion on Good Friday.

The members are ***Diana Galaris, Demetra Papoulis, Lauren Diamond, Sophia Hionas, Marika Sarmousakis, Evie Fournaris, Joanne Tarabicos, and Steve Nicholas*** who guides us every year. A special thank you to ***Kristie Asimos*** who straightens the prayer books after every service throughout the year.

Although there is always lots to do during this time, there are still feast days that the church is celebrating in the coming months.

## ***Hristos Anesti!!***

Donations are needed for the following dates:

**May 29, 2026 The Holy Ascension**

**June 8, 2026 Holy Pentecost**

**June 9, 2026 Our church name day**

**August 6, 2026 Transfiguration of Jesus Christ**

**August 15, 2026 Dormition of the Theotokos**

If you are interested in donating to any of these dates contact Joanne Tarabicos at 302-239-4950 or Evie Fournaris at 302-229-6849 or use the form below.

If you have a special request for a wreath or bouquets, please use the form below.

The cost is \$50.00 for two small arrangements and \$100.00 for two large arrangements.

**Please feel free to contact Joanne Tarabicos at 302-239-4950 or Evie Fournaris at 302-475-5035 or use the form below.**

-----  
Name\_\_\_\_\_

Dedication\_\_\_\_\_

RESERVED DATE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

MAY WE PRINT IT IN THE BULLETIN: YES\_\_\_\_\_ NO\_\_\_\_\_

Enclosed \$\_\_\_\_\_

Make checks payable to "Holy Trinity Altar Guild".

Mail to: Stacy Koninis, 2602 Brightwell Drive, Wilmington, DE. 19810  
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# ALTAR GUILD

The Altar Guild members wish to thank everyone who donated this year. the list is as follows:

- Feb 27 First Salutation of the Theotokos: Anna Demetriou, For the good health of our family.
- March 1 Sunday of Orthodoxy: John & Joanne Tarabicos, Prayers to end conflicts around the world & our deceased relatives.
- March 6 Second Salutation of the Theotokos: Xanthi & Fred Joseck, In memory of our parents Eleftherios & Maria Gavrilis & brother Nicolas Gavrilis
- March 8 Sunday of St. Gregory Palamas: Tania & Emad Tawfik, Peace & Love for the world & our family.
- March 13 Third Salutation to the Theotokos: Xanthi & Fred Joseck, In memory of our parents.
- March 15 Sunday of the Holy Cross: Anonymous.
- March 15 Holy Cross Veneration tray: George & Stavroula Pettaris, Wishing the Parishioners of Holy Trinity a Blessed Pascha.
- March 25 Annunciation of the Theotokos: Anna Demetriou, For the good health of our family.
- March 20 Fourth Salutation of the Theotokos: Kathy & Markella Calliagas, In memory of Nicholas Calliagas
- March 22 Sunday of St. John Climacus: Anonymous
- March 27 Akathyst Hymn: Anna Demetriou, For the good health of our family.
- March 29 St. Mary of Egypt: Elizabeth & Victor Kaliakin, for the health & salvation of Elizabeth, Victor, Yianni, Megan, Demetri, Marie, Xenia, and in loving memory of Irene, Victor, Inna, & Nikolai.
- April 4 Saturday of Lazarus: John & Sandy Lazare, In memory of my parents Lazarus & Filomen Lazare.
- April 5 Palm Sunday Icon, Kathy & Markella Calliagas, for the continued good health of our family members.
- April 5 Palms for Crosses: John & Vicky Dalianis.
- April 5 Large Palm Plants: Stamatis Burpulis, In loving memory of Costa & Maria Burpulis.
- April 5 Nymphios Icon: Anna Fournaris, Continued prayers for my family.
- April 9 Last Supper Icon: Spiro Apossos, In loving memory of my wife Maria & son James.
- April 9 Crucifixion Icon: Anonymous.
- April 9 Wreath on cross, Good Friday: Mrs. Anastasia Bouloukos, In loving memory of my beloved husband Harry Bouloukos, Father & Grandfather.
- April 9 Wreath at the base of the cross: The Guardascione Family, In loving memory of Maria Apossos & James Apossos.
- April 9 Wreath at the base of the cross: Voula Stout, In memory of Georgia & Constantinos Anastasakos.
- April 9 Wreath at the base of the cross: Kostas Atsidis, In loving memory of my wife Eftihia.
- April 9 Wreath at the base of the cross: Spiro Apossos, my wife Maria & my son James.
- April 9 Wreath at the base of the cross: Eugenia & David Gray, in memory of Chrysostom Gilman.
- April 11 Bay leaves for Holy Saturday: Eleni & Demetri Karakasidis.
- April 11 Garland for Royal Doors: Anna Tsionas, in loving memory of those we have loved & lost.
- April 11 Resurrection Icon: Anonymous.
- April 11 Myrrh Bearers Icon: Tania & Emad Tawfik, Peace & love for the world & our family.
- April 11 Rose petals for Holy Saturday: Effie & Dimitri Kolovos, In loving memory of my father, Efthimios Tsionas.
- April 12 Levaro Icon wreath, Costa & Maria Caras, In loving memory of my parents Alexandra & William Michell.
- April 12 Holy Pascha Holy Doors Arrangement: Effie & Dimitri Kolovos, In loving memory of my father Efthimios Tsionas.

Donation: Anthoula & Anamaria Anagnostou: In memory of our parents, Pete & Mary Anagnostou.

Lilly Plants for Easter:

- Desponia Logullo: In loving memory of my brother, Christ Hadzeglou.
- Irene Marini: In loving memory of my parents, Gogoula & Diomidis Saloustros.
- Maria & Constantine Caras: In loving memory of my parents, Alexandra & William Michell.
- Liza Kaliakin
- Elizabeth Pappas

***Thank you all for your donations.  
Joanne Tarabicos and Evie Fournaris***

## 2026 HOLY TRINITY GREEK ORTHODOX CATHEDRAL SPONSORS OF ONE DAY OR MORE

Asimos, George & Kristie  
Bacchieri, Stacey  
Caras, Alexandra  
Caras, Constantine & Maria  
Caras, Valerie  
Colborn, Brian & Nicole  
Constantinou, John & Carol  
Dargakis, Mike & Kleo  
Diamond, Thomas

Dianastasis, Ernie & Jennifer  
Faller, James & Catherine  
Fournaris, Emmanuel & Evie  
Galaris, Rick & Diana  
Geanopoulos, Georgian  
Gray, David & Eugenia  
Grivas, Christopher & Michelle  
Halakos, Demetris & Georgia  
Halakos, Evangelos & Donna

Halakos, Ioannis & Eftihia  
Kayiaros, Stephen  
Kirifides, Alexander & Kathy  
Kirifides, Lazarus M & Helen  
Kirifides, Michael & Kerry  
Kirifides, Vasil & Eleftheria  
Kollias, Basil & Demi  
Lazare, John & Sandra  
Markatos, Harry & Susan

Nannas, Theodore & Alexandra  
Psaltis, Thomas & Cynthia  
Raisis, Leonidas & Irene  
Raisis, William & Emily  
Rassias, Dion & Gina  
Souleles, Nicholas & Alexis  
Wolcott, Josiah & Paraskevi  
Zerefos, Demetrios & Constantina

## 2026 FINANCIAL STEWARDS OF HOLY TRINITY GREEK ORTHODOX CATHEDRAL

Alexopoulos, Demetri & Lauren  
Alexopoulos, John  
Almasou, Elias & Rasha  
Amygdalos, Michael & Christine  
Anagnostou, Anamaria  
Anagnostou, Anthoula  
Andrianopoulos, Faith  
Angeletakis, Christos & Christina  
Asimos SR, George  
Atsidis, Kostas  
Barrios, Luis & Dimitra  
Belitsas, Athanasios & Antonia  
Bouikidis, Vasilios & Yianna  
Bouloukos, Harry & Anastasia  
Calliagas, Katherine  
Calliagas, Markella  
Chahalís, Maria  
Chambers, George & Katherine  
Charalambides, Dino & Nia  
Chilimidos, Effie  
Christoforatos, Demetri & Dimitra  
Christou, Alecca  
Christou, Christos & Evie  
Ciabattini, Olga  
Constantinou, Elizabeth  
Constantinou, George  
Constantinou, Georgia  
Constantinou, Stephen  
Constantinou, Virginia  
Courtis, Harry & Sophia  
Croussouloudis, Despina  
Dalianis, John & Vicky  
Demetriou, Anna  
Diakos, Andronikos  
Diakos, Katina  
Diamanty, Thomas  
Diamond, Anthony & Lauren  
Dietrich, Michael & Christina  
Doukakis, Helen  
Drimones, Clara  
Drimones, Nicholas  
Economou, Georgios & Lena  
Ferentinos, Joan  
Fessarás, Antonios  
Fisfis, Nicholas & Cathryn  
Floropoulos, Yiannis  
Fotakis, Greg & Angeliki  
Fotakos, Leonidas & Sophia  
Fountzoulas, Costas & Audrey  
Fournakis, Susan  
Fournaris, Anna  
Fournaris, Constantine & Kristen  
Fournaris, George & Soula  
Frangakis, Christine

Galanis, Agnes  
Gatanis, Theodore  
Gatos, Paula  
George, Mary  
Gianelos, James & Stacie  
Giannakakis, Vivian  
Giannatos, Stavros & Terrie  
Graham, Catherine  
Grivas, Athena  
Grivas, Christopher  
Grivas, Demetrios  
Guajardo, Evangelina  
Guardascione, Louis & Shelly  
Halakos, Garifalia  
Haldas, Harry  
Haldas, Nicholas & Rodie  
Haldas, Thomas  
Haldas-Long, Irene  
Hall, George & Michelle  
Hantzopoulos, Bill & Lisa  
Healy, Kevin & Sophia  
Heliotis, Alexandra  
Hionis, Sophia  
Humphrey, Caroline  
Issaris, Katherine  
Joris, Irene  
Joseck, Anastasia  
Kalaitzoglou, Apostolos & Niki  
Kalaitzoglou, Stavros  
Kaliakin, Victor & Elizabeth  
Kamenakis, Peter & Juli  
Kanas, Emmanuel & Valerie  
Kanas, Larry & Alicia  
Karablasas, Stelios  
Karagiannis, Peter  
Karahalias, Stratton  
Karakasidis, Demetri & Eleni  
Karakasidis, John & Vickie  
Karakasidis, Stephanos & Evaggelia  
Karaoglanis, Eleftherios & Niki  
Karás, George & Eva  
Karás, George M  
Kayiaros, Joanna  
Kefallinos, Vasiliki  
Kimbiris, George & Beatriz  
Klezaras, Michael & Kathy  
Klezaras, Nikoletta  
Klezaras-Lurz, Marina  
Kollias, Georgia  
Koninis II, John  
Koninis, John & Anastasia  
Kontis, Gus & Cindy  
Kontomaris, Kostas & Melissa  
Kostas, John & Gale

Kostas, Lynn  
Kostas, Nicholas & Stephani  
Kramedas, Matoula  
Kranidiotis, Konstantinos & Maria  
Kromedas, Vasiliki  
Kyranakis, Demetri & Vanessa  
Kyranakis, John & Gale  
Laletas, Earnest & Barbara Brockett  
Laskaris, Johanna  
Lawson, Alexander & Gia  
Lawson, John  
Lawson., Michael  
Lazopoulos, Emmanuel & Laura  
Lazopoulos, Jr., John & Christina  
Lengel, Robert & Maria  
Liappis, Nikolaos & Maria  
Liarakos, Ann  
Logullo, Desponia & Francis  
Lomis, Toula  
Lonergan, William & Francesca  
Lurz, Alexandros  
Lurz, Andreas  
Mackewiz, Lee & Irene  
Magiros, George  
Manolakos, Nicholas & Paula  
Manoloudis, Michael & Kandi  
Mantzavinis, Spiros & Megan  
Maravelias, James & Diane  
Marcantonis, George & Agnoulá  
Marini, Irene  
Marinis, Kalliope  
Marvel, Jessica  
Matulas, Anagnostis & Angela  
Michell, Constantine & Elaine  
Michell, Theodore & Catherine  
Minella, Tia & Charles  
Moriello, Carissa & Nicholas  
Napoli, Frances  
Novakis, Louis  
Ohlemacher, Evangline  
Pacienza, Stephanie  
Pantelopulos, Anthony & Daphne  
Papanicholas, Maria  
Papettas, Vasilis & Christina  
Pappas, Elias & Denise  
Pappas, Elizabeth  
Pastis, Jacqueline  
Perna, Kevin & Elpidá  
Pettaris, George & Stavroula  
Piccirilli, Joe & Melissa  
Pierson, Vetta & Charles  
Pispitsos, Pantelis  
Pittaoulis, Steve  
Poulos, Vasilios & Eulampia

Psihalinos, Athina  
Psihalinos, Thomas & Magdalini  
Raisis, Pauline  
Ramzi, Dino & Maria  
Rapposelli, Hareklia  
Rassias, George & Amalea  
Rassias, Peter & Julie  
Regas, Sofia  
Saitis, Mary  
Sarmousakis, Chris & Kaja  
Sarmousakis, Marika  
Schillinger, Robert & Karen  
Shahwan, Sofy  
Spurlock, Kate  
Staab, Kristina  
Stout, Robert & Voula  
Tarabicos, Christina  
Tarabicos, John & Joanne  
Tarabicos, Maria  
Tarabicos, Sophia  
Teklai, Titi  
Theodorakis, Stamatis & Lisa  
Theodorakos, Nicholas & Katherine  
Tiniakos, Gregory & Elaine  
Tsaganos, Nicholas & Joanna  
Tsaganos, Robert  
Tsakataras, George  
Tsakumis, George & Julia  
Tsakumis, Theodore  
Tsigkakos, Dimos & Ioanna  
Tsoukalas, Niki  
Tsugranes, George & Penny  
Tzitzifas, Nikko & Fotini  
Turley, Steve & Akiko  
Vassiliou, Kleoniki  
Velitskakís, Steve & Karen  
Verikakis, Dena  
Verikakis, Evangelos & Shannon  
Vice, Elaine  
Visvardis, Socrates & Ruth  
Vlastaridis, Christina & Ioannis  
Vlastaridis, Theodoros & Sofia  
Voultsis, Catherine  
Voultsis, Evangeline & Damien  
Voultsis, Jordana  
Wiechecki, Frank & Kelly  
Wilkinson, Suzanne  
Wilson, Eugenia & Pronto, Julius  
Xarhoulakos, Peter  
Zerefos, Eugenia  
Zerefos, Yianni & Lauren  
Ziccarelli, Louis & Catherine

**As of April 24, 2026**  
**249 Families**

If you have not yet given towards your  
**2026 Stewardship**  
 you can do so at any time.

Stewardship is believing in Church and wanting to support and keep her mission alive by donating your time, talents and financial support. Stewardship is a simple, equitable, and Christian way by which each parishioner (individual or family) determines their contributions for the support of the Church, proportionate to their abilities.

- We currently have 400 families as stewards, but the actual number of families and potential parishioners is much higher.
- If all our stewards gave \$40 per week, our operational needs would be met.
- Based on our 2026 Budget, we need the amount of \$2,000 a day to operate and keep our doors open.

We give parishioners the opportunity to "Sponsor a Day" @ \$2,000 per day. Anyone who sponsors one or more days will be listed in the bulletin as a Cathedral Day Sponsor. All other stewards are listed as Cathedral Stewards. We are grateful for any manner of giving.

There are several ways you can give...

You can:

- 1) Bring cash or check and put it in the offering tray as it is passed in church.
- 2) Send a check in the mail or stop by the office any time during the week (M - F 9a-4p)
- 3) Give on line via our website (www.holytrintywilmington.org - hit the donate button and follow the prompts)
- 1) Use the QR Code below and it will take you directly to the website donation page.

We thank you for your generous offerings and remind you that...

**"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver"**  
**2 Corinthians 9:7**



## SHARING

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Your stewardship number: \_\_\_\_\_

Your 2025 pledge was: \_\_\_\_\_

☐ Please increase my pledge by 10% to: \_\_\_\_\_

☐ Please increase my pledge by 20% to: \_\_\_\_\_

☐ My 2026 commitment is: \_\_\_\_\_

☐ \$750.00 (\$62/month or \$15/week)

☐ \$1,000.00 (\$84/month or \$20/week)

☐ \$1,500.00 (\$125/month or \$29/week)

☐ \$5,000.00 (\$415/month or \$96/week)

☐ \$2,000.00 (Sponsors a Day of Operations)

☐ # of Days (Sponsor Multiple Days)

(above figures are rounded)

***I/We understand that by completing this good faith estimate, and by pledging my/our Time, Service and Sharing section of this Stewardship Card, I/We are committing ourselves to being faithful stewards of Holy Trinity Greek Orthodox Cathedral for 2026.***

Signature \_\_\_\_\_ Date \_\_\_\_\_

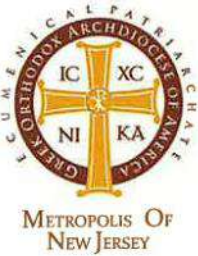
## Proportionate Sharing

***Our operating budget for 2026 will be \$792,000.***

***We offer you this giving guide to assist you in determining your 2026 pledge. Please use the enclosed envelopes and give according to what God has blessed you.***

**PLEASE RETURN SIGNED CARD TO THE CHURCH OFFICE**

| Annual Income | Weekly Giving |      |              |
|---------------|---------------|------|--------------|
|               | 2%            | 5%   | 10% Biblical |
| \$15,000      | \$6           | \$14 | \$28         |
| \$25,000      | \$10          | \$24 | \$48         |
| \$35,000      | \$13          | \$34 | \$68         |
| \$45,000      | \$17          | \$43 | \$86         |
| \$65,000      | \$25          | \$64 | \$128        |
| \$100,000     | \$38          | \$96 | \$192        |



# HOLY TRINITY GREEK ORTHODOX CATHEDRAL

## ΙΕΡΟΣ ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΓΙΑΣ ΤΡΙΑΔΟΣ



+ V. Rev. Archimandrite  
Christoforos Oikonomidis

April 21, 2026

**To: The Parishioners of Holy Trinity Greek Orthodox Church**

**Purpose: Spring 2026 Parish General Assembly Meeting**

Dear Parishioners, Christ is Risen! Χριστός Ανέστη!

The first regular General Assembly of our Parish for the year 2026 will take place on **Sunday, May 3, 2026**, in the Community Hall. The meeting will start at 12:30 pm. We will conduct the meeting according to the following Agenda:

### AGENDA

- I. Call to Order by Parish Council President Georgia Halakos
- II. Establishment of Quorum
- III. Opening Prayer by Fr. Christoforos Oikonomidis
- IV. Election of Chairperson & Appointment of General Assembly Secretary by Chairperson
- V. Reading and Approval of November 2025 Parish Assembly meeting minutes & Correspondence by General Assembly Secretary
- VI. Father Christoforos' welcome and report
- VII. President's report by Georgia Halakos
- VIII. Financial Reports
  - a. Treasurer's Report
  - b. Investment Report
  - c. Stewardship Report
  - d. Audit Committee
- IX. Organization Reports: Philoptochos, Greek Afternoon School, Youth Ministries (Y.A.L., GOYA, JOY, HOPE, Orthodox Faith Sunday School)
- X. Old Business
- XI. New Business
  - a. Holy Week & Easter
  - b. Building Updates
  - c. Festival Plans 2026 (June 1 - 6)
- XII. Call for Adjournment – General Assembly Chairperson
- XIII. Closing Prayer by Fr. Christoforos

Please try to attend. Your presence and participation are very important. We are grateful for your consideration and look forward to seeing you. Wishing you the Grace of the Holy Trinity and thanking you in advance, we remain,

Sincerely yours,

Georgia Halakos  
President, Parish Council

V. Rev. Archimandrite of the Ecumenical Throne  
Christoforos Oikonomidis  
Parish Priest



## **CONSTANTINE & HELEN, EQUAL-TO-THE APOSTLES / May 21**

### **Apolytikion in the Plagal of the Fourth Tone**

He beheld the image of Your Cross in the Heavens and, as Paul, he too did not receive the call from men. Your Apostle among Kings placed the care of the Royal City in Your hands. Through the intercessions of the Theotokos, O only Loving Lord, keep it ever in peace.

### **Kontakion in the Third Tone**

Today, Constantine with his mother Helen present the Cross, the most precious wood. It shames unbelievers. It is a weapon of faithful kings against their adversaries. A great sign has come forth for us which is awesome in battle.

### **Reading:**

This great and renowned sovereign of the Christians was the son of Constantius Chlorus (the ruler of the westernmost parts of the Roman empire), and of the blessed Helen. He was born in 272, in (according to some authorities) Naissus of Dardania, a city on the Hellespont. In 306, when his father died, he was proclaimed successor to his throne. In 312, on learning that Maxentius and Maximinus had joined forces against him, he marched into Italy, where, while at the head of his troops, he saw in the sky after midday, beneath the sun, a radiant pillar in the form of a cross with the words: "By this shalt thou conquer." The following night, our Lord Jesus Christ appeared to him in a dream and declared to him the power of the Cross and its significance. When he arose in the morning, he immediately ordered that a labarum be made (which is a banner or standard of victory over the enemy) in the form of a cross, and he inscribed on it the Name of Jesus Christ. On the 28th Of October, he attacked and mightily conquered Maxentius, who drowned in the Tiber River while fleeing. The following day, Constantine entered Rome in triumph and was proclaimed Emperor of the West by the Senate, while Licinius, his brother-in-law, ruled in the East. But out of malice, Licinius later persecuted the Christians. Constantine fought him once and again, and utterly destroyed him in 324, and in this manner he became monarch over the West and the East. Under him and because of him all the persecutions against the Church ceased. Christianity triumphed and idolatry was overthrown. In 325 he gathered the First Ecumenical Council in Nicaea, which he himself personally addressed. In 324, in the ancient city of Byzantium, he laid the foundations of the new capital of his realm, and solemnly inaugurated it on May 11, 330, naming it after himself, Constantinople. Since the throne of the imperial rule was transferred thither from Rome, it was named New Rome, the inhabitants of its domain were called Romans, and it was considered the continuation of the Roman Empire. Falling ill near Nicomedia, he requested to receive divine Baptism, according to Eusebius (The Life of Constantine. Book IV, 61-62), and also according to Socrates and Sozomen; and when he had been deemed worthy of the Holy Mysteries, he reposed in 337, on May 21 or 22, the day of Pentecost, having lived sixty-five years, of which he ruled for thirty-one years. His remains were transferred to Constantinople and were deposited in the Church of the Holy Apostles, which had been built by him (see Homily XXVI on Second Corinthians by Saint John Chrysostom).

As for his holy mother Helen, after her son had made the Faith of Christ triumphant throughout the Roman Empire, she undertook a journey to Jerusalem and found the Holy Cross on which our Lord was crucified (see Sept. 13 and 14). After this, Saint Helen, in her zeal to glorify Christ, erected churches in Jerusalem at the sites of the Crucifixion and Resurrection, in Bethlehem at the cave where our Saviour was born, another on the Mount of Olives whence He ascended into Heaven, and many others throughout the Holy Land, Cyprus, and elsewhere. She was proclaimed Augusta, her image was stamped upon golden coins, and two cities were named Helenopolis after her in Bithynia and in Palestine. Having been thus glorified for her piety, she departed to the Lord being about eighty years of age, according to some in the year 330, according to others, in 336.

**Reading courtesy of Holy Transfiguration Monastery  
Apolytikion courtesy of Narthex Press / Kontakion courtesy of Narthex Press**

# MAY GOYA NEWS

Christ is Risen!

We hope everyone had a joyful and blessed Pascha!

Many of our GOYAns participated in the beautiful Holy Week services. Our girls lifted their voices in the choir, and the solea was filled with our boys faithfully serving in the altar.

On April 26th, we proudly took part in the Greek Independence Day Parade in Philadelphia; it was a wonderful celebration of our faith and heritage!



Looking ahead, we're getting ready for our annual Greek Festival, taking place June 1-6. Our Terpsichorean Dance Troupe will be performing nightly.

Dance practices will be held 7pm-8:30pm on  
April 23<sup>rd</sup>, 27<sup>th</sup>, 30<sup>th</sup> & May 4<sup>th</sup>, 11<sup>th</sup>, 14<sup>th</sup>.

**Final mandatory rehearsal May 27<sup>th</sup>.**

End-of-year GOYA trip loading... details coming soon!



# HOPE & JOY END OF YEAR CELEBRATION

A Sweet Ending to a Beautiful Year!

*CHRIST IS RISEN!!!*

---

Join us on **Friday, May 22, 2026**, from **5:30 - 7:30 pm** for a special dance practice as we get ready for the Greek festival!

And... we have a surprise!

At **6:30 pm**, an Ice-Cream Truck will be arriving for the kids to celebrate an amazing year together!

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We are so excited to end our HOPE & JOY year on such a sweet note before the festival begins!

# 2026 SIGHTS & SOUNDS

## A Joyful Celebration of Faith, Talent, and Community

With gratitude to God, our parish of Holy Trinity Cathedral reflects on a beautiful and inspiring day this past Saturday, March 21, 2026, as we hosted the Metropolis of New Jersey Delaware Valley *Sights and Sounds Youth Festival*. What we experienced was not simply an event, but a powerful expression of the faith, creativity, and unity of our Orthodox youth.

Hundreds of young people from across the Delaware Valley gathered to offer their talents through music, dance, drama, speech, and visual arts. Each presentation revealed not only dedication and hard work, but also the joy of offering one's gifts within the life of the Church.

We are especially grateful for the presence of His Eminence Metropolitan Apostolos of New Jersey, whose love for our youth continues to inspire us all. His Eminence remained with us throughout the day, encouraging and supporting our children with his fatherly care and blessing.

Our hearts are filled with pride for our own GOYA. Our young people worked tirelessly for many days and long hours in preparation for this festival, and their efforts were evident in every aspect of their participation. They presented themselves with remarkable talent, but even more importantly, with respect and dignity. Whether on stage or throughout the Cathedral grounds, they conducted themselves in a way that honored their families, their parish, and their faith.

The festival's results reflected this dedication. Our youth were recognized in numerous categories across the arts, earning many top placements and distinctions. While awards are certainly a blessing, what stood out even more was the spirit with which our children participated. They supported one another, celebrated each other's successes, and demonstrated a maturity and grace that made us all incredibly proud.

We extend our heartfelt gratitude to our GOYA Advisors, Agnoula Marcantonis and Angela Thomas; our talented instructors, Evita Guajardo, Stavroula Karakasidis, and Alexandra Mavridis; and Eleni Karakasidis, Demetri Karakasidis, and Rich Thomas, whose dedication and guidance made all of this possible. In a special way, we thank the Chair of the event, Angie Karakasidis, for her outstanding leadership and the festival's professional organization. We also offer thanks to the many volunteers who worked diligently behind the scenes and served with joy and generosity.

Finally, we give thanks for our entire parish family. This event was not the work of a few, but the offering of a whole community coming together with love and purpose. From planning and preparation to execution and support, Holy Trinity Cathedral truly opened its doors and its heart.

Glory to God for all things! May He continue to bless and guide our youth and strengthen our community!

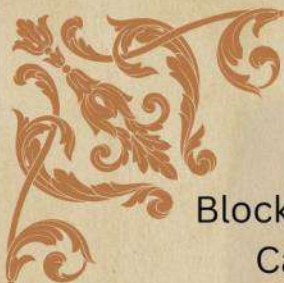
Fr. Christoforos





Group Song HTW Cathedral 1st Place  
Greek Play HTW Cathedral 3rd Place  
Choral Speaking HTW Cathedral 3rd Place  
Instrumental Group HTW Cathedral 1st Place  
Group Dance HTW Cathedral 1st Place  
Instrumental Duet Eleni Marcantonis &  
Katerina Marcantonis 1st Place  
Woodwind Intermediate Katerina Marcantonis 1st Place  
Piano Beginner Eleni Marcantonis 2nd Place  
Piano Intermediate Sia Dargakis 2nd Place  
Monologue Sr. Eleni Marcantonis 2nd Place  
Monologue Sr. Katerina Marcantonis 3rd Place  
Jazz Dance Solo Jr Despina Belitsas 1st Place  
Jazz Dance Solo Jr Myrto Kalampakas 3rd Place  
Vocal Duet Eleni & Katerina Marcantonis 1st Place  
Vocal Duet Frank Wolcott & Angelo Hall 3rd Place  
Vocal Solo Jr. Katerina Marcantonis 3rd Place  
Vocal Solo Sr. Eleni Marcantonis 1st Place  
Dance Duet Eleni Marcantonis &  
Isidora Kranidiotis 1st Place  
Dance Duet Christina Marcantonis &  
Panagiotis Zografakis 2nd Place  
Oral Interpretation Jr Christina Marcantonis 1st Place  
Oral Interpretation Jr Yianni Karakasidis 2nd Place  
Oral Interpretation Jr Demetri Karakasidis 3rd Place  
Oral Interpretation Sr Eleni Marcantonis 1st Place





Acrylic / Oil Jr. Jerry Psihalinos 3rd Place  
Acrylic / Oil Sr. Eleni Marcantonis 1st Place  
Block / Linoleum Printing Jr. Demetri Thomas 1st Place  
Cake Decorating Sr. Isidora Kranidiotis 1st Place  
Cartoons Sr. Katerina Marcantonis 1st Place  
Ceramic Pottery Jr. Myrto Kalampakas 2nd Place  
Charcoal Sr. Chrysoula Souleles 2nd Place  
Ellen Kirifides 3rd Place  
Color Pencil Sr. George Psihalinos 3rd Place  
Computer Assisted Design Jr. Jerry Psihalinos 2nd Place  
Crochet / Knitting Sr. Eleni Marcantonis 3rd Place  
Cut Paper Sr. Isidora Kranidiotis 2nd Place  
Iconography Jr. Paris Verikakis 1st Place  
Iconography Sr. Isidora Kranidiotis 1st Place  
Alex Hall 2nd Place  
Marker Drawing Jr. Christina Marcantonis 3rd Place  
Marker Drawing Sr. Chrysoula Souleles 1st Place  
Metal Sculpture Jr. Yianni Karakasidis 1st Place  
Mixed Media Jr. Demetri Thomas 1st Place  
Mixed Media Sr. Anastasia Thomas 3rd Place  
Pastel Sr. Chrysoula Souleles 1st Place  
Pen & Ink Sr. Chrysoula Souleles 3rd Place  
Quilling Sr. Anastasia Thomas 1st Place  
Sculpture Sr. Eleni Marcantonis 3rd Place  
Watercolor Jr. Christina Marcantonis 3rd Place  
Watercolor Sr. Ellen Kirifides 2nd Place  
Angelo Hall 3rd Place  
Wood Sculpture Jr. Demetri Karakasidis 1st Place  
Woodworking Jr. Yianni Karakasidis 1st Place  
B&W Photography Jr. Myrto Kalampakas 2nd Place  
Digitally Enhanced Photo Jr. Savvas Thymakis 2nd Place  
Digitally Enhanced Photo Sr. Isidora Kraniditois 1st Place





# The Young @ Heart invites you to

**Set Sail for an Unforgettable Experience!**

**Join us for a Scenic River Cruise**

**Discover Wilmington like never before**

**— from the water!**

**COST**  
**\$29.95**  
**for**  
**members**

**Saturday, May 16th @ 12pm**

(NOTE: this is in place of our regular Thursday meeting)

***Bring a bag lunch***

Our cruise will depart aboard the Brandywine—a custom-built vessel featuring a premium surround sound system, vibrant LED lighting, an onboard restroom, and a fully stocked tiki bar serving your favorite tropical cocktails and soft drinks ~ all from our convenient location on the vibrant Wilmington Riverfront, along the historic Christina River!

**Call Sophia 302.893.8850 or Dimitra 302.753.3941 to RSVP!!!**

**ALL are welcome! We hope you can join us!**

**At our last gathering we met for lunch at Vita Nova, UD campus. We enjoyed good food & fellowship!**



Στο 2ο έτος του Πελοποννησιακού Πολέμου, το 430 π.Χ., εκδηλώθηκε επιδημία στην Αθήνα. Η ασθένεια εμφανίστηκε και σε άλλα μέρη της Ελλάδας και της ανατολικής Μεσογείου και διέρκεσε μέχρι το 426 π.Χ. Η προέλευση της επιδημίας ελαβε χώρα στην υποσαχάρια Αφρική ακριβώς νότια της Αιθιοπίας. Η ασθένεια προχώρησε βόρεια και δυτικά μέσω της Αιγύπτου και της Λιβύης κατά μήκος της Μεσογείου στην Περσία και την Ελλάδα. Ο λοιμός εμφανίστηκε στην Αθήνα μέσω του λιμανιού του Πειραιά. Ο Έλληνας ιστορικός Θουκυδίδης κατέγραψε την εμφάνιση του λοιμού στο μνημειώδες έργο του για τον Πελοποννησιακό Πόλεμο (431-404 π.Χ.) μεταξύ της Αθήνας και της Σπάρτης. Σύμφωνα με διάφορους μελετητές, στο τέλος της, η επιδημία σκότωσε πάνω από το 1/3 του πληθυσμού που τον 5ο αιώνα π.Χ. ανερχόταν σε 250.000-300.000. Σύμφωνα με τους περισσότερους υπολογισμούς, ο λοιμός που έπληξε την Αθήνα ήταν η πιο θανατηφόρα ασθένεια της περιόδου της ιστορίας της Κλασικής Ελλάδας.

Ο Θουκυδίδης, στην Ιστορία του Πελοποννησιακού Πολέμου, **σταμάτησε στην αφήγησή του για τον πόλεμο για να παράσχει μια εξαιρετικά λεπτομερή περιγραφή των συμπτωμάτων των κρουσμάτων, συμπτώματα που επίσης παρουσίασε ο ίδιος από την ασθένεια, αλλά επέζησε. Παρά την έλλειψη ιατρικής εκπαίδευσής, ο Θουκυδίδης περιέγραψε λεπτομερώς τα διάφορα συμπτώματα των προσβληθέντων από τον λοιμό:**

**Υψηλές θερμοκρασίες του κεφαλιού• ερυθρότητα και φλεγμονή των οθαλμών• ο λοιμός και η γλώσσα αιμορραγούσαν σύντομα• η αναπνοή έγινε αφύσικη και η νευρική• φτέρνισμα και βραχνάδα• έμετος με βίαιο βήχα• επανάληψη βίαιοι σπασμοί• το σώμα εξωτερικά όχι τόσο ζεστό στην αφή, ούτε ακόμα χλωμό. ένα έντονο χρώμα με κόκκινη απόχρωση• εμφάνιση φλυκταινών και έλκων. (2.49-2.50)**

Ο Θουκυδίδης περιέγραψε περαιτέρω τους ασθενείς των οποίων ο πυρετός ήταν τόσο έντονος που προτιμούσαν να είναι γυμνοί παρά να φορούν ρούχα που άγγιζαν το δέρμα τους. Μερικοί μάλιστα προτιμούσαν να βυθίζονται σε κρύο νερό. Ο Θουκυδίδης παρατήρησε ότι οι άρρωστοι «βασανίζονταν από μια αδιάκοπη δίψα» που δεν κορεζόταν ανεξάρτητα από την ποσότητα των υγρών που καταναλώθηκαν. Πολλοί από τους άρρωστους δυσκολεύονταν να κοιμηθούν, αντ' αυτού, εμφανίζονταν συνεχώς ανήσυχτοι. Πολλοί από τους πάσχοντες πέθαναν εντός 7-9 ημερών από **την έναρξη των συμπτωμάτων.**

Εάν οι άρρωστοι ήταν αρκετά τυχεροί να επιβιώσουν πέραν της αρχικής περιόδου της μόλυνσής, ο Θουκυδίδης παρατήρησε ότι ο ασθενής υπέφερε από «βίαιο έλκος» και **σοβαρή διάρροια που συνήθως κατέληγε στο θάνατό τους. Εκείνοι που επέζησαν από την πλήρη ασθένεια συχνά υπέφεραν από παραμόρφωση των γεννητικών οργάνων, των δακτύλων και των ποδιών τους (που μερικές φορές χάθηκαν), τύφλωση και απώλεια μνήμης (άλλων, καθώς και των ίδιων). Ο Θουκυδίδης παρατήρησε ότι σε ορισμένες περιπτώσεις πουλιά και άλλα ζώα που συνήθως τρέφονταν με ανθρώπινη σάρκα απωθήθηκαν από τα νοσούντα σώματα ή πέθαναν από την κατανάλωση της άρρωστης και σάπιας σάρκας.**

(Πηγή: <https://www.ancient.eu/article/939/the-plague-at-athens-430-427-bce/>)

In the 2nd year of the Peloponnesian War, 430 BCE, an outbreak of plague erupted in Athens. The illness would persist throughout scattered parts of Greece and the eastern Mediterranean until finally dying out in 426 BCE. The origin of the epidemic occurred in sub-Saharan Africa just south of Ethiopia. The disease swept north and west through Egypt and Libya across the Mediterranean Sea into Persia and Greece. The plague entered Athens through the city's port of Piraeus. The Greek historian Thucydides recorded the outbreak in his monumental work on the **Peloponnesian War (431-404 BCE)** between Athens and Sparta. According to various scholars, by its end, the epidemic killed upwards of 1/3 of the population; a population which numbered 250,000 -300,000 in the 5th century BCE. By most accounts, the plague which struck Athens was the most lethal episode of illness in the period of Classical Greece history.

Thucydides, in the **History of the Peloponnesian War**, **paused in his narrative of the war to provide an extremely detailed description of the symptoms of those he observed to be afflicted; symptoms he shared as he too was struck by the illness but survived.** Despite his lack of medical training, Thucydides provided a vivid account of a variety of ailments which afflicted the diseases:

**Violent heats in the head; redness and inflammation of the eyes; throat and tongue quickly suffused with blood; breath became unnatural and fetid; sneezing and hoarseness; violent cough' vomiting; retching; violent convulsions; the body externally not so hot to the touch, nor yet pale; a livid color inkling to red; breaking out in pustules and ulcers. (2.49-2.50)**

Thucydides further described patients whose fever was so intense that they preferred to be naked than wear any clothing which touched their skin; some even preferred to be submerged in cold water. Thucydides observed that the ill were **"tormented by an unceasing thirst"** which was not satiated regardless of the amount of liquids consumed. Many of the sick found it difficult to sleep, instead, displaying a constant restlessness. **Many of the sufferers died within 7-9 days from the onset of symptoms.**

If the ill were fortunate enough to live beyond the initial period of the infection, Thucydides observed that the patient suffered from **"violent ulceration" and severe diarrhea usually resulting in their death. Those who survived the full run of the illness often suffered from disfigurement of their genitals, fingers and toes (which were sometimes lost), blindness, and memory loss (of others as well as themselves).** Thucydides noticed that in some instances birds and other animals which usually fed on human flesh were repulsed by the diseased bodies or died themselves from consuming the diseased and rotting flesh.

(Source: <https://www.ancient.eu/article/939/the-plague-at-athens-430-427-bce/>)



# **ANNUAL BUSINESS MEETING & SCHOLARSHIP AWARDS SUNDAY MAY 17 5 P.M.**



**WALTER'S**  
STEAKHOUSE



**PLEASE RESERVE YOUR SEAT IN ADVANCE BY MAIL AT HUC WILMINGTON  
PO BOX 44, ROCKLAND, DE 19732 OR ONLINE AT [HUCWILMINGTON.ORG](http://HUCWILMINGTON.ORG)**

**\$70/PERSON & LIST YOUR PREFERENCES:**

|                               |                                          |
|-------------------------------|------------------------------------------|
| <b>CHOICE OF APPETIZER:</b>   | <b>FRENCH ONION SOUP OR CAESAR SALAD</b> |
| <b>CHOICE OF MAIN COURSE:</b> | <b>NEW YORK STRIP STEAK OR SALMON</b>    |
| <b>CHOICE OF VEGETABLE:</b>   | <b>MASHED POTATOES OR BROCCOLI</b>       |
| <b>CHOICE OF DESERT:</b>      | <b>CHEESECAKE OR KEY LIME PIE</b>        |

**WINE, REFRESHMENTS, COFFEE ARE INCLUDED WITH DINNER.  
LET US KNOW ABOUT ANY ALLERGIES.**

# FESTIVAL 2026

Our Festival is right around the corner and, as always, we need your help to pull off this monumental task! Please call your booth chair today and volunteer your time, talent and treasure to your booth and to our parish!

**GREEK FESTIVAL –Monday, June 1 - Saturday, June 6**

**WE NEED YOUR HELP FOR FINAL PREP & SET UP!**

**CALL THE OFFICE FOR TIMES 302.654.4446**

**Please come and HELP!! ~~ NO EXPERIENCE NECESSARY!**

**WE WILL TRAIN YOU!!! ~~ Bring a friend!**

| <u>Work Station</u>               | <u>Booth Chairs</u>                  | <u>Telephone</u> |
|-----------------------------------|--------------------------------------|------------------|
| Church Tours                      | Fr. Christoforos Oikonomidis         | (302)654-4446    |
| ~~~~~                             |                                      |                  |
| Inside Dining Room                |                                      |                  |
|                                   | Peter Xarhoulakos                    | (302) 562-5151   |
|                                   | Tom Psaltis                          | (302) 981-9352   |
| ~~~~~                             |                                      |                  |
| Outdoor Take-out booth            |                                      |                  |
|                                   | Demitris, Yanni, & Evangelos Halakos | (302) 379-1833   |
| ~~~~~                             |                                      |                  |
| Gyro booth                        |                                      |                  |
|                                   | George Rassias                       | (610) 322-3200   |
|                                   | Demetri Karakasidis                  | (302) 898-6049   |
| ~~~~~                             |                                      |                  |
| Souvlaki booth                    |                                      |                  |
|                                   | John Kostas                          | (302) 764-7278   |
|                                   | Emanuel Fournaris                    | (302) 475-5035   |
|                                   | George Fournaris                     | (302) 426-9195   |
| ~~~~~                             |                                      |                  |
| Calamari/FF/<br>Spanakopita booth |                                      |                  |
|                                   | Chris Sarmousakis                    | (302) 427-2362   |
| ~~~~~                             |                                      |                  |
| Loukoumades                       |                                      |                  |
|                                   | Anamaria & Anthoula Anagnostou       | (302) 998-9284   |
| ~~~~~                             |                                      |                  |
| Pastries - Hall balcony           |                                      |                  |
|                                   | Ladies of Philoptochos               | (302) 654-4446   |
| ~~~~~                             |                                      |                  |
| Pastries - outdoor booth          |                                      |                  |
|                                   | Marika Sarmousakis                   | (302) 656-2206   |
| ~~~~~                             |                                      |                  |
| Bars                              |                                      |                  |
|                                   | Louis Novakis                        | (610) 358-3544   |
|                                   | Mike Kirifides                       | (302) 897-9429   |
| ~~~~~                             |                                      |                  |
| Money room                        |                                      |                  |
|                                   | Jim Maravelias                       | (302) 388-0873   |
|                                   | Steven Karakasidis                   | (302) 383-0476   |
| ~~~~~                             |                                      |                  |
| Soda booth                        |                                      |                  |
|                                   | GOYA                                 | (302) 654-4446   |
| ~~~~~                             |                                      |                  |
| Kitchen                           |                                      |                  |
|                                   | Demitris Halakos                     | (302) 379-1833   |
| ~~~~~                             |                                      |                  |

**PLEASE OFFER YOUR HELP!!  
WE NEED YOU!!!  
OR CALL the Office 654-4446**



# Holy Trinity Food Pantry



## One of our pantries we donate to provides:

\* *Three days of emergency food for 800-1000 families each month- approximately 3000 men, women and children.*

\* *Depending on 200 volunteers to help stack shelves, pack grocery bags for distribution, unload deliveries from donations from local grocery stores, and delivers bags of food at the church to an average of 75 families per day.*

**You can make a difference! And you have made a difference!**

*“Each one must do as he has purpose in his heart, not grudgingly or under compulsion, for God loves a cheerful giver.” 2 Corinthians 9:7*

## Please take the following list with you when you shop....

Canned soups, tuna, fruits and vegetables  
Oatmeal and cereal  
Pancake mix and syrup  
Shelf stable apple juice and orange juice  
Rice, whole wheat pasta, and pasta sauce

Toothbrush and toothpaste  
Dish Soap  
Deodorant  
Shampoo  
Body Wash or Bath-soap

**Christ is Risen! ~ Χριστός Ανέστη!**

**Evie Fournaris, Tina Ganiaris, Johanna Laskaris, John Lazare,  
Sandy Nannas, Steve Nicholas and Nikki Tsakataras**

## April at the Emmanuel Dining Room

The **Ganiaris family** hosted and sponsored the meal in April again this year, given in loving memory of **Fr. Stamos** and **Pres. Joan Ganiaris**. Tina helped to serve 145 women, men and children a nice warm meal. The **Daughters of Penelope** will sponsor the meal in May in honor of Mother's Day. All are welcome to help serve the dining room that day or at any time!

Please call **Tina** at 302-367-6758 with any questions.

*We sincerely thank all the individuals, families and organizations  
who generously support this dining room!*

All meals are being served at the 2<sup>nd</sup> and Jackson St. dining room from 11:30 - 1:30 until future notice.

Various groups and individuals from our church donate the food to sponsor the luncheon meal on the 12th of every month.

## Happy Mother's Day!

*If you, your family or organization would like to provide a meal, contact  
Nikkie Tsakataras at 302-655-2252 or Tina Ganiaris at 302-367-6758  
for more information. Thank you!*

# *Serving in May*

## **Coffee Hours:**

May 3 ~ Parish Council (General Assembly)  
May 10 ~ AHEPA (Mother's Day)  
May 17 ~ Greek School (Graduation)  
May 24 ~ NO COFFEE HOUR (Memorial Day)



## **Narthex Duty:**

May 3 ~ Group 2  
May 10 ~ Group 1  
May 17 ~ Group 2  
May 24 ~ Group 1  
May 31 ~ Group 2



## **Prosforon Offeror's**

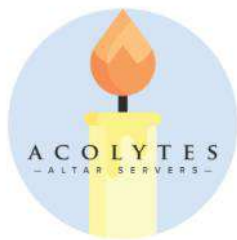


We are looking to update our Prosfora Offeror List.  
If you would like to become a regular Prosfora Offeror, please contact the church office to be added to our list. You can offer prosfora for any service by bringing it in before the service starts. If you do not bake but would like to donate towards the purchase of prosfora that we presently buy from the Holy Protection Monastery, please send \$8 for each prosfora you would like to donate. (mark the memo on your check accordingly)

## **ACOLYTES**

**+Tonsured ~ \*Reader**

**All readers are also tonsured**



Jonathan Barrios  
Mariano Barrios  
Joseph Demourtzidis  
+ Ioannis Gerakios  
Alexander Hall  
+ Angelo Hall  
+ Demetri Karakasidis  
+ Ioannis Karakasidis  
Nikola Kranidiotis

Simon Kranidiotis  
Theodore Liappis  
Demetri Psaltis  
Nicholas Psaltis  
George Psihalinos  
Gerasimos Psihalinos  
+ Jerry Rassias  
Nicholas Rassias  
+ Demetri Thomas

Savvas Thymakis  
Demetri Triantafyllou  
Niko Triantafyllou  
+ Paraskevas Verikakis  
+ Fotios Wolcott  
+ Jack Wolcott  
+ Josiah Wolcott, Jr.

## **ALTAR ASSISTANTS**

Alexandros Matthews ~~~ Josiah Wolcott ~~~ Markos Zerefos

# May 2026

| Sun                                                                                                                                                                  | Mon                                           | Tue                                                                                                                           | Wed                                                                                                                            | Thu                                                                                                                              | Fri                                            | Sat                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                      |                                               |                                                                                                                               |                                                                                                                                |                                                                                                                                  | 1<br><br>5:30pm HOPE<br>JOY Dance<br>Practice  | 2<br>Metropolis Level<br>St John<br>Chrysostom<br>Oratorical<br>Festival<br><br>2pm Nikolaos<br>Healy Baptism                                                              |
| 3<br><u>Sunday of the Paralytic</u><br>9:00am Orthros/<br>Divine Liturgy<br>Sunday School<br><br>SPRING General<br>Assembly                                          | 4<br>Metropolis<br>Clergy Laity               | 5<br>Metropolis<br>Clergy Laity<br><br>7pm AHEPA<br>Executive<br>Meeting                                                      | 6<br>Metropolis<br>Clergy Laity<br>9am<br>Philoptochos<br>Baking<br>12pm Bible<br>Study<br>5:30pm Greek<br>School              | 7<br><br>7pm GOYA<br>Dance Practice                                                                                              | 8<br><br>5:30pm HOPE<br>JOY Dance<br>Practice  | 9<br><u>Feast of St. Christoforos</u><br>9:00am<br>Orthros/Divine<br>Liturgy<br>(Fr. Christoforos'<br>Name Day<br>Reception to<br>follow)                                  |
| 10<br><u>Sunday of the Samaritan Woman</u><br>9:00am Orthros/<br>Divine Liturgy<br>Sunday School/<br>Happy Mother's<br>Day                                           | 11                                            | 12<br><br>12pm Serving at<br>Emmanuel<br>Dining Room<br>6pm<br>Philoptochos End<br>of Year Dinner<br><br>7pm AHPEA<br>Meeting | 13<br><br>12pm Bible<br>Study<br><br>5:30pm Greek<br>School                                                                    | 14<br><br>6:30pm Parish<br>Council Meeting<br><br>7pm GOYA<br>Dance Practice                                                     | 15<br><br>5:30pm HOPE<br>JOY Dance<br>Practice | 16<br>12pm Young @<br>Heart Boat Ride<br><br>2pm Lawson<br>Baptism<br><br>5pm Hall Rental                                                                                  |
| 17<br><u>Sunday of the Blind Man</u><br>9:00am Orthros/<br>Divine Liturgy<br>Sunday School-<br>Greek School<br>Graduate<br>Recognition<br>5pm HUC Business<br>Dinner | 18                                            | 19<br>9am<br>Philoptochos<br>Baking<br><br>7pm DVYC<br>Meeting @ St<br>George Media                                           | 20<br>9am<br>Philoptochos<br>Baking<br><br>12pm Bible<br>Study<br><br>5:30pm Greek<br>School Graduate<br>Program (LAST<br>DAY) | 21<br><u>Holy Ascension / Sts Constantine &amp; Helen</u><br>9:00am Orthros/<br>Divine Liturgy<br><br>7pm GOYA<br>Dance Practice | 22<br><br>5:30pm HOPE<br>JOY Dance<br>Practice | 23<br><br>4:30pm<br>Wedding<br>Rehearsal                                                                                                                                   |
| 24<br><u>Fathers of the First Ecumenical Council</u><br>9:00am Orthros/<br>Divine Liturgy<br><br>1:30pm Wedding                                                      | 25<br>Memorial Day<br>Church Office<br>Closed | 26<br><br>6pm DOP<br>Meeting                                                                                                  | 27<br><b>FESTIVAL TENTS<br/>GO UP</b>                                                                                          | 28<br><b>FESTIVAL TENTS<br/>GO UP</b><br><br>7pm GOYA<br>Dance Practice                                                          | 29<br><br>5:30pm HOPE<br>JOY Dance<br>Practice | 30<br><u>Saturday of Souls</u><br>9:00am Orthros/<br>Divine Liturgy<br><br>12pm<br>Philoptochos<br>Serving at<br>Emmanuel<br>Dining Room<br>12pm Sophia<br>Neilson Baptism |
| 31<br><u>Holy Pentecost</u><br>9:00am Orthros/<br>Divine Liturgy<br><br>GOYA Meeting /<br>Elections<br><br>HOPE JOY Dance<br>Practice after<br>Worship               |                                               |                                                                                                                               |                                                                                                                                |                                                                                                                                  |                                                |                                                                                                                                                                            |

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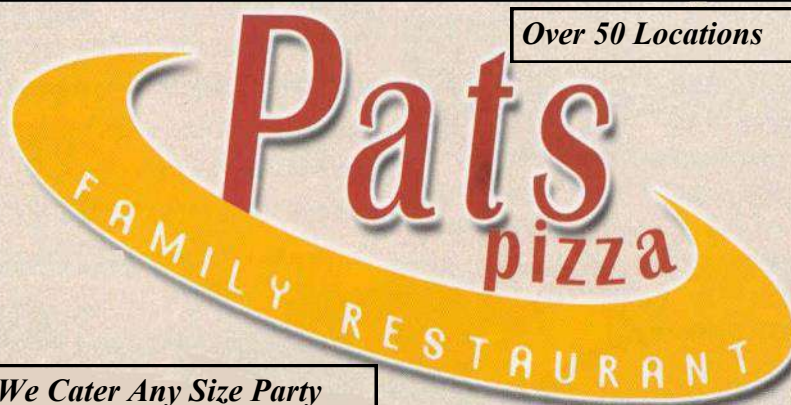
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